



Histon and  
Impington | Parish  
Council

# HISIMP NEWS

The Newsletter of Histon & Impington  
Parish Council

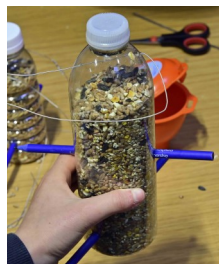
Issue 29 - December 2019



## Over 200 Flock to Inaugural Village Eco Fun Fest

Histon & Impington youth groups welcomed over 200 people of all ages to their Eco Fun Fest on 16 November.

The free event aimed to inspire locals to rethink, reuse and recycle through activity stalls run by young people. Bags and Christmas wreaths were made out of old t-shirts; beads, plant pots, envelopes and gift bags out of repurposed paper; and bird feeders from plastic bottles.



The beeswax wraps stall - an alternative to clingfilm - sold out of their 50 DIY starter kits within an hour while a total of £140 was raised for Shepreth Hedgehog Hospital by the making of hedgehog homes using timber off-cuts donated by Cottenham Sawmills.

A series of fun games, such as the one-minute recycling challenge, were also used to raise awareness of the amount of currently unrecyclable household waste that exists.

This event also saw the launch of a new TerraCycle service, kick-started by the 2nd Histon Brownies. The TerraCycle scheme allows people to take hard-to-recycle materials such as crisp packets, toothbrushes and toothpaste tubes, pens and baby food pouches to special local recycling spots. This new service will be based at Gin House Flowers on School Hill in Histon, running whenever the shop itself is open.



One young person helping to run the event, aged 15, said: "The eco fun fest was amazing! It was so nice to see so many people there learning about how to help the environment. I look forward to any future events."

Another young person, aged eight, was

inspired by the event to take further action: "At my school every lunchtime we have been collecting empty crisp packets and explaining the importance of recycling them with the new TerraCycle scheme instead of them going to landfill."



The event was organised by Histon Brownies, HIYEC (Histon & Impington Youth Eco Council), Woodcraft Folk and Scouts and Girl Guides, and was supported with funding from the Parish Council, who also had a stall seeking to find out more about what local residents would like to see happen as a result of the declared climate emergency.

Watch this space for a young person-led spring nature event! For further information please contact:

[histonimpingtonyouthecocouncil@gmail.com](mailto:histonimpingtonyouthecocouncil@gmail.com)

*Lara Brettell, on behalf of HIYEC*

## Fireworks Extravaganza

Despite a week's delay due to high winds, a crowd of almost 3000 was treated to a spectacular fireworks display in Histon and Impington on Saturday 9 November.

The postponement posed the team some challenges, not least getting the message out to the community. In fact, the Histon and Impington communication channels worked well with only 16 people and one fox turning up on the original evening. The show went off with a bang a week later, despite a rather persistent drizzle on the night - modern fireworks are quite waterproof and rain won't stop the show going ahead.

We'd like to thank everyone for their support, and particularly the 100+ volunteers who helped out. These include parents and other volunteers who run the ticket desks, coffee stall, as well as marshals, scouts, IVC sixth form, Oakington Air cadets, and all who turned out to litter-pick. We also have a very hard working committee (over 20 people) who make sure the event runs smoothly.

We must, of course, thank our sponsors and supporters: Redmayne, Arnold and Harris, Panther Taxis, Brookfield Groundcare, The Red Lion Histon, Avanit, The Phoenix, Medivet, Limetree Financial, PRS - Pure Professional Recruitment, MJ Brown Tree Surgery, Big Deal Comedy, Cambridge Stove Installations, CSI Property Installations, Enterprise rent-a-car (loan of 2 vans), Precedence Technologies (donating and hosting the HI Fireworks domain), PrimeXeon (Website design), Longhorn Farm Shop (bbq), Ely Tool Hire (lighting), Essex Pyrotechnics (Award Winning Fireworks) and Daisy Chain, Camtrust, Histon Chop Shop, The Geographer, Station Stores, D:Licious (ticket sales).

All money raised goes to the three village schools, with smaller donations made to organisations who helped out on the night. Finally I'd like to thank Elizabeth Sadler, who lit the beacon beautifully this year.

*Dan Mace*





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Cedric Foster

## New Vice Chair

### Yvonne Murray

After joining the Parish Council team in April, Yvonne was voted into the Vice-Chair position on 18 November by Full Council. She is already working with council colleagues and others in the village to gain a better understanding of village life and its different perspectives. Yvonne is also looking forward to learning more about what matters to everyone and how we can all work together to keep Histon & Impington a place in which we all want to live.



