



Histon and  
Impington | Parish  
Council

# HISIMP NEWS

The Newsletter of Histon & Impington  
Parish Council

Issue 31 - December 2020



## School Hill Progress Update

Camel Projects instructed Coel to begin the refurbishment of 6, 8 and 10, the demolition and rebuild of the Library (No.2) and associated external works at School Hill on site on 21 September 2020.



A construction duration of five months is planned, with completion anticipated at the beginning of March 2021. This is an ambitious timeline for the works but should be achievable, given the experience of both owner and contractor.

Six weeks in and the works are progressing well on site and remain broadly in line with the planned construction programme, although delays have been caused by utility connections and missing foundations to the existing building which have interrupted the steel frame installation.

The following works have been progressed to date:

- Site secured and hoarding erected and lit
- Lighting to site car park installed
- Temporary path to Indian Ocean completed
- Asbestos removed from site

- Library demolition works complete
- New resurfaced parking area behind supermarket
- Soft strip complete in other units
- Foundations progressed for both extensions and existing structures where needed
- Drainage and new manhole progressed
- New window openings made in No.10
- Scaffold for stabilisation of units erected.

In the next month, we expect groundworks to be completed; steel installation and roof works to commence.

Nothing untoward has been found except an old well and an extensive network of tree roots under the old library.

New occupiers for the units have been secured which will strengthen the High Street in this location and whose identity will be announced in due course. One unit remains vacant but with a lot of interest, which reflects well on the investment that the owners are making in the shops and in this location; and on the attractive and supportive community that Histon and Impington are well known for being.

Finally, please look out for and support HIFriends Community Group who are formulating a plan to create a knitted 3D Christmas tree and erect it on the grass area in front of the shops in December.

Andrew Slaymaker  
[andrew@camelprojects.co.uk](mailto:andrew@camelprojects.co.uk)

## Thank You, Thank You, Thank You!

Back in March, the Parish Council, churches and our local charity, HI Friends, came together to set up a Histon & Impington Covid-19 Response Team.

A key part of the initiative was to set up a network of

**HI Covid-19**

volunteers to help and support those who were unable to get out during the original lockdown with their shopping and prescription collections, together with a host of other such tasks.

There are 129 residential streets in Histon and Impington and we were able to find a Street Coordinator in each and every street to coordinate the magnificent volunteering effort and keep residents informed about the various initiatives such as the village helpline and the food parcel collection pallets.

Since then, many of them are back at work and so are unable to continue this valuable service but, at the time of writing, we have replaced all but one of them for Lockdown#2.

We'd like to say a huge **Thank You** to all the Street Coordinators and Street Volunteers for ensuring that no resident of Histon and Impington goes without the help and support that they need during these extraordinary times.

Don Kelly  
Volunteer Liaison  
HI Covid-19 Response Team



Thank you Trevor Smith, Histon & Impington Parish Council Head Parish Ranger and Martin Cornell, Assistant Parish Ranger for coordinating the installation of this year's Christmas light display!

*Thank you!*



## Parish Office Contacts

January - April 2021

Open by appointment only

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The Parish Office will close for Christmas from  
12.30pm Wednesday 23rd December until Monday  
4th January 2021



## Parish Councillors

### Chair

Denis Payne - Impington Lane 233577

### Vice Chair

Yvonne Murray - Narrow Lane 237173

Andy Butcher - Nuns Orchard 513494

Aga Cahn - Hereward Close 232186

Marian Cleaver - High Street 232897

Neil Davies - Dwyer Joyce Close 232514

Walter Davey - Park Avenue 234210

Ashley Gordon - Dwyer Joyce Close c/o 235906

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David Legge - Villa Road 233565

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Pene Nudds - Clay Close Lane 237155

Edd Stonham - Normanton Way 564534

Jean Venables - Clay Close Lane c/o 235906

### County Councillors:

David Jenkins - Pease Way 236232

### District Councillors:

Pippa Heylings - Burrough Field 07837 228416

Martin Cahn - Hereward Close 07826 748407

Stephen Hunt - Park Lane 455180

Parish Councillor mail addresses are  
name.surname@hisimp.net, or can be found at  
[www.hisimp.net](http://www.hisimp.net)

## Histon & Impington Parish Council

As a Parish Council, it is all about people. It is my pleasure to have been asked to say Welcome, Thank-you, and, sadly, some Goodbyes to our committed Council team. Here is what I would like to say:

### Welcome to:

**Amelia Luck** joined the Parish Council in October on a 12-month contract after completing her apprenticeship. Amelia will be a key member of our team, supporting our busy office and keeping our challenging councillors in check. Amelia's appointment continues the council's commitment to the support and encouragement of young people through the apprentice scheme.

**Theresa King** many of you will know. After an awesome start as our Committee Clerk, and unanimous support from Council, Theresa was promoted to the position of Responsible Financial Officer (RFO). This is a key role in driving efficient budgets to support improvement and maintenance in the village.

**Claire Beressi Jones and Jean Venables** joined as councillors in September 2020 and are already playing an active role on our committees. Claire's expertise in employment and Jean's expertise on environment and drainage further increases the strengths of our council team.

**Martin Cornell** joined us as Assistant Parish Ranger in March. You will have seen our Parish Piaggio around the village, our exemplary green spaces and an increasing number of newly painted benches. Martin is also now working with **Steve Campin** in the Assistant Groundsman role, keeping our Recreation ground one of the best in the county.

**Trevor Smith**, welcome back to Trevor who returned to work at the beginning of November after being off sick much of this year. We are so pleased to have him back on the team.

### Our Thanks to:

**Steve Carrington and Oliver Sellen** who left the Council during 2020. Steve's expertise as Recreation Committee Chairman is much missed as are Oliver's innovation and challenges to the status quo. Both are still working hard for the village: Steve, through his leadership of Histon

[www.hisimp.net](http://www.hisimp.net)

Hornets, whilst Oliver continues to support the need for a village Pump Track.

**Lynda Marsh**, what can I say? Many thanks to Lynda, our long-serving RFO for over 24 years of service. She has steered us and supported us all through many changes and will be much missed. Best Wishes as she leaves to take on other new and challenging roles in retirement.



**Chelsea O'Brien**, Best Wishes to Chelsea our Parish Clerk, leaving us temporarily on maternity leave. Chelsea was promoted following the retirement of **Angela Young**. She has supported and guided us as a Parish Council through an extremely challenging 2020 and been a leading light in the HI Covid-19 team.

**Denis Payne**, Many of you will have read in HI Hub, HI People and our Church Network magazine about the prestigious award of the Bishop of Ely's Etheldreda Medal being awarded to our Parish Council Chairman, Denis Payne, in recognition of his outstanding and unselfish service to our Community.



Denis has been leading the Parish Council to increase the Community Engagement that you as residents see from Histon & Impington Parish Council. He has been working with our Clerk to make sure that information on new initiatives and Council activities is made available on Histon & Impington Parish Council website, HI Hub, HI People and our offline village and church magazines as a priority.

Histon & Impington Parish Council wanted to take this opportunity to congratulate Denis as he accepts this award and to give you an insight into the work that Denis has been doing in his role of Chairman.

Please join with me in congratulating Denis on this important award.

**ALL OF YOU:** you have all created an amazing, sense of community as we came together to meet the challenges of Covid head-on.

