# Claiming Attendance Allowance for people aged 65 or over

### 1. Where to send the completed form

Please send the completed form and any supporting documents to:

Attendance Allowance Unit Mail Handling Site A Wolverhampton WV98 2AD

Please return the completed claim form as soon as you can as we can only consider paying benefit from the day we receive it.

Check you have signed and dated the consent at question 18 and declaration at question 51.

For help or advice you can call the Attendance Allowance Service Centre on **0345 605 6055**.

Calls to 0345 numbers cost no more than a standard geographic call, and count towards any free or inclusive minutes in your landline or mobile phone contract.

**Textphone: 0345 604 5312** for people who do not speak or hear clearly.

We cannot accept claim forms returned by email.

### 2. Print the form

Please print the form and fill it in with a pen.



# Attendance Allowance for people aged 65 or over

This pack is available in large print or braille. Please phone **0345** 605 6055.

## **Notes**

If you want help filling in the claim form, phone the Attendance Allowance Service Centre on **0345 605 6055**.

We can also arrange interpreters if you phone or visit us.

Phone **0345 605 6055**.

If you have speech or hearing difficulties, you can contact the Attendance Allowance Service Centre by textphone on **0345 604 5312**.

Our textphone service does not receive messages from mobile phones.

Or you can contact an organisation like Citizens Advice.

Contents	Page
Things to get together before you fill in the claim form	3
How to fill in the claim form	3
What is Attendance Allowance and can I get it?	4
What do 'help with personal care' and 'supervise' mean?	5
When can I claim Attendance Allowance?	5
How is Attendance Allowance worked out? Lower rate of Attendance Allowance Higher rate of Attendance Allowance	6 6
About how your disabilities affect you	6
About medical examinations	6
Do you normally live in Great Britain?	7
Special rules Getting Attendance Allowance under the special rules means: Claiming under the special rules for someone else How to claim under the special rules How to get a DS1500 report	8 8 8 8
About your illnesses or disabilities and the treatment or help you receive Consent	9
About the aids and adaptations you use	9
About being in hospital, a care home or a similar place	10
How we pay you If we pay you too much money	10
How the Department for Work and Pensions collects and uses information	10
Help and advice about other benefits	11
What happens next	12

# Things to get together before you fill in the claim form

Before you fill in the claim form, it will be useful to have ready some of the things listed below. Do not worry if you do not have all of them.

- Your National Insurance number. You can find this on your National Insurance number card, letters from the Department for Work and Pensions, or payslips.
- The name of your GP and the address of your GP's surgery.
- Details of your medication or an up-to-date printed prescription list if you have one.
- Details of anyone you have seen about your illnesses or disabilities in the last 12 months, apart from your GP.
- Your hospital record number (if you know it). You can find this on your appointment card or letter.
- If you have been in a hospital, a care home or similar place the dates you went in and came out, and the name and address of the place you stayed.

You may also find it helpful to keep a record – write down a list of things you have needed help with or found difficult over one or two days. If you have good days and bad days, or your disability varies over time, you may want to keep a record of your needs over a good day and over a bad day. Start from the time you get up in the morning, through 24 hours, to the time you get up the following morning. You can send in the record with your form if you want to.

You do not have to fill in the form in one go. Take your time so that you can describe all the help you need.

### How to fill in the claim form

how to spell something or you ma	rm. Do not worry if you are not sure ke a mistake. If you want to correct a pen – do not use correction fluid.
Please tick the box to show your answer. For example:	Yes ✓ No

### What is Attendance Allowance and can I get it?

Attendance Allowance is to help with extra costs if you have a disability severe enough that you need someone to help look after you and you are aged 65 or older when you claim.

You may get Attendance Allowance if:

- you are 65 or over when you make your claim
- you are not entitled to Disability Living Allowance
- you are not entitled to Personal Independence Payment
- your disability means that you need help with your personal care (see page 5) or you need someone to supervise you for your own or someone else's safety (see page 5), and
- you have needed that help for at least six months.

You may not think of yourself as disabled, but if you have a health condition or illness that means you need the sort of help we tell you about in these notes, you may be able to get Attendance Allowance.

Your disability may be physical, or you may have mental-health problems, learning difficulties, sight, hearing or speech difficulties.

- Attendance Allowance is not usually affected by your income or savings (but, if you get Constant Attendance Allowance with another benefit, this will be paid instead, or reduce the amount of your Attendance Allowance).
- Attendance Allowance is not taken off other benefits and tax credits you may receive.
- You don't usually need to have paid any National Insurance contributions to claim Attendance Allowance.
- You do not have to pay tax on the Attendance Allowance you receive.
- If you get Attendance Allowance, you may get extra money with other benefits (see page 11).