## New Councillors

### Chris Jones

Chris moved to the village in 2001 with his family, and joined the Histon Parish Council shortly afterwards, serving as a councillor in this instance for 9 years. He now works as a consultant after many years working for ARM and TruStonic, and in his spare time leads the Histon & Impington Weed Whackers, which he took over from Cedric Foster earlier this year. (The Weed Whackers' is the name of a group of local volunteers who work to clear pathways around the villages).



A keen cyclist, he rides with the HI Bike Club and supports the HI Trishaw, regularly taking residents at Bramley Court out for a spin around the area. Chris recently re-joined the Parish Council and hopes to apply some of his previous experience in his role.

### Ros Hathorn

Ros has lived in Impington since 2010, having moved into the village from the Fens. Ros grew up on the other side of Cambridge in Sawston so the school system and closeness to Cambridge feels reassuringly familiar for her. She has three children at the village schools and runs her own small business with her husband, cycling her children to or from school almost every day.



Ros' motivation to join the Parish Council is to help in reducing the carbon footprint locally, as a way of addressing the issue of climate change for her own children and for future generations. She helped the Parish Council to declare a Climate Emergency and hopes to be part of the projects here that can achieve real change.

## Christmas in The Villages

The Christmas events started on Sunday 15 December with the Meet the Nativity event organised by St Andrew's and the Nativity Service at the Baptist Church at 10.30am, followed by Carols on the Green on Wednesday 18 December at 6pm.

Services and events by each of the local churches are listed below.

### St Andrew's Church, Histon

15 December, 10.30am Meet the Nativity.

22 December, 7pm Carols by Candlelight.

24 December, 5pm Christingle Service.  
11pm Candlelit Midnight Communion.

25 December, 10.45am Christmas Cracker!  
(All Age Service).

### St Andrew's Church, Impington

22 December, 4pm Carols by Candlelight.

24 December, 3pm Crib and Christingle Service (2.30pm to make your own Christingle).

11pm Candlelit Midnight Communion.

25 December, 9.30am All Age Holy Communion.

### Methodist Church

22 December, 4pm Carols By Candlelight, with children's nativity (any children who want to get involved please arrive dressed as your favourite character). The service will be followed by mince pies and hot drinks.

25 December, 10am Shared Worship at the Salvation Army.

12 January, 10.30am Annual Covenant Service with Holy Communion.

### Baptist Church

15 December, 10.30am Nativity Service.

18 December, 6pm Carols on the Green.

22 December, 6.30pm Carols by Candlelight.

23 December, 10am - 5pm Nativity Day for primary children.

24 December, 11.30pm Midnight Communion.

25 December, 10.30am Short Christmas Day Service.

### Salvation Army

21 December, Salvation Army band at the IVC Farmers' market from 9.30 to 11.30am.

22 December, 10am Family Carol Service; 4pm Carols by Candlelight.

24 December, Salvation Army band outside Tesco from 10am to 12noon.

25 December, shared service with Methodist Church.



*Bernard Stewart-Deane*



## Archaeology Group (HIAG)

It has long been thought that the Histon Manor site and its environs is likely to have been at the heart of very early local settlement, not just from the 12<sup>th</sup> century. We were very pleased this autumn to be able to start Test Pit excavation with 40 volunteers - a large amount of pottery sherds were found plus a Roman roof tile. Could there be a Roman building nearby?! The dated pottery indicates settlement on or near this site in the late Bronze Age, the Roman period, then early Saxon and medieval periods - probably attracted by the combination of access to well drained fertile soil on raised ground with a nearby water supply. The apparent continuous settlement on and near this site and that of Abbey Farm, from at least early Saxon times, accounts for the relatively large village recorded in 1086 in the Domesday Book.



2<sup>nd</sup>-4<sup>th</sup> century AD Roman  
Roof Tile, Histon Manor

Further work at IVC this autumn confirmed, from dating pottery, that we are excavating in the early medieval part of the village. Villagers were cleared from here in 1579 to build Impington Hall. Again, students were able to gain practical experience. We plan a programme of Geophysics in the heart of old Impington.

We have had a fascinating series of talks on the Iron Age this autumn - see the website [hiarchaeology.wordpress.com](http://hiarchaeology.wordpress.com). On 13 January 2020 Dr Catherine Hill will give a talk on the enigmatic period of transition from Roman to Saxon in East Anglia. Dr Hills is a leading University expert in Anglo-Saxon material culture. She directed the excavation of the famous early Anglo-Saxon cremation cemetery at Spong Hill, North Elmham, Norfolk. Her work has made substantial contributions in the fields of early Anglo-Saxon archaeology, particularly regarding burial and migration, and more recently the chronology of the 5<sup>th</sup> century. In the 1980s she presented in two Channel 4 series *The Blood of the British* and *Down to Earth*. On 17 February we are lucky to have the archaeologist Nick Gilmour take us back to the time of local Bronze Age settlement. He has extensive experience in Fenland Archaeology.