Finally, a reminder that your Parish Council now meets on Zoom and our Office is open by appointment only. For details how to join our Zoom meetings, please check our website [www.hisimp.net](http://www.hisimp.net). We look forward to continuing to support you and hope to see many more of you participating at our Council Meetings next year.

*Yvonne Murray*  
Vice Chair, Histon & Impington Parish Council

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## Health Update

Health is high on everyone's agenda at the moment; here's what we know at the time of writing (mid-November). Some of this may have changed by the time you read this.

### Covid-19

We've thought of Histon and Impington as "safe" - and it is safer than some areas. However, cases at all of our schools, and a rising number in the community have reminded us that nowhere is really safe. Our shops and businesses are following the latest rules and guidelines from Government, and we need to do the same.

Remember: **Wash hands, Cover face, Make space** and if you're asked to self-isolate, *please* do!

The village's support network that worked so well earlier in the year is back in place. If you do need help for any reason, you should contact your street co-ordinator or call the HI Covid-19 helpline on 01223 320420.

### Covid-19 Vaccinations

It's great news that at least two vaccines are currently looking to be effective against Covid-19. But there are **lots** of people needing to be vaccinated, and the first one to be available (from *Pfizer*) needs to be stored at very low temperatures before it is mixed and ready for use.

What that means is that getting the jab to everyone (or everyone to the jab) is going to be a really big exercise, involving a lot of people, and a lot of planning. Your GP practice (Firs, for most of us) will be in touch when more is known and it's your turn.

### Firs House

Is very much still there for us! It's incredibly busy - getting an appointment wasn't always easy before Covid-19 hit us all but they are now dealing with many more requests for appointments - and with staff (including GPs) off from time to time. There are times when they need twice as many staff as they have to just keep on top of calls.

They are adamant, as always, that if you have an *urgent* need to talk to, or be seen, by a doctor they will get to you. If you have a lump, unusual bleeding or something else that is really worrying you, make that clear to the receptionist when you ring and you will get a call/appointment.

They're ending all messages with **Stay Safe, Be Kind** - that's a great message for the rest of us.

*Denis Payne*



## Bishops Site Cleared!

At last (and despite Covid-19 interruptions), the former Bishops buildings have been removed. Thank you to those who suffered any inconvenience throughout the operation to clear the site. From an environmental perspective, we are particularly pleased to say that very little of the material produced in clearing the site has gone to landfill. Some may have noticed that, much like household waste, materials were segregated into waste streams for removal from site and delivery to specialist facilities for recycling.



The green credentials of the redevelopment of the site are a topic which Mitre has been very keen to keep focused on throughout the entire process, from design, through construction and into the use of the building. Aiming for a low-carbon solution, the building will not use gas and will feature a high level of thermal performance, smart technology and renewable energy technology.

Coupled with being energy efficient, the building will also create the opportunity for an enhanced level of biodiversity featuring structured garden areas, a living (green) wall and an area of sedum roof. Birds and bats will be encouraged to use the building by the introduction of nesting boxes.

As for the aesthetic, spacial and technical qualities of the building, design work is proceeding apace, but, as with the removal of the buildings, largely courtesy of Covid-19, it will take longer than anticipated before it is possible to commence construction works. The delayed start, now scheduled for April next year, has at least, provided an opportunity to review in greater depth the detailed design of the building, to ensure that, through attention to detail, both living and communal spaces are as functional and engaging as they can be and that the experience of living in the new building will be one that meets the needs of occupiers now and in the future.

Fire design is something which features far more importantly with the early stages of detailed building design than in the past. There can be no excuse for not considering any element of the design which could be considered as improving fire safety. In this and other technical respects Mitre is working closely with the Local Authority, not only to

adhere to regulations but also to exceed where possible.

Mitre will have a website for the Bishops development in the New Year where we will post updates and provide further information which may be of interest.

*Jonathan Collins*  
*Mitre Property Development Ltd*

## It's Been a Busy Few Months for the Planning Committee ..

Since 16 March 2020, Histon & Impington Planning Committee have continued to meet, although like with many Parish Council Meetings, via Zoom. It has been essential to continue with these meetings as Major and Minor applications for extensions and new builds have not stopped. There have been some positives with hosting these meetings virtually; for example, we had four people representing a developer showing us their pre-application for a Major Development at Anglia House, Kendal Court, Impington for us to comment on which would have been difficult at a physical meeting.

Since going virtual, we have discussed 44 applications and recommended refusal on 9 of these up until the end of November. These applications include two Major Developments in Impington, Anglia House and an amendment to the former Bishops Hardware Store. Without our excellent Planning Committee and their local knowledge, these applications would probably have gone ahead which may have caused issues with traffic, parking and over development, for example.

Planning meetings are open to the public and it is great that our parishioners are interested in what gets built and will often highlight potential issues with an application. Agenda and details on how to join Committee meetings are available on the Planning Committee page on the Parish Council website [www.hisimp.net](http://www.hisimp.net).

The Committee has also engaged with a number of consultations during lockdown that could have the potential to change significantly the local area in the future, including the relocation of the Anglian Water Waste Water Treatment Plant.

I mentioned our excellent Committee members earlier, but would like to thank them, as without such a vibrant, active and informed Committee, they would not be able to help on matters from simple home extensions to large scale development which could have an impact on the infrastructure of Histon and Impington.

*Simon Jocelyn*  
*Chair of Histon & Impington Planning Committee*



## Christmas Message the Same But ..

Christmas is going to be different...and the same! Different because many of the usual services and celebrations may be impossible with the pandemic restrictions. We have gathered information from all the local churches but their responses have been similar.



The Vicar of St Andrew's, Rev'd Canon James Blandford-Baker, said, "We regularly see over a thousand people at our St Andrew's Churches at Christmas time; that's clearly not going to happen this year. But Christmas will also be the same as we pause to think again about the way in which God became a human being in Jesus Christ, the child of Bethlehem. Nothing can change that and Jesus is the greatest gift for human beings.

Our plans are flexible but one thing we do know: we'll be offering something for every household, every day in Advent (1 December to 24 December). For details of these and our Christmas celebrations, look on our website, [www.standrewshiston.org](http://www.standrewshiston.org), our Facebook pages and our YouTube channel (search for St Andrew's Churches, Histon and Impington)."

### Christmas at Histon Methodist Church

The Minister Revd Alison Walker said, "Sadly, due to the current pandemic, we will be unable to hold our annual Christmas Market and Carols by Candlelight, but we appreciate we need to keep everyone safe. We are planning to meet for worship on Christmas Day at 10.15am should the latest restrictions be lifted. We will need to take bookings due to the reduced capacity. Details will be on our website [www.histonmethodist.org](http://www.histonmethodist.org)."

### The Salvation Army

Captain Rob Symons of the Salvation Army said: "We have not been able to plan any Christmas Services as yet, partly because of government Covid requirements and partly due to our new Hall/Building extension and the refurbishment of the existing Hall completing around mid-late December.

We will, of course, be continuing to prepare worship materials which we deliver/post online for our congregation and it is likely that we will also have Christmas services/content available to share more widely with the local community too. Amidst all the uncertainty, we pray that people will once more experience 'Christmas Joy' and receive the greatest gift they could ever receive; a relationship with Jesus Christ, our Father in Heaven and the comforting presence of the Holy Spirit. Now that's a gift worth unwrapping!