# Even if you are not actually getting the help you need, you can still get Attendance Allowance.

If you are under 65, you may be able to get Personal Independence Payment instead. Contact the Personal Independence Payment Helpline if you want to ask us about a Personal Independence Payment (see **Help and advice about other benefits** on page 11).

You can find out more about Attendance Allowance by visiting **www.gov.uk** or by phoning the AA Helpline - see page 1.

### What do 'help with personal care' and 'supervise' mean?

'Help with personal care' means day-to-day help with things like:

- washing (or getting into or out of a bath or shower)
- dressing
- eating
- going to or using the toilet, or
- telling people what you need or making yourself understood (if you have a problem, such as learning difficulties, that makes this hard).

**'Supervise'** means that you need someone to watch over you to help you avoid substantial danger to yourself or other people. This could mean:

- when you take medicines or have treatment
- keeping you away from danger that you may not know is there
- avoiding danger you could face because you cannot control the way you behave, and
- stopping you from hurting yourself or other people.

You may need help with personal care or supervision because you:

- find it hard to move your arms or legs or have no control over them
- get breathless easily or are in pain, or
- have behaviour difficulties, mental-health problems, or you get confused.

### When can I claim Attendance Allowance?

You can normally only get Attendance Allowance when you have needed help for six months (unless you claim under the special rules – see page 8). If you claim straight away, we will deal with your claim as soon as possible.

## How is Attendance Allowance worked out?

There are two rates of Attendance Allowance:

- · lower rate, and
- · higher rate.

The rate you get is based on how much help you need.

#### **Lower rate of Attendance Allowance**

You may get the lower rate of Attendance Allowance if you need:

- help with personal care frequently throughout the day
- help with personal care during the night
- someone to supervise you continually throughout the day to help you avoid substantial danger
- someone to watch over you at night to help you avoid substantial danger, or
- someone with you when you are on dialysis.

### **Higher rate of Attendance Allowance**

You may get the higher rate if you need:

 help with personal care or someone to supervise you throughout the day and also during the night.

You may also be able to get this rate if you claim under the special rules (see page 8).

There are fixed amounts of money for Attendance Allowance. You can find the current rates in the leaflet called **Benefit and Pension Rates**. You can get this leaflet from any Jobcentre Plus.

The rates are also on our website at www.gov.uk

### About how your disabilities affect you

You may not think of yourself as disabled, but if you have a health condition or illness that means you need the sort of help we tell you about in these notes, you may be able to get Attendance Allowance.

We know that disabilities can affect people more on one day than another – they have good days and bad days. We know that your disability may vary over a period of time. Please try to tell us as much as you can about how your disability varies.

We also know that help needed during the day and help needed during the night can be different. There are separate questions for you to tell us about the different sort of help you might need.

## **About medical examinations**

If we cannot get a clear picture of how your illnesses or disabilities affect you, we may ask a health care professional to examine you. Medical Services, who arrange medical examinations for us will contact you if an examination is required.

These notes give you more help and advice with some of the questions in the claim form

7

If you're not British, Swiss or a national of the following countries, send us your passport, travel documents and any letters you have from the Home Office with the form.

Austria	<b>Italy</b> (including Sicily, Sardinia and Elba but not Vatican City and San Marino)
Belgium	Latvia
Bulgaria	Liechtenstein
Croatia	Lithuania
Cyprus	Luxemburg
Czech Republic	Malta
<b>Denmark</b> (but not the Faroe Islands and not Greenland)	Netherlands
Estonia	Norway
Finland (but not the Aland Islands)	Poland
France (including Corsica, Guadeloupe, Martinique, Reunion and French Guiana but not Monaco)	Portugal
Germany	Romania
<b>Greece</b> (Including Crete and the Greek Islands)	Slovakia
Hungary	Slovenia
Iceland	Spain (including the Balearic Islands, the Canary Islands and the Spanish enclaves of Ceuta and Melilla)
Republic of Ireland	Sweden

### 8

## Do you normally live in Great Britain?

To be entitled to AA you normally have to have lived in the UK for two years out of the last three and not be subject to Immigration Control. You may be able to meet this condition if you are, or have been, living in another EEA state or Switzerland.

These rules do not apply if you are terminally ill and qualify under special rules.

Also, if you have come to Great Britain from a country that is part of the European Economic Area (EEA), or Switzerland, then depending on your circumstances you may not have to wait for this period of time before you can get AA.

If you or a member of your family live in another country that is part of the EEA, or in Switzerland, then you may be able to get AA if the UK is responsible for paying you sickness benefits.

You can find more information about claiming AA when you live in another country that is part of the EEA, or in Switzerland on our website **www.gov.uk** 

## 12 Special rules

We have special rules for people who are terminally ill (this means people who have a progressive disease and are not expected to live longer than another six months).