HIAG club nights occur on the first Thursday of each month from 7 - 9pm, at St Audrey's Community Centre. Finds are processed and reviewed. Topics have included how local Geology and local water management impacts history, and how much can be found from our winter activity of field walking.

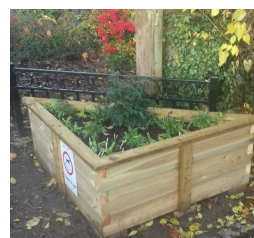
Arnold Fertig, HIAG Chair

## Another Planter installed to brighten up the Village!

Following the success of planters being installed in The High Street and School Hill, and the corner of Orchard Road by residents, we wanted to build a planter and rejuvenate an existing raised brick bed outside the bungalows in Clay Street (next to Etheldred Care Home).

We applied for funding from The Histon Beer Festival, who kindly accepted our application.

Sean Firby was asked to make a bespoke planter to fit on the triangular piece of land in question and I approached Erika Hunt, a local landscape designer to take on the work of designing & planting. The wooden planter was the more straight forward part to plant up, but the raised brick bed had to be dug out, weeded, old shrubs removed and top soil replaced before new planting could begin.



All this was achieved within a couple of weeks and is now a focal point in Clay Street. The residents in the four bungalows are very pleased to get their outside area brightened up with perennials and spring bulbs in the wooden planter and low maintenance shrubs in the raised brick bed.

Should you be inspired from what has been achieved in Orchard Road and Clay Street and have a small area near where you live that would benefit from a planter feature, please feel free to contact me for more information via Theresa King, Environment Committee Clerk, [committee.clerk@hisimp.net](mailto:committee.clerk@hisimp.net).

Cedric Foster

## Events at Histon Library

8 January - 2 - 3.30pm A talk on Cat Welfare and Cats Protection in Cambridge by Educational Speaker for Cats Protection, Liz Seetharaman.

12 February - 2 - 3.30pm A talk on The Shuttleworth Collection by Media Volunteer, Peter Baughan.

11 March - 2 - 3.30pm A talk on "A Convict in The Family, Or Perhaps Not?" by Caroline Norton of Cambridgeshire & Huntingdonshire Family History Society.



[www.hisimp.net](http://www.hisimp.net)

## Station Road Garage On The Move!

Development of the Station House site is now well underway, with permission for restoration and development of the former station building, commercial units and 12 apartments.



A separate application for the Station Yard was passed in September 2019 and will deliver 32 flats as early as next year. All this has meant Mervyn Smith and his crew at Station Road Garage have been looking for alternative accommodation and one of their main aims was to stay in our villages. Mervyn, who has always been Cambridge-based, started the garage on his own nine years ago and has built up a team of staff during that time, as well as a loyal customer base.

The garage offers all services from MOTs, repairs and services, to tyre-fitting and diagnostics. The team are delighted to



announce that they will be relocating to Impington in early Spring 2020 to Fieldstead Road, off New Road. People may know it better as the old "Pick Your Own Strawberry site" owned by Chivers Farms Limited and located between the Recreation Ground and the Spire Hospital.

This key location continues to provide good access for the Guided Bus, local bus route, and major employment sites such as the Science Park. SRG also have courtesy cars available.

Mervyn is excited by this new opportunity and says "We at SRG are so pleased to remain in the villages and would like to thank everyone for their past custom and, hopefully, on-going support."

Any queries tel 01223 232082 or email [info@srg-histon.co.uk](mailto:info@srg-histon.co.uk).

Angela Young



Thank you Trevor Smith, Histon & Impington Parish Council Assistant Groundsman for co-ordinating the installation of this year's display!





## Community Car Scheme

The Community Car Scheme is a valued service for all residents of Histon, Impington and Girton who cannot access conventional forms of transport and might otherwise struggle to get out and about.

It concentrates on meeting the needs of the elderly and disabled passengers or those who are temporarily less mobile due to illness or injury. Medical and Social journeys are undertaken.

### HISTON, IMPINGTON & GIRTON COMMUNITY CAR SCHEME



**NEEDS YOU!**

We are looking for a new co-ordinator(s) to run this valuable scheme in our villages.

The role includes taking bookings from clients and co-ordinating the requests with the volunteer drivers available.

If you can help, full training and support will be given.

Please contact **07982 108927**  
or Care Network Cambridgeshire **01954 211919**  
for more details.

## The Library Presents

'The Library Presents' returns to Histon Library this Spring with its programme of high quality, affordable events and workshops, sponsored by the Arts Council.