For up-to-date information either visit the website [www.salvationarmy.org.uk/histon](http://www.salvationarmy.org.uk/histon) or our Facebook page [www.facebook.com/histonsa](http://www.facebook.com/histonsa) or telephone: 01223 236 788."

### Christmas at Histon Baptist Church

The news from Histon Baptist Church is that they are provisionally planning their Christmas services and music.

"Currently, we are hoping to have a Family Service with a pre-recorded Nativity Play on Sunday 13 December at 10.30am. On Sunday 20 December at 6pm we are planning a Candlelit Carol Service.

There will also be a short, family service at 10.30am on Christmas Day, again, subject to any additional restrictions.

Anyone who would like to join us over Christmas will be very welcome - please check first on our website as currently all the best laid plans may suddenly have to change.

We also have a live Zoom stream and all the details for joining our services are on our website [www.histonbaptist.org.uk](http://www.histonbaptist.org.uk)

*Bernard Stewart-Deane*

## Christmas Recycling

There are times over Christmas when you should **NOT** recycle - not everything can be put in your blue bin!

**Glittery or metallic wrapping paper/ crackers/ cards** - Keep bits that can be reused next year and put the rest in the black bin.

**Plastic ribbon** - Not recyclable. Reuse or put in the black bin.

**Paper napkins** - Usually dirty, and the paper is not suitable for recycling. Put in the green bin.

**Clothes and shoes** - Recycle clothing at a bank such as the ones you see in supermarket car parks. Shoes, at the shoe bank outside the Post Office on the High Street.

**Toys, including from crackers** - Pass on or donate to charity shops, if suitable; put in black bin if not.

**Electrical items e.g. games** - Pass on if suitable, take to a Household Recycling Centre to recycle with electrical items, if not.

**Packaging containing food or liquid** - Remove all food or liquid from packaging before recycling. All food waste can go in your green bin.

Also check out SCDC recycling and rubbish A to Z at [www.scams.gov.uk/bins/what-goes-in-which-bin](http://www.scams.gov.uk/bins/what-goes-in-which-bin) for advice on what to do with hundreds of items.

## Ten Sing


As you can imagine, 2020 has made life difficult for our youth performance group. We had to cancel our showpiece March concert, then we had to stop meetings as well, and this continued until May when we decided to start regular Zoom meetings for the group. All our young people were very keen to meet up again, even if just remotely! We even managed to have an end-of-year party in July, by delivering little goodie bags to everyone so that they had something to open on our last session, when we played party games and wore the hats we had all been given. It was a great evening, finishing the academic year off nicely, and one member even managed to log in from her holiday to take part.

With the new academic year came a slightly more relaxed time, but we still started the year out remotely. We then managed to get a few sessions in face to face, following strict guidelines and risk assessments, before the second lockdown was announced. However, we have now worked out how to do craft sessions remotely, as well as making American marshmallow treats, s'mores, without a campfire - luckily everyone could use their own microwaves, although some of the results were quite messy. Still great fun, and the best part is that they all can still chat to each other as if they were meeting face to face.

We do not know what the next few months are going to bring, but the young people continue to amaze me with their creativity, ingenuity and friendship, and I am honoured to be the Administrator for such a great group. We are always open to new recruits, anyone between the ages of 11 and 18 can join us; there is no audition and we cover all aspects of performance, not just singing. Look for us on social media, and see some of the pictures of the events we have done.

*Terry King  
Ten Sing Administrator*

## Recycle your Christmas Tree

Brookfield Groundcare have kindly offered to help chip our village Christmas Trees this year, in conjunction with the  enviro.volunteers. The event will take place on the triangle of land near Villa Road and on the Green next to the pump as usual on the following date:

**9 January 2021 9am to 11am**

Details will be posted on [www.hisimp.net](http://www.hisimp.net) and via HI People Facebook group nearer the time. In a circular fashion, the chippings from the Christmas trees will be given to the HI Trees project for the replanting of trees on the field near the Holiday Inn.

## Police News

### Are you riding your electric scooter illegally?

Electric scooters, commonly known as e-scooters have increased in popularity in recent years but they are only legal to ride on private land with the landowner's permission or as part of a government trial.

Officers in Cambridgeshire will remind people that riding an e-scooter in public when it is not part of an authorised trial is against the law and can result in penalty points, a fine and the vehicle being seized. It is also illegal to ride a Segway, Go-Ped or powered unicycle on public roads, cycle lanes and pathways as they are not considered roadworthy vehicles.

Chief Inspector Rebecca Rowley-Smith from the Roads Policing Unit for Bedfordshire, Cambridgeshire and Hertfordshire, said: "With trials of rented e-scooters taking place around the country, some people are purchasing their own in the mistaken belief they can legally use them on public paths and roads.

"This is not the case and we are finding that otherwise law-abiding citizens are inadvertently breaking the law in this way."

"Some parents are giving them to children to travel to school. It is important to highlight that many e-scooters have a maximum speed of 15.5mph and some are able to exceed this, which can be dangerous for the rider and pedestrians if they are involved in a collision."

"Our focus is engaging with members of the community and making them aware of the law regarding e-scooters."

"Offenders who knowingly and persistently break the law will be dealt with appropriately."

Throughout the campaign, both regular and special constables will dedicate patrols across the county to speak with and educate e-scooter riders.

For more information on using publicly owned e-scooters please read the [Government legislation](#). Guidance on rented e-scooters used as part of a government trial is available to view [here](#).

PCSO Tony Martin



## In 2020 - From Launch through Lockdown

With HI HUB fast approaching its one year anniversary, it's a good time to share a snapshot of our activities this year. 2020 was certainly very different to the year we all expected and none of us could have anticipated quite how valuable a resource HI HUB would become over the months ahead.

With Covid-19 and its subsequent lockdown came the need to share a considerable amount of much needed information, ranging from the activities of our village Covid-19 Street Coordinators to where you could safely pick up a delicious ready cooked Sunday roast and a pint of beer.

To give a little more insight, our website creator and technical guru, Chris Cox, has pulled together a few statistics as at 10 November:

Our 5 November newsletter was issued to 932 people and in the 30 days leading up to 10 November we had 2,200 active users, with 8,223 page views.

A total of 1,371 items were published, broken down as follows: 173 News Stories; 79 Features; 163 Properties For Sale; 78 Properties To Let; 73 Planning Notices; 206 Job Vacancies in the village (although many of these were multiple jobs so the figure is much higher); 308 Network Directory Listings; 281 Local Events (including 74 sadly taken down following lockdown restrictions).

### For those who have email - and those who don't

We would love you to join our growing list of subscribers. Signing up will bring our weekly email newsletter into your mailbox with direct links to all the latest news from around the community of Histon & Impington. To sign up go to [www.hihub.info](http://www.hihub.info) where you will see a Sign Up To Our Newsletter box. We guarantee not to spam you with unwanted material.

HI HUB is aware that not everybody yet has access to email and so we have now arranged for each week's newsletter to be made available as a PDF. For technical reasons we are unable to include events on this PDF but it does include all news, features, jobs and planning permissions. To get hold of a PDF version of HI HUB, go to [www.hihub.info/previous-newsletters/](http://www.hihub.info/previous-newsletters/).



And finally, we are always happy to hear from you with ideas for stories. If you have something to share, please get in touch with our editorial team by emailing [news@hihub.info](mailto:news@hihub.info)

Thank you to everyone who has supported us in so many ways through 2020.

HI HUB Board

## Histon & Impington Community Land Trust

Community land trusts are "not for profit" organisations set up and run by local people to develop and manage homes and other community ventures such as health, leisure, workplace facilities or environmental and ecological schemes. See [www.communitylandtrusts.org.uk](http://www.communitylandtrusts.org.uk) for more information.

Our villages now have a Community Land Trust which is legally incorporated as a Community Benefit Society regulated by the Financial Conduct Authority. The new entity, Histon & Impington Community Land Trust (HICLT), is in the process of registering as a charity with HMRC, which will enable it to claim gift aid and benefit from other tax exemptions, such as stamp duty land tax when purchasing land.

HICLT ([www.hiclt.org](http://www.hiclt.org)) will be able to obtain grants and loans to purchase local land to build and manage properties which are needed by our community. Any profits made will be retained and reinvested in the villages with properties obtained remaining in community ownership.

The aim of HICLT is to make it more achievable for local people, especially our young people and key workers, to live in fairly priced and affordable homes in the villages.

Anyone over 18 who lives or works in the village can become a member of HICLT through buying a £1 non-transferable share. Membership of HICLT will give you more of a say in local development and voting rights at general meetings. HICLT are hoping that its membership will be widely drawn, thereby reflecting the diversity of our community. To join go to [hiclt.org/membership/](http://hiclt.org/membership/)

Those looking for a more active role in the embryonic organisation may also be interested to note that HICLT need more trustees to help it deliver its objectives. HICLT is particularly keen to recruit individuals skilled in legal services, estate or land agency, property maintenance, marketing, communications or finance.

Geoff Moore



## Environment Committee News

Despite the lockdowns and restrictions imposed by Covid-19, the Parish Council has managed to achieve several projects since the last newsletter.

### Homefield Park

As most of you will have seen, we completed the installation of the new railings at Homefield Park at the beginning of March. The new railings allow a much better view into the park. The last part of the project to complete is the welding of leaves onto the gates at the park, in order to continue the artwork and join up the railings and the gates. We are hoping this will take place very shortly.

### Milton Road Phone Box

Hopefully everyone will also have noticed the shiny red BT phone Box on Milton Road. The red phone box on Milton Road was purchased by the Parish Council in 2015, and it is what is known as a K6 type (kiosk number six), these first being produced in 1936. They were designed by Sir Giles Gilbert Scott to commemorate the silver jubilee of King George VI and consequently it is sometimes known as the "Jubilee" kiosk. The crown on our box is known as a Tudor Crown, and we know that these were replaced with a St Edwards's Crown from 1955 onwards, which means that our box must date before then.

The box had previously been a combination of glass and plastic windows; we decided to make it all plastic to make it last longer and be safer. Our thanks to Pro-Serv for the work they did to renovate the box. We are now in the process of finding suitable images to use for the first public art installation inside the box.



### WW1 Commemorative Oak tree trail

The most recently completed project is the planting of oak trees in commemoration of those who lost their lives in WW1. In 2018, our village Tree Warden, Pene Nudds, was inspired by the efforts of the Village Society in creating the poppies for the anniversary of World War One, alongside the commemorative flags that were produced by Impington Village College.

Her idea was presented to the Environment Committee, who approved the project, and it was decided to locate the trees at The Copse. The trees were duly ordered and Acacia Tree Surgery chosen as the contractor to undertake the clearance work and planting of the trees. Acacia were so keen to help with the commemorative project that they generously provided free of charge the stakes

needed for the trees and suitable biodegradable fabric ties. A date was booked for the work to happen in March..... And then the pandemic hit; the contractors all stopped work and we placed a hold on the delivery of the trees. As things started to return to normal, we planned the installation again and settled for a delivery date of 16 October.

The trees themselves were quite large, so the planting happened over several days. Now that they are in place, we intend to install markers for the trees using IVC's flag design (with permission) and a number to identify each one. We also intend to commission an information board to explain the story and show the spiral trail of these special trees. We hope this will prove to be not only a reminder of historic event, but will also become a much loved and respected trail.

### Tony Hillier Sculptures

Another project which is currently underway and to be included in a future art trail is the adoption of five of the remaining Tony Hillier sculptures. The Parish Council recognised the affection of the community for these art works and the desire to retain some of the pieces in the villages where they were made, and so, with support from Joan Hillier, we began to plan the installation of the pieces around the villages. We also asked residents for suggestions for locations for one of the sculptures and we now have two locations we are looking into: the new verge at the Cottenham Road junction, close to the original sculpture garden and the Park School, and the landscaping area outside the School Hill redevelopment. The current plan for the installations is as follows:

Camel (Dromedary): Verge of the B1049 and Cambridge Road, Impington, near The Coppice

Man and Dog: Homefield Park

Spider: The Village Green, in one of the trees

Grandfather, Grandson and Dog: possibly Clay Close Lane Pocket Park or the new verge at the Cottenham Road junction near the new Park School

Sewing (Andy Cap): Clay Close Lane Pocket Park or the landscaping area outside the School Hill redevelopment.

We are finalising the decisions and hope to get the installations done in January 2021 - watch the Parish Council website and social media for further updates!



### Theories of Home

Many of you will have taken part in the community workshops organised 2018/2019 to design a public art installation, celebrating the history and tradition of jelly making in the villages of Histon and Impington. Work has continued with the artist, Charlotte Howarth of Making Marks Ltd., on the second phase of the project, the creation and installation of six small scale sculptures carved in stone and bronze, to make groups of "jellies" that reflect the food heritage of the villages. The project is funded from Section 106 money for Public Art projects and a grant from Amey Cespa. Once grant funding had been secured for the project, Charlotte was commissioned to make the sculptures and work is now progressing quickly on their production.



The two locations for the two sets of sculptures have been decided as Doctor's Close Pocket Park and The Coppice. The first location has been chosen to encourage the community to use these pocket parks for recreation and relaxation, and make the area more of a destination for residents. The second location was chosen as another area that an installation would allow people to journey towards. Eventually it is hoped that these locations will be included in an art trail around the village, which would list all the sites to be visited and encourage people to explore their villages in more detail.

### HI Trees

Now that all the roadworks at the B1049 Histon Roundabout are finished, the HI Trees group can finally start the detailed planning of their project of planting trees in the field near the Holiday Inn. One final hurdle remains - the contractors have yet to remove a fence in the field; this needs to be removed before planting can take place. The trees will be planted in blocks so that the views from the B1049 across the field are kept. The aim is to plant over 1,000 trees including twenty specimen trees in the field representing important village numbers such as the number of schools or the number of churches. They are getting guidance on the planting from the Woodland Trust who have allocated the project an Adviser. They are also working with South Cambs District Council to get advice on planning a date for a Covid secure community planting session. There will probably be a booking system in place so that residents can help with the planting of the trees, so watch out for more information in the New Year.

Theresa King  
Environment Committee Clerk



# Histon & Impington Village Society



Find out about the history of the village you live in - Free Annual Membership of Histon and Impington Village Society.