In February, Michael Brown will be hosting a creative and fun writing workshop to celebrate LGBT History Month. Families with children of five and over will enjoy 'Books!' by Tit for Tat, a funny and surreal Circus Theatre show. There will be a Willow Sculpture Workshop with artist, Jane Frost, suitable for adults and children over eight. Tayo Aluko, who brought the highly acclaimed and multi-award winning 'Call Mr Robeson' to Histon Library recently, returns to perform 'Just an Ordinary Lawyer', a show that interweaves politics, music and cricket.

The events tend to sell out quickly. Look out for the brochure in libraries in January. Booking in libraries and online opens in the new year.

www.[cambridgeshire.gov.uk/arts](http://cambridgeshire.gov.uk/arts).

Contact [cath\\_pennington@hotmail.com](mailto:cath_pennington@hotmail.com) for more information.

THE  
LIBRARY  
PRESENTS

## Christmas Recycling

There are times over Christmas when you should **NOT** recycle - not everything can be put in your blue bin!



**Glittery or metallic wrapping paper/ crackers/ cards** - These cause problems at the paper mill. Keep bits that can be reused next year and put the rest in the black bin.

**Plastic ribbon** - Not recyclable. Reuse or put in the black bin.

**Paper napkins** - Usually dirty, and the paper is not suitable for recycling. Put in the green bin.

**Clothes and shoes** - These cause jams in sorting machinery and get dirty in bins so can't be recycled. Recycle at a clothing bank instead such as the ones you see in supermarket car parks.

**Toys, including from crackers** - Pass on or donate to charity shops if suitable, put in black bin if not.

**Electrical items e.g. games** - Pass on if suitable, take to a Household Recycling Centre to recycle with electrical items if not.

**Crisp packets and tubes** - TerraCycle collection point at Gin House Flowers on School Hill in Histon, running whenever the shop itself is open.

**Packaging containing food or liquid** - Remove all food or liquid from packaging before recycling the packaging. All food waste can go in your green bin.

Also check out SCDC recycling and rubbish A to Z at [www.scams.gov.uk/bins/what-goes-in-which-bin](http://www.scams.gov.uk/bins/what-goes-in-which-bin) for advice on what to do with hundreds of items.

## Village Society Spring 2020 Programme

28 January - AGM and speaker (tbc)

25 February - Janet Morris: Housing problems and Histon's railway carriage cottages

24 March - Sally Sibley (from National Trust Sutton Hoo): Sutton Hoo

Meetings take place at 7.30pm in the Brackenbury Room at Impington Village College.

Visitors welcome: £3 per meeting, AGM free

For more information please contact our Secretary on 01223 513016 or [wendy@differentlight.org](mailto:wendy@differentlight.org)

[histonandimpingtonvillagesociety.wordpress.com](http://histonandimpingtonvillagesociety.wordpress.com)



## Recycle your Christmas Tree

Brookfield Groundcare have kindly offered to help chip our village Christmas Trees this year, in conjunction with the enviro.volunteers. The events will take place on the triangle of land near Villa Road and on the Green as usual on the following dates:



8 January 2020 12noon to 4pm

11 January 2020 8am to 12noon

More details will be posted on [www.hisimp.net](http://www.hisimp.net) and via HI People Facebook group nearer the time.



Alternatively, the Arthur Rank Hospice Charity is running its annual Christmas Tree Recycling scheme again in January. On 9, 10 and 11 January 2020 the team of volunteers will be collecting trees from postcodes CB1, CB2, CB3, CB4, CB5, CB22, CB23 and CB24 in exchange for a donation. The trees are taken to the waste management park near Waterbeach for composting. If you would like your tree collected, or can spare a few hours to volunteer, visit [www.arhc.org.uk/treerecycling](http://www.arhc.org.uk/treerecycling) or call the Hospice fundraising team on 01223 675888. Registrations close at 1pm on Wednesday 8 January 2020.



**18th December 2019**

**Stalls open at 6pm : Carols at 6:30pm**

**Come and celebrate Christmas with the villages' annual feast of carols, music, stalls and hot food and drink.**





## At Least Five In Remission

### Diabetes Support Group reports remarkable success

Since the HI Diabetes Support Group began in September 2018 we've helped get five attendees into remission; that means their blood glucose levels are at pre-diabetes levels. At least a further five have made some simple and easy lifestyle changes and are seeing their blood glucose levels fall.

In all cases, they are following the advice of the diabetic team at their GP Practice. The support group is there to supplement this by introducing them to the services provided locally for diabetes, such as dietary advice, retinopathy, podiatry, medication, exercise and mental wellbeing. Just as important is the support from others in the group, particularly with examples of what can be done.