The Histon and Impington Village Society (HIVSoc) is delighted to announce that it is opening up membership FREE OF CHARGE to all Cambridgeshire residents. Membership will start immediately on registration and expire in January 2022. There is usually a £12.00 annual fee, but this is being waived for the first time ever, as the Committee tries to help others during this Covid-19 crisis.

HIVSoc is a friendly society with over 70 members who have a shared interest in the local history of the area and in conserving important elements of the past for future generations to enjoy. One of their aims is researching, collating and recording historical information on Histon and Impington to share with the local community.

In normal times, the society would meet monthly at Impington Village College, for unique and interesting talks given by regional experts. However, due to the restrictions, HIVSoc has swiftly adapted its approach to ensure members still get their fix of colourful historical facts and stories about our village and its surroundings during these tough times.

For the past six months, members have been sent regular emailed articles on specific elements of the villages' colourful past. This has varied from a first hand account, by Frank Unwin, of Unwins Seeds business which was based in Impington, facts and stories about the wonderful Histon Giant, through to detailed historical accounts of local roads and houses. These articles include old photos and fabulous anecdotes complemented with robust facts and figures.

HIVSoc chair Max Parish: "We are so pleased to offer this access to our membership widely and without cost, and hope the articles we send out provide interesting and stimulating reading for all as the winter months draw in. We are as frustrated as everyone that we can't hold our monthly meetings, but we hope this will be the next best thing until those times return. We look forward to coming back with a bigger and even more enthusiastic membership."

The society is also investigating organising talks and presentations delivered through Zoom, possibly featuring representatives from the National Trust, local historians and other speakers. These will hopefully replace some

of the monthly talks held at Impington Village College whilst the pandemic restrictions are in place. All members will have the opportunity to sign up to these free of charge too.

So, if you would like to receive articles directly to your inbox and be the first to hear about potential HIVSoc Zoom talks, please do take advantage of this free membership and sign up now. It will give you a wonderful opportunity to learn more about the place you live in without giving up too much time or money. Ideas for new projects and books, donations of old photographs and suggestions for speakers are always welcome. Why not submit your own articles too?

There is zero commitment to signing up and you can unsubscribe at any time. All we need is your name and email address! It's as straightforward as that. Please do also consider subscribing on someone else's behalf, so you can print off the articles to take to an older resident or friend who doesn't use email. Please note, HIVSoc adheres to a strict privacy policy in line with GDPR data protection.

Contact:  
Sign up link: <https://tinyurl.com/y6a3j35a>  
Email: [handivsoc@gmail.com](mailto:handivsoc@gmail.com)  
Telephone: 07956 720023  
Website: <https://tinyurl.com/y5rb7oew>

NOTES:  
\*Established HIVSoc members are entitled to a rollover 12 months free membership due to Covid restrictions. This will happen automatically, and you do not need to get in contact if you paid for membership this year.  
\*Articles are also available on the Histon & Impington Village Society Website

Katherine Mann  
Histon & Impington Village Society

## Advice from Our Tree Warden

Our Tree Warden has requested that as the nights are getting shorter, all home owners should check for overgrown vegetation obstructing footpaths and lighting columns, so that we have light and space to travel safely around our villages.



[www.hisimp.net](http://www.hisimp.net)

## Daffodils - In Hope

The positive action of planting bulbs in grass verges seems to be gripping several groups in the village. At least two have taken place along Narrow Lane. In one case, a local church group has planted dozens of daffodil bulbs in the grass island adjacent to the St Andrew's Church on Cottenham Road in Histon. If all goes well, when the bulbs flower they will spell out the word HOPE in the grass.



The planters of HOPE said, "We would like to develop other small, simple projects that are intended to cheer up the community and put a smile on local faces. The message will be basically the same, that things will get better despite current gloom. We are glad to join other groups doing the same."

Martin & Moya Thompson

## On Behalf of Us All ..



Page 7 December 2020



# Covid-19 Diabetes - What Are The Risks?

Mike Willis, Facilitator of HI Diabetes Support Group reports on current research.

It can be difficult to decide whether what you read and hear about Covid-19 is true or untrue. Headlines have claimed that a high proportion of those who have sadly died have had diabetes, inferring that the risks are really high. Well the truth is that the highest risk factor for serious illness or worse from Covid is age, and sadly a large number of older people also have diabetes. The good news is that there are only small increases in risks for those who have diabetes compared to a similar person, based on research carried out in the UK by Diabetes UK and others.

## Infection

First of all, if you have diabetes you are no more likely to become infected than anyone else. It is of course important to practise good hygiene, maintaining a distance from others and wearing a mask. The increased risks occur if you get the coronavirus. This is why it is vital, particularly for the elderly and those who come into contact with them, to minimise meeting others, wear a mask when shopping and wash hands frequently: Hands - face - space.

## Risk Factors

The biggest risk factor is age, with an 80-year-old around 1,000 times more likely to suffer badly from Covid-19 than a 20-year-old. If you are overweight then that adds an increased risk. If you have Type 1 diabetes, current research indicates that you are 2-4 times more likely to be badly affected compared to someone else of the same age, weight, gender, general health and fitness, and ethnicity. For those with Type 2 diabetes the risk is less, just 0.5-1.5 times more than a similar person. These are relatively small increases in risk compared to the age factor. The latest advice for those with diabetes can be found on the Diabetes UK web site at [www.diabetes.org.uk/about\\_us/news/coronavirus](http://www.diabetes.org.uk/about_us/news/coronavirus)

## Could you be at risk of developing Diabetes?

The most common form of diabetes is Type 2, which comes on gradually, mostly in middle age. Many people are often unaware that they have Type 2 diabetes - it's often discovered when you have a check-up at a surgery, or health screening elsewhere. But the outcome is the same - the raised blood glucose levels in your body will, if left unchecked, cause a slow deterioration in your health. Some symptoms are an inconvenience, like having to get up for the toilet in the night, but if left untreated, high sugar levels in your blood can seriously damage parts of your body, including your eyes, heart and feet. You can check if you

have a risk of developing Type 2 diabetes within the next 10 years by completing the Diabetes UK online risk tool here [riskscore.diabetes.org.uk/start](http://riskscore.diabetes.org.uk/start).

If you have had a diagnosis, then probably your GP has told you to "lose some weight". This is, in fact, a proven way for many to stop the progress of diabetes and take it back to a pre-diabetes condition, known as remission. Any diet within reason will do, as long as you lose those pounds from around the tummy. It's excess fat around the liver and pancreas that has been shown to reduce the production of the natural hormone insulin that regulates the blood glucose in the body.

## Local Support

Histon and Impington is extremely fortunate to have a Type 2 diabetes peer support group, which meets monthly. Invited speakers help group members understand more about diabetes, its treatment, how to improve the condition through diet and exercise and how to get into remission. The group works with kind help from Firs House Surgery, Histon & Impington Parish Council and Diabetes UK. Many group members have gone into remission and are off medication. You can find out more about the group and past meetings at the web site [www.hidiabetes.co.uk](http://www.hidiabetes.co.uk).

Mike Willis  
Facilitator of HI Diabetes Support Group

# Histon & Impington Women's Institute

We are still meeting, currently via Zoom (due to Government regulations). Our next meeting, 17 December 7.30pm will be a sharing of our favourite poems and readings for Christmas. At the first meeting of 2021, we will be listening to a speaker, Fiona Rose, and her subject is 'The Life and Works of William Morris' a founder of the Arts and Craft movement and famed for his wall paper designs. We are also meeting regularly for our Book, Craft and Lunch groups; these meet according to regulations and will be advertised on the HIHub website.

When restrictions are lifted and life returns to some normality, we plan to resume meetings at Histon Methodist Church on the third Thursday of each month at 7.30pm. New members are most welcome both now and in the future.

For further information, please contact either:  
Denise Brading (President) on 01223 232442, email: [denise.brading@btinternet.com](mailto:denise.brading@btinternet.com) or  
Sophie Howson (Secretary) 07740 422500, email: [sophie.howson@googlemail.com](mailto:sophie.howson@googlemail.com)

Marilyn Harvey  
Histon & Impington WI

## Puzzle Corner - Find Your Street

S	T	A	T	I	O	N	R	O	A	D	M	E	C
E	C	T	P	N	E	W	R	O	A	D	R	S	L
S	L	A	H	O	A	D	O	E	L	C	P	O	A
O	A	B	M	E	D	O	O	D	U	C	A	L	Y
L	Y	W	C	B	C	L	E	R	A	C	R	C	C
C	S	R	E	A	R	O	A	E	S	P	K	R	L
D	T	H	U	A	I	I	P	R	Y	L	L	U	O
R	R	R	P	R	R	T	D	P	E	A	A	O	S
A	E	E	L	W	D	R	H	G	I	R	N	L	E
W	E	I	O	D	A	E	R	R	E	C	E	R	L
E	T	I	R	E	L	R	A	O	S	R	E	A	A
R	R	N	E	E	R	G	E	H	T	C	O	P	N
E	E	M	A	N	O	R	P	A	R	K	C	A	E
H	U	O	N	H	S	O	U	T	H	R	O	A	D

- Hereward Close
- Station Road
- Cambridge Road
- Manor Park
- Parlour Close
- The Coppice
- South Road
- Clay Street
- Park Lane
- New Road
- Clay Close Lane
- The Green





## Activities and Projects

### Sporting Memories

HI Friends has teamed up with Etheldred House to put on Sporting Memories sessions over Zoom during the last couple of months. This gives residents the opportunity to talk not only about their sporting past but also about what life used to be like in former years. Both the HI Friends team and the residents have thoroughly enjoyed the sessions and they will be continuing.

We hope to start regular 'in person' Sporting Memories sessions in the first quarter of 2021. If you know of someone who has a love of sport and would be interested please contact [paul@hifriends.org.uk](mailto:paul@hifriends.org.uk).

### Memory and Mobility Classes

Just before the second lockdown HI Friends ran a couple of socially distanced Memory and Mobility classes at the Methodist Church. The sessions comprised some gentle chair-based exercises as well as some activities to improve the memory. They were really well received by the participants, and when regulations permit they will be restarted.

### Minibus

At the start of the pandemic the usual minibus activities of providing transport to exercise classes, church meetings and the doctors, as well as shopping trips and social outings, all came to an abrupt halt. In a similar way, the community car scheme had to cease operating. However, following extensive planning and careful procedures, the minibus has been, and continues to be, used by village residents for medical appointments outside of the villages e.g. Addenbrookes Hospital or other GP surgeries. If you would like to use this service please contact the usual community car scheme number (07982 108927) with as much notice as possible. For journeys within the villages to Firs House surgery contact Panther taxis on 01223 715715.

Just before the second lockdown, HI Friends had arranged the first shopping trip adhering to the Covid regulations but unfortunately



this had to be abandoned when the lockdown was announced. When regulations permit we will be looking to run these once again.

### Village Older People's Worker

The Village Older People's worker Paul Seekings, has throughout the pandemic been contacting the older people of the villages whether through phone calls, Zoom calls or the occasional socially distanced coffee when it was permitted. When the Street Volunteer scheme was operating, Paul supported the volunteers with any queries in helping the older people in their roads. He can be contacted on 07772 437789 or email [paul@hifriends.org.uk](mailto:paul@hifriends.org.uk).

### Accessing Services

Throughout the pandemic Paul has been helping people access services ranging from key safes and lifeline alarms as well as accessing benefits. Please feel free to contact him if he can help.

### Blanket Project

HI Friends have set up a blanket project which has currently 12 older people in the village knitting squares which are made into blankets for good causes. Several blankets have already been completed and a massive thanks to our wonderful team of knitters and volunteers. If you would like to join the knitters please contact Paul on 07772 437789 [paul@hifriends.org.uk](mailto:paul@hifriends.org.uk).

### HI Mothers' Circle

In the spring we launched the HI Mothers' Circle, a group for local mothers who have had a baby in the last two years. Our aim is to provide a nurturing space to enable mothers to have an honest conversation about how they are finding motherhood and



make friends along the way.

The group has been extremely popular, particularly given the lack of opportunities for new mothers to socialise during the pandemic. We are always happy to welcome new members so please join us! We meet every Wednesday morning on Zoom. We hope to meet in person again soon, and in the meantime, group members often meet in pairs to go for walks etc. around the village.

We are also about to launch two new groups, one for expectant parents, and one open to both mothers and fathers of preschool children. Each will run on a fortnightly basis on Zoom in the first instance.

Please contact Ren Stedman - [ren@hifriends.org.uk](mailto:ren@hifriends.org.uk) or see Facebook.com/HIMothersCircle.

**Santa's Xmas Eve Jingle**

- On Christmas Eve at 6pm come outside and ring your homemade jingle bells for two minutes to spread Christmas spirit and to help Santa fly his sleigh
- Buy a make your own jingle bells pack for £2.50 per pack
- Jingle bells can be ordered online 'info@hifriends.org.uk' quoting name and address
- On sale from 3rd December

All proceeds to HI Friends

**December 24th, 2020 | 6 PM**  
**Histon & Impington**

Supporting the wellbeing of residents in our community  
Registered Charity No 1185578

FriendsHICommunity | [www.hifriends.org.uk/](http://www.hifriends.org.uk/) | [info@hifriends.org.uk](mailto:info@hifriends.org.uk)

**HI FRIENDS**

**VIRTUAL CHRISTMAS QUIZ**

**Wednesday 16th December 7.30pm**

**TEAMS 1-6 WELCOME**

**Entry free**  
donation £3 per person welcome

To enter a team [info@hifriends.org.uk](mailto:info@hifriends.org.uk) 232514

Supporting the wellbeing of residents in our community  
Registered Charity No 1185578

FriendsHICommunity | [www.hifriends.org.uk](http://www.hifriends.org.uk/)

[www.hisimp.net](http://www.hisimp.net)



## Histon Country Market - Still Open for Business!

Histon Country Market is a collection of local producers whose ethos is 'local, home made, home grown'. We are affiliated to the national body of Country Markets, who in turn were founded by the Women's Institute.

Until March this year, all our producers were able to meet inside and welcome our customers, at the Baptist Church Hall on a Friday morning. 'Circumstances' overtook us as they did for everyone and we closed completely until late July, when we carefully did what we could to make a Covid secure experience in the open air, with click and collect orders in advance only. This is still the case and we are able to continue during the second lockdown under these measures.