We surveyed the 30 active members of the support group in November, which has grown from 13 just over a year ago. 53% of respondents said their condition had improved since they have been attending, 63% said their understanding of diabetes had improved and 80% said the way they thought about diabetes had improved.

The group meetings typically consist of an invited speaker followed by a discussion. Two or three times a year we dedicate the meeting solely to a discussion within the group on how we've all been doing.

Anyone who has been diagnosed with Type 2 diabetes is told that, without treatment, they can expect a gradual deterioration in their health, such as eyesight and feet problems and eventually the possibility of organ failures. Not cheery news - a loss of quality of life leading to a premature death. You can be prescribed medication to help control and slow this deterioration, but there is no magic pill to reverse it. The message is clear - there is one person who in many cases can halt the effects of diabetes on the body, and even reverse the effects. It's you!

So if you have been diagnosed with type 2 diabetes, whether it was yesterday or 15 years ago, do come along and join us and see what can be done. Partners are also welcome to attend. Let's all try and improve our health in the New Year.

2020 meetings, all 7 - 8:30pm at the Community Room, Histon & Impington Recreation Ground:

Thursday 9 January  
Thursday 13 February  
Thursday 12 March

Mike Willis

## Police News

Hi everyone, I am one of your neighbourhood officers covering Histon and Impington. Over the last year, I have noticed more and more vehicles left abandoned with their car keys in the ignition and the car engines running. In a new survey 72 percent of drivers want to see action taken against motorists who leave their engines running when parked.

I would just like to point out the following:

### The Highway Code states

Rule 123. You MUST NOT leave a parked vehicle unattended with the engine running or leave a vehicle engine running unnecessarily while that vehicle is stationary on a public road. Generally, if the vehicle is stationary and likely to remain so for more than a couple of minutes, you should switch off the engine to reduce emissions and noise pollution.

Stationary idling is an offence under section 42 of the Road Traffic Act 1988, which means you could be given a fixed fine.

### Don't leave the engine running

Worse than leaving a car unlocked is leaving a car unlocked with the keys still in the ignition and the engine running; that's just making a car thief's job too easy. Remember if you do this and your vehicle is taken you are not insured.

### I need to warm up my car and engine

Now the weather is changing and getting colder, people say "I need to warm up my car and engine". Idling isn't an effective way to warm up your vehicle, even in cold weather. **The best way to warm up your car is to drive it.**

### An idling engine can damage your vehicle and use more fuel

Excessive idling can increase fuel consumption by decreasing your engine's efficiency and cause corrosion in the exhaust system. Your car needs no more than 30 seconds to fully circulate oil on freezing days.

### Leaving my engine running isn't harmful

People say "Leaving my engine running when I'm stopped isn't harmful". Vehicle emissions are a major contributor to air pollution and idling can produce more pollution per minute than driving.

Vehicle emissions can be linked to asthma symptoms, cardiopulmonary disease, lung cancer and eye, nose and throat irritation.

### Parking outside of schools

We all know how bad it is to leave our vehicle engine running and the pollutants



they emit, so why do we do it? "We are in a rush". This is not an excuse, especially outside schools.

### Climate Change

One of the current topics in the news is climate change. Exhaust fumes are a contributing factor to the pollution of our planet. Please remember to be green and not pollute unnecessarily. Moreover, it poses a small, but significant risk to your health and wellbeing. Think of the future of our planet and our children.

Have a HAPPY CHRISTMAS, from your Neighbourhood Team!

If you witness a crime or even if you just see something suspicious - let us know! Call 101, report it online at [www.cambs.police.uk](http://www.cambs.police.uk) or contact Crime Stoppers. The information that you provide is invaluable to us and we greatly appreciate your time and effort.

PCSO Tony Martin

## Histon & Impington Gardening Club



Meetings are held 7.30pm on the second Tuesday of the month at the Methodist Church.

14 January - Mrs Margaret Nimmo-Smith will tell us 'How to make the Most of a Small Garden'.

11 February - James Smallwood is giving a talk on 'Auriculars'.

10 March - Michael Brown will enlighten us on what he calls a 'Bouquet of Weeds'.

Tea, coffee and biscuits are served after the talk to give members a chance to mingle and discuss current garden topics.

Everyone is welcome and if you are interested please get details from Richard Ackroyd 236315.

## Histon & Impington WI

Meetings are held at the Methodist Church (most months) on the third Thursday of the month at 7.30pm.

16 January - Sue Baker will talk on the 'History of Belly Dance'.

20 February - Andrea Chupacova is coming to tell us about the work of Maggie's Centre in Cambridge.

19 March - Annual meeting.

Tea, coffee and biscuits are provided when there is a chance to chat to other members.