### So, how do I shop at Histon Country Market now?

First of all, go to Facebook and find our page (and follow us!) - 'Histon Country Market'. If you are not on Facebook you can pick up a leaflet from the pick up point on Friday morning, or email us at the address below.

Then email to place an order and pay.

Ask if there's something you can't see but would like us to make!

[histoncountrymkt@gmail.com](mailto:histoncountrymkt@gmail.com)

### What can I buy?

We make cakes, quiches, Christmas cakes, mince pies and biscuits, bread, chutneys, jams, marmalades, apple juice, glass jewellery and decorations, knitted goods, felted animals... I strongly suggest you visit our Facebook page for ideas.



### How do I collect?

On Friday morning between 9.30 - 10.30 at the Baptist Church car park. Your order (already paid for) will be in a named bag and you can pick it up from our socially distanced mobile unit (my car boot). We are aware that some customers do not use on line banking so in these circumstances they can bring the exact money in an envelope.

We look forward to your orders and to seeing you (at a safe distance)!

Alice Jackson Steggles

## New School Names Announced

### 310 children to move over to new Buxhall Farm site in January 2021

The name of a new £16 million primary school in Histon and Impington, which is set to open its doors to children initially in January 2021, has been announced by its academy trust sponsor Cambridge Primary Education Trust (CPET).

Histon and Impington Infant School will relocate from its current site in New School Road to the Buxhall Farm site from September 2021. It is planned that it will convert to a primary school and serve children aged 4-11, rather than the current range of 4-7 under the new name of **Histon and Impington Park Primary**.



Meanwhile, Histon and Impington Junior School, which has already expanded on its current site in readiness to extend its intake to ages 4-11, when it too becomes a full primary school, is to be called **Histon and Impington Brook Primary**.

The planning application for the new school at Buxhall Farm was approved by Cambridgeshire County Council's Planning Committee in July 2019. A six-week consultation was held on plans for expanding education in Histon and Impington in October and November 2019 and work began on site shortly afterwards. Despite Covid-19 restrictions impacting delivery, building by R G Carter has continued in line with Government and Public Health England guidelines.

The planning application for the new school at Buxhall Farm was approved by Cambridgeshire County Council's Planning Committee in July 2019. A six-week consultation was held on plans for expanding education in Histon and Impington in October and November 2019 and work began on site shortly afterwards. Despite Covid-19 restrictions impacting delivery, building by R G Carter has continued in line with Government and Public Health England guidelines.

With the new school building available, 310 Reception, Year 1 and Year 2 pupils at Histon and Impington Infant School will move over to the Buxhall Farm site in January. Children and staff will immediately benefit from two reception classrooms, four Key Stage 1 classrooms, eight Key Stage 2 classrooms, two halls, staff administrative areas and a kitchen. An adjoining space will be used for Breakfast and After-School Clubs with the potential for wraparound care facilities for 52 children. Outside there will be allotment areas, playgrounds and sports pitches. The site currently occupied by Histon and Impington Infant School will be returned to Cambridgeshire County Council for community use.

Lesley Birch, CEO/Executive Principal of CPET, said: "We are thrilled to be able to announce the names of the two schools,

which give Histon and Impington the enlarged primary provision it so desperately needs given the growth of our community. We felt it was important that the names of both Histon and Impington parishes were reflected in the names of both schools and our vision is for them both to be excellent primary schools that grow and entwine. We want them to offer common approaches, high standards and opportunities embedded in their curricular offer. Staff will be shared across the schools, with key stages and year groups deemed as one. As a Trust we are committed to providing an outstanding education for all our pupils by offering a broad and balanced curriculum whilst working closely with the local community. Our children are at the heart of everything we do, and having two all-through primary schools in Histon and Impington can only facilitate the delivery of that ethos. For our staff, as well, we are really excited about the development opportunities this brings."

Jonathan Newman, Head of Histon and Impington Infant School (and Head of *Histon and Impington Park Primary* from September 2021), explained: "We are incredibly excited to be able to plan for the move to our new school, beginning in January 2021 when our current Reception, Year 1 and Year 2 children will have the opportunity to access a state-of-the-art building with new, spacious facilities. Whilst this is ahead of our original timescale we feel that an earlier move to the new build will bring major benefits to our Foundation Stage pupils. CPET has a strong level of collaboration running right through its core and we will all be working hard as a collective to deliver the best possible education for children at both *Histon and Impington Park Primary* and *Histon and Impington Brook Primary*. We are aiming to have two excellent primary schools as these are required in our community."

Helen Lorimer, Head of Histon and Impington Junior School (and Head of *Histon and Impington Brook Primary* from September 2021), added: "We are really looking forward to the next phase in the school's history as an all-through primary school. It is wonderful that parents and children in the community can now benefit from two primary schools and access the quality of provision we have become known for. Our expectations are high at both schools."

Applications for children starting in Reception in September 2021 are now open at Histon and Impington Park Primary and Histon and Impington Brook Primary. Each has space for 60 reception children, with parents able to express a preference for which school they would like their child to attend upon application. The deadline for applications is 15 January 2021.

Cambridge Primary Education Trust



## A note from Andrea Cowley



Well, what a year 2020 has been. Covid-19 certainly put a stop to most of the interactions we could have with the amazing young people of Histon & Impington, but it didn't stop us adapting our plans, implementing changes and continuing, in earnest, to keep in touch.

From August, with funding from Histon & Impington Parish Council, we were pounding the streets hoping to bump into young people who were out and about. Quieter than our usual summer, but still a worthy exercise, as we engaged in conversations with those who we found around the villages chilling out.

From September, still not being able to open our usual Youth Zone on a Monday night, we decided to continue with our Detached Youth Work. Cathy and I have stationed ourselves outside IVC and at The Recreation Ground after school – ready to give a smile, check-in with young people as they head home, be a listening ear and offer advice and guidance.

We plan to continue with this work until such a time when we can resume 'normal' services.

It feels too early to wish you a Happy Christmas, but I do wish you all good health and really hope that 2021 brings an end to this awful pandemic, and excitement for a future full of fun and happiness.

Best wishes, Andrea

## The Babysitting Course

We waited it out in the hope that we would be able to offer our 10-week babysitting course – in person – but Covid-19 didn't allow this. So, in September, we launched our first EVER online Babysitting Course. Now in its 4<sup>th</sup> week we can report back that it's working!

It'll never be the same as meeting together, but we are managing to work through the content of this informative and fun project. The real test will be teaching young people how to change a nappy! Having supplied each participant with a nappy and requested that they find a teddy or doll to practice on, we really are looking forward to the fun we're going to have!

Our next course will start in January 2021 and I will be in touch with those who have already signed up. There may be further spaces available so do keep an eye on our Website, ParentMail circulations through school and the HI Youth Noticeboard on Facebook.



## The Generation Game

Our older generation have been hit hard during this pandemic. Many not being allowed to see their families and friends. We look forward to resuming our Generation Game Project which helps young people to volunteer confidently with older people in our community.

There are already 12 young people waiting to use their newly gained skills – which due to Covid-19 they have been unable to test out! Rest assured, that this project will be running again, as soon as we are able to, even if we have to start this one online too. The skills and knowledge learnt through this course are 'skills for life'.