For details Please contact Denise Brading 232442 or Sophie Howson on 817659 or 07740 422500.

## Music Dates

In the run-up to Christmas several groups are performing both publicly and in local retirement and care homes.



**Choir 2000** members will sing carols at Bramley Court on 15 December at 3pm at Burdett House and 4.30pm at Windmill Grange.

The combined churches Carols on The Green event will take place on 18 December and will also include the local churches, Salvation Army Band and local school choir. There will be stalls opening at 6pm, including hot food and drink, a cake stall, refreshments and seasonal drinks. The carols event will begin at 6.30pm.

**The Salvation Army Band** will be playing 18 December at the Carols on the Green event, 21 December at 9.30am at the Farmers' Market, IVC, and outside Tesco, Histon, on Christmas Eve at 10am.

### Music after Christmas

#### **Choir 2000**

March 2020 - Spring Concert

Gilbert and Sullivan Choruses and Opera Choruses on 20 and 21 of March at Histon Baptist Church.

#### **Impington Music Society**

28 February at 7.30pm - Students of The Perse School

13 March at 7.30pm - Lucy Maynard a varied programme of popular and classical music for voice and piano

27 March at 7.30pm: Music for the Spring season Phillippa Jones (cello), Maurice Hodges (piano) and Jane Bevan (flute).

[sites.google.com/site/impingtonmusicsociety/](https://sites.google.com/site/impingtonmusicsociety/) for more information or turn up at a concert in the Brackenbury Room, Impington Village College, where non-members are welcome: the normal entrance to a concert is £7 (£2 for under-18s).

*Phil Whitehead*



Histon & Impington Parish Council

## Burdett House on behalf of the Residents

As many readers will know, we are battling to keep Histon's jewel of an old people's residence, Burdett House, open.

Burdett House is part of the main Abbeyfield Society and was opened 22 years ago. It was built on land left by the Chivers family.

This lovely, friendly home for up to 17



residents is located on Station Road near the Baptist Church. Over the past couple of months, we have been lobbying for it to remain open and provide a much needed home for those aged 80 plus years. It particularly caters for the older person who wishes to maintain their independence but with more support than they would get in purely sheltered housing. It is not a Care Home.

Following a recent meeting with some of the Abbeyfield Board, we have been granted two months' reprieve to demonstrate long term viability for Burdett House. We have a Group who are actively working on this, but we do need support from the Community as well as from the Local Councils. The final decision will be made on 31 January 2020.

To keep Burdett House open we need your support; we need the Community to rally round and help us win this.

We need volunteers to help with events, and to hear from those willing to become Friends of Burdett House.

Come and visit and let us know if you feel there is a demand for this sort of accommodation - do you have elderly relatives who might enjoy the homely assisted accommodation Burdett House provides? Are there neighbours who you think could benefit from being cared for in this lovely place?

When you pay us a visit you can read the information board, sign the special book, and see for yourselves what an asset it is.

We are considering a petition as well, so if anyone has any experience on this front please contact us.

We are heartbroken and do not want to leave. Burdett House is a Gem in the Community, for the Community.

For more information please contact Tony Raphael at [tonrap1@gmail.com](mailto:tonrap1@gmail.com).

Visiting times are 10am or after 2pm; to arrange a visit, please contact: Burdett House 01223 236248 or e-mail [a.vanzyl@abbeyfield.com](mailto:a.vanzyl@abbeyfield.com).

*Tony Raphael*

[www.hisimp.net](http://www.hisimp.net)

## 600 Years On!

We are very fortunate to have a medieval gem inside Impington Church. It's the 15<sup>th</sup> century painting on the north wall, which shows the Christ child being carried on the shoulder of Saint Christopher when he is crossing a swamp.

After hundreds of years, this painting (and another in the chancel) have suffered and are not in good condition - for example, the original bright colours have faded and become dark instead. Like the church itself, they are 'At Risk' and need restoration as soon as possible.

First of all, though, the church itself has to have extensive repairs and modifications to the tower. This is in hand, with the wall paintings being specially protected during that time.

There has already been a professional survey of the paintings and, after the tower restoration, it will be time to raise funds to restore them. The late Alan Eade, former long-time Chairman of the Histon and Impington Village Society, was very keen on this and the Society is hoping to make a donation in his memory towards it.

One possibility is another showing in 2020, after 10 years, of the DVD of the Son et Lumiere presentation about the history of both our villages which was put on back in 2010. How time flies! So, watch this space for further news.

*Geoffrey Smallwood*

## Community Orchard Wassail

**Sunday 19 January 2020 4 - 5pm, Histon and Impington Community Orchard**

We invite you to join us for our annual wassail at the Community Orchard. We will be singing traditional wassail songs by the Impingtones, lighting a beacon and toasting the trees to help raise them from their winter slumber.

Refreshments will be available; please bring a cup or mug to help us reduce waste. Contributions of cakes would be gratefully received.

Consider bringing musical instruments (drums, whistles, rattles etc) or pots and pans to make noise to help wake the sleeping trees.

It is recommended that you dress appropriately for the conditions and weather, as it may be muddy. Do bring a torch or a lantern to light the way and ribbons to tie onto the trees.

If the weather is very poor the event may be postponed or cancelled.

*Geoff Moore*





## A note from Andrea Cowley

2019 has been great fun!

We have had the opportunity to meet with the following young people from Histon & Impington:

96 at Histon Youth Zone

25 expanded their yoga and mindfulness skills

34 attended our 10-week babysitting course

9 completed The Generation Game Project

57 young people are now First Aid Trained

On top of this local young people are also accessing our various bus projects held in nearby villages.

I would like to thank:

- Histon & Impington Parish Council for funding the above opportunities
- The young people for investing their time with us
- And lastly, the parents who have raised such fab kids!

In 2020 we plan to do more of the same – why change a formula that already works!!!

That said, if you have an idea of a project or a skill you'd like to be able to pass on to the next generation, please do get in touch. We are always interested in expanding the work that we do – if it will enhance the lives of young people in our local community.

With very best wishes for a Happy Christmas and successful New Year!

Andrea Cowley

Assistant Manager (Youth Clubs)



## The Generation Game

We still have a few spaces left on our Generation Game Project which will start on Tuesday 14<sup>th</sup> January 2020 (6 – 7.30pm in The Pavilion at Impington Village College).

The Generation Game is a 10-week course helping young people, aged 12 plus, gain the basic level of knowledge, understanding and learning to be a safe and caring visitor for older people.

At the end of the course this year our young people visited Etheldred House. Residents and young people enjoyed having tea together, followed by an activities evening.

Tanya Watson (Dementia Unit Manager) said:

"It was lovely to see such a nice group of young enthusiastic students interacting with the residents. The way they approached and dealt with people living with Dementia is commendable."

If you are interested in finding out more, please visit our website or contact Andrea Cowley.



## Youth Zone

When: Mondays 3.45 – 5.15pm

Where: The Community Room, Histon & Impington Recreation Ground.

Who: Young people in year groups 7-9

What: A safe environment alongside Youth Workers. Offering a wide variety of activities each week including: sports; cooking; crafts; table tennis; pool; team challenges and the opportunity to meet with friends in a safe and friendly environment. Admission is free!



## Yoga & Mindfulness for teens and pre-teens - £5 per term

Yoga and mindfulness can help you relax, focus, keep calm and have fun. It's great for helping you feel energised, improving health and balance, increasing strength and stamina.

The classes include yoga postures, mindfulness and breathing exercises and relaxation.

Learning techniques to use at home and/or in the classroom to help you focus, stay calm and most importantly relax.

Sessions are from 5.30pm to 6.30pm on Mondays at The Community Room, Histon & Impington



## The Babysitting Course

This is a 10-week programme training young people to become safe and confident babysitters.

Our next course starts in April. Registration forms will be available in the New Year.



Lucy practising her story telling skills with Ash!

## Connections Youth Bus

Visiting Oakington every Monday 7-9pm on Queens Way Recreation Ground, including summer holidays. Milton Youth Zone runs on a Tuesday night in The Youth Building situated behind Tesco from 6.30- 8pm. The bus visits Cottenham every Thursday from 7-9pm on Cottenham Recreation Ground.

Orchard Park Youth Zone on Thursdays at Orchard Park Community Centre. 5.30– 7pm.

All year 7 upwards welcome to join us for football; games consoles; quizzes; crafts; internet access; and much more.







## 2019 Tennis Club Report

We have had a successful summer season on the grass courts. Membership 103 seniors; 75 juniors.

### Social tennis

- Club evenings for adults on Wednesdays and Thursdays.
- Junior supervised sessions were organised on Tuesday evenings.
- Ten tournaments organised with six trophies to play for - mainly mixed doubles but also including Ladies' doubles, Mens' doubles and Mens' singles.
- Cheese and wine social evening.
- Dilly Cup (handicap tournament with bring and share food).
- Beer and Pizza end-of-season tournament.

### Leagues matches - Summer

The club entered two Ladies' doubles teams, three Mens' doubles teams and three Mixed doubles teams.

Two teams were in Division 2 (Ladies 1 and Mixed 1), two teams will be promoted (Mens 1 to Division 2



and Mixed 3 to Division 8) and one team relegated (Mixed 1 to Division 2).