Sarah, who completed the course 2 years ago, secured a job in retail. She told me that speaking confidently in her interview about being a Dementia Friend and how she could offer support to customers, really helped her to get the job. Abbie used her knowledge and new confidence to become a support worker at her local care home. Working alongside studying for her GCSEs has enabled her to have a fabulous wardrobe of clothes!

On this course young people complete their Basic First Aid Training Certificate. It's great to know that we are passing on such useful skills which will last a life time! If you are interested in finding out more, please visit our website or contact Andrea Cowley.

## New Appointments at HI Friends

Emma Moat was appointed by HI Friends in the summer



to work as a Community Play Therapist in the village and Emma talks about her role:

"I have been a counsellor and play therapist for over 10 years. I am working part-time for HI Friends, at present focusing on the Early Years sector at the Early Years Centre and Infants School, doing both individual and group sessions; observing, assessing and delivering the therapy. I am also working with the rest of the team to come up with ideas around how to further help with mental well-being in the community - with the challenges that Covid-19 brings!

Play therapy is a specific counselling approach in which games, toys and other creative media are used to help a child (or adolescent) to express their emotions,

thoughts, wishes and needs. The 'toolkit' can include clay, sand-tray, drawings and paint, as well as miniature world figures. All these and more can help children understand muddled feelings and upsetting events that they have not had the chance or the skills to work through. Rather than having to explain verbally what is troubling them, as adult therapy would usually require, children use play to communicate at their own level, at their own pace, without feeling interrogated or threatened."

HI Friends also welcomes **Sophie Howell** to the HI Mental Wellbeing Team. Here is what she has to say about her role:

"I'm a qualified social worker and counsellor and have experience supporting people of all ages and in all walks of life to promote positive mental wellbeing. I have undertaken a variety of roles in mental health charities in addition to working with students in schools. I have lived in Histon/Impington for over 30 years so the wellbeing of our community is close to my heart. My hope is to support as many people as possible by

introducing community wellbeing initiatives and activities whilst also providing groups and individuals with the means to support themselves. I aspire to help our community find joy, happiness and positivity and to improve an overall sense of wellbeing.

My role is to provide mental wellbeing awareness, services and initiatives within the community. Please contact me if I can provide information on what services are currently available or if you have any ideas or suggestions of initiatives from which the community might benefit. All ideas welcome!"

Email [sophie@hifriends.org.uk](mailto:sophie@hifriends.org.uk) or message her on Facebook via her personal page or Histon & Impington Wellbeing page.





## Histon Cricket Club

2020 has been an interesting year for all of us, and Histon Cricket Club have been no exception.

After an extremely successful 2019 summer, where the First XI achieved their highest finish in many years in the counties' top league. Excitement and anticipation were high as we moved into 2020. However, pre-season planning was brought to an abrupt halt when Covid hit us all earlier this year. Winter nets were cancelled, incoming Australian pros put on hold, and the chances of cricket looked very slim for the most part of the spring and early summer.

However, to our pleasant surprise, we were able to resume playing again in July - a shortened competitive season for the First XI and a very shortened series of friendly fixtures for the 2's and 3's were the order of the day, with the games to be played under strict guidelines agreed by the ECB and Government, of course....(Hurray! There was suddenly no need to provide teas at the interval!)

The First XI, in their brand new coloured kit (courtesy of and thanks to local solicitors Thomson Webb & Corfield) managed to finish top of the table in the regular season, losing just one game. They then made it through to the inaugural "grand final", where they were unfortunately again beaten by St Ives to the trophy. A good season, nonetheless, and a second successive 2nd place finish in the Cambridgeshire Premier League.



Thanks must go to our fantastic groundsman, Steve Campin, for producing his usual excellent pitches in such challenging circumstances, and to all our sponsors for once again supporting us through an albeit different cricketing summer.

We look forward to 2021 with some optimism, and hope cricket, along with everyday life, can return to some semblance of normality.

If you are interested in playing for or sponsoring Histon Cricket Club, we'd love to hear from you. Please contact us at [histoncc@gmail.com](mailto:histoncc@gmail.com).

*Histon Cricket Club*

## Histon Hornets

As 2020 draws to a close, it is time to reflect on and acknowledge the army of volunteers that make Histon Hornets such a successful grassroots football club in the Cambridgeshire area.



In a year that has seen such turbulent and troublesome times for us all due to coronavirus, the one light at the end of the tunnel for all the Histon youth players was the assurance that the club was there waiting for them all to return with open arms after the long summer lockdown.

Each and every member associated with the club has performed such a vital role in getting our teams back out playing again. Because of the hard work and dedication shown by all involved at Histon Hornets, the outcome has meant that nearly 300 youth team players & over 40 Senior players have seen their football journey continue safely.

To see the smiles and enjoyment beaming from the children is the reason why we all go above and beyond in making Histon Hornets the largest football club within our community.

May we wish everyone a very Merry Christmas and a prosperous new year!

Stay safe, stay well.

*All At Histon Hornets Football Club*

## Parking Restrictions by IVC

Did you know that between the hours of 8am - 9am and 3.15 - 4.15pm Monday to Friday it is illegal to park or remain stationary with your engine running on the single yellow lines on New Road and Impington Lane?

These restrictions are in place to enable students and visitors accessing Impington Village College clear sight lines of the road for safe crossing and access to the College as well as safe manoeuvring and use of the bus stops.

With the evenings drawing in, it is even more important not to park during these times so students can safely cross the roads without having to walk behind or in between parked cars.



The Parish Council, working with Impington Village College, has initiated random police checks during these times so please do think twice before parking even if you will only be a minute.

[www.hisimp.net](http://www.hisimp.net)

If you have any events you need to promote in our quarterly newsletter let the editors know by 2 March 2021.

Email:

[hi-news.editor@hisimp.net](mailto:hi-news.editor@hisimp.net)

*Dates for the Diary:*

**SAVE THE DATE!**  
**PROPAGATE YOUR PLANTS!**  
**Spring Plant SALE**  
April 17th 2021 • 9:30AM to 12PM

- Selling locally propagated plants
- Gardening experts on hand to offer information & advice
- A chance to win a prize in our gardening raffle

Do you have plants you can propagate and donate ready for the sale?  
We would love to hear from you!  
Contact Rebecca: [rebeccastrivens@gmail.com](mailto:rebeccastrivens@gmail.com)

Proceeds to go to Friends of Histon and Impington charity, supporting wellbeing and recreation for all

FriendsHICommunity [www.hifriends.org.uk/](http://www.hifriends.org.uk/)

**hi** Histon and Impington Parish Council

## Council & Committee Meetings

See website for details: [www.hisimp.net](http://www.hisimp.net)

**Full Council** - via Zoom 7.30pm - Monday 18 January, 15 February, 15 March

**Planning** - via Zoom 7.30pm - Tuesday 12 January, 2 February, 23 February, 16 March

**Highways** - via Zoom 7.30pm - Tuesday 9 March

**Finance & Assets** - via Zoom 7.30pm - Monday 11 January

**Environment** - via Zoom 7.30pm - Tuesday 9 February, 23 March

**Recreation** - Via Zoom 7.30pm - Monday 25 January, 22 March

**Residents are welcome to attend all Council meetings**

**Meeting dates may be subject to change; please check our website calendar for any updates**

*Merry Christmas*  
AND  
*HAPPY NEW YEAR*