The Super Seniors (over 60s) entered three teams; Mens' doubles finished second, Ladies' doubles finished first and Mixed doubles finished first (having won the league every year bar one since its inauguration in 2013).

### Winter tennis

We run three teams in the winter leagues, Ladies' doubles, Mens' doubles and Vets (over 45s) mixed doubles.

There are also social club sessions on Sunday mornings 10 - 12 and other opportunities on weekday evenings.

### Coaching

Our club coach David Nation runs weekly coaching, holiday camps and individual coaching. For further details see [www.TennisNation.co.uk](http://www.TennisNation.co.uk).

### Wimbledon tickets

The club were allocated 17 pairs of tickets for Wimbledon which were allocated to members through a draw.

See the website for further details: [www.histontennisclub.co.uk](http://www.histontennisclub.co.uk)

Jane Fidler

## Bonfire Burn 2019

There were no damp squibs at Sunday's (3 November) Bonfire Burn 10K as nearly 900 runners blazed their way around for charity.

Now in its ninth year, the Bonfire Burn 10K went with a bang at the Histon & Impington Recreation Ground. The weather was dry and mild and there was a palpable sense of excitement ahead of this popular event organised by The Friends of Histon & Impington Recreation Ground and supported by HI Runners.

The Salvation Army band was playing as runners arrived at the venue before making their way to Station Road for a staggered start to minimise congestion. There were four waves with the sub-45 minute runners setting off at 10.30am, followed by the other three waves at 10.33am, 10.36am and 10.39am.

They followed a multi-terrain course on country roads and muddy tracks that passed along the northern edge of Cambridge including the Guided Bus Bridleway and the Science Park. Marshals and residents applauded the runners as they continued on their way before finishing at the Recreation Ground.

Graham Rush was the winner in 32:26 followed by Duncan Coombs in second place in 33:54. Johannes Arens was third in 34:00.



There was a convincing win for Georgina Schwiening in the women's race; she crossed the line in 34:37 and over seven minutes ahead of Becky Wright who was second in 41:38. Rachel Porter came third in 42:11.

A fiery medal was awarded to every finisher, a drink and a banana with refreshments available at the Recreation Centre.

Sizzling good run...

Neil Davies

## Congratulations Friends of The Rec!

The Friends of the Rec received an award at the County Living Sport awards evening on 26 November. The award was made in the 'Impact' category for those who have improved sport and physical activity participation within their local community.

The Friends of the Rec provide sports and exercise activities in the village. Pictured with the award are, from the left, Neil Davies, Edd Stonham and Greg Peck.



[www.hisimp.net](http://www.hisimp.net)

If you have any events you need to promote in our quarterly newsletter let the editors know full details at:

[hi-news.editor@hisimp.net](mailto:hi-news.editor@hisimp.net)

Next newsletter deadline: 9th March 2020 contact above with any ideas!

Dates for  
the Diary:

**Carols at The Red Lion** 23 December, 8pm. Mince pies, mulled wine and mulled cider available to get you in the Christmas spirit

**Carols at The King Bill** 23 December, 9.15pm. Mulled wine available and free mince pies!



### Jack and the Beanstalk

**Pantomime** 23 December, 4pm - Histon & Impington British Legion Club. Call 07947 062124 or visit the Club for tickets

**The Phoenix** New Years Eve, music entertainment going back through the decades. Tickets available:

[phoenixcams.co.uk/tickets](http://phoenixcams.co.uk/tickets)

**Red Lion** New Years Eve, with local Moses Carter Band

**Histon & Impington British Legion**, New Years Eve, to purchase tickets:

[www.histonrbl.co.uk](http://www.histonrbl.co.uk)

**Friends of Histon & Impington Community Winter Quiz** - 31 January, 7.30pm - Community Room, Histon & Impington Recreation Ground



## Council & Committee Meetings

See website for details: [www.hisimp.net](http://www.hisimp.net)

**Full Council** - Recreation Centre 7.30pm - Monday 20 January, 17 February, 16 March

**Planning** - Parish Office 7.30pm - Tuesday 14 January, 4 February, 25 February, 17 March

**Highways** - Parish Office 7.30pm - Tuesday 11 February

**Finance & Assets** - Parish Office 7.30pm - Monday 13 January

**Environment** - Parish Office 7.30pm - Tuesday 3 March

**Recreation** - Recreation Centre, 7.30pm - Monday 27 January, 23 March

**Residents are welcome to attend all Council meetings**

At Full Council, there is a standing agenda item for Public Participation

**Meeting dates may be subject to change; please check our website calendar for any updates**