So that we can deal with your claim as quickly as possible, it is important that you send a DS1500 report with your claim. The notes below tell you how to get a DS1500 report.

If you don't have the DS1500 report by the time you have filled in the claim form, send us the claim form straight away. Please send the DS1500 when you can.

### Getting Attendance Allowance under the special rules means:

- · getting the higher rate of Attendance Allowance
- getting paid straight away (this means you do not have to wait until you have needed help for six months – but changes like those on page 10, question 44 of these notes may still affect how much money you get), and
- we deal with your claim more quickly.

#### Claiming under the special rules for someone else

You can claim under the special rules for someone else. You do not have to tell them you are claiming for them. Tell us about them on the claim form. We will normally write to them about whether they can get Attendance Allowance, but we will not tell them anything about the special rules.

If you are filling in this form as part of your job, you do not need to tell us your National Insurance number or date of birth at question 13.

#### How to claim under the special rules

Please fill in the claim form. Tick the box at question 19 of the claim form to show you are claiming under the special rules.

If you do not tick this box, we cannot normally pay you under the special rules.

#### How to get a DS1500 report

Ask your doctor or specialist for a DS1500 report.

This is a report about your medical condition. You won't have to pay for it. You can ask the doctor's receptionist, a nurse or a social worker to arrange this for you. You do not have to see the doctor. Most doctors' practices provide DS1500 reports very quickly. Ask for the report in a sealed envelope if you do not want anyone to see it.

# About your illnesses or disabilities and the treatment or help you receive Consent

We may need to contact your GP, or the people or organisations involved with you, for information about your condition(s) or treatment. This may include medical information.

This is so that a clear understanding is gained by the department of your current needs. You do not have to agree to us contacting these people or organisations but if you do not agree, we may be unable to make sure you are entitled to the benefit you are claiming.

## About the aids and adaptations you use

We want to know if you use any aids or adaptations to help you do things. For example:

- a hoist, monkey pole or bed-raiser may help you get out of bed
- a commode, raised toilet seat or rails may help you with your toilet needs
- bath rails, a shower seat or a hoist may help you bath or shower
- a long-handled shoehorn, button hook, zip pull or sock aid may help you dress
- a stairlift, raised chair, wheelchair or rails may help you move about indoors
- a walking stick, walking frame, crutches or artificial limbs may help you get around
- special cutlery or a feeding cup may help you eat and drink, or
- a hearing aid, textphone, magnifier or braille terminal may help you communicate.

We also want you to tell us if you need help to use the aids or adaptations, and if you do, what help you get from another person.

## 45) About being in hospital, a care home or a similar place

By care home, we mean a home such as a residential care home, nursing home, hospice or similar place.

We need to know if:

- you are in a hospital, a care home or similar place when you make your claim, and
- the local authority or NHS pay anything towards the cost of your stay.

If you are awarded Attendance Allowance when you are in hospital, a care home or a similar place, we cannot pay you until you come out. But if you are a private patient or resident, paying for your stay without help from public funds, we will be able to pay you.

We may still be able to pay you if you are claiming under the special rules and you are in a hospice.

### 48) How we pay you

### If we pay you too much money

We have the right to take back any money we pay that you are not entitled to. This may be because of the way the system works for payments into an account.

For example, you may give us some information, which means you are entitled to less money. Sometimes we may not be able to change the amount we have already paid you. This means we will have paid you money that you are not entitled to. We will contact you before we take back any money.

### How the Department for Work and Pensions collects and uses information

When we collect information about you we may use it for any of our purposes. These include dealing with:

- social security benefits and allowances
- child support
- employment and training
- financial planning for retirement
- occupational and personal pension schemes.

We may get information about you from others for any of our purposes if the law allows us to do so. We may also share information with certain other organisations if the law allows us to.

To find out more about how we use information, visit our website at www.dwp.gov.uk/privacy-policy or contact any of our offices.

## Help and advice about other benefits

If you want general advice about any other benefits you may be able to claim, you can do the following.

- Visit www.gov.uk
- Contact Jobcentre Plus. The number is in the phone book.
   Look under Jobcentre Plus.
- Contact an advice service like Citizens Advice.

### To find out about Child Tax Credit or Working Tax Credit

• Contact the Tax Credit Helpline:

Phone: 0345 300 3900

Textphone: 0345 300 3909

• If you need a form or help in Welsh

phone: **0300 200 1900** 

• Visit the website at www.hmrc.gov.uk

#### To find out about Pension Credit

• you can get a leaflet about Pension Credit

• contact The Pension Service:

Phone: 0800 99 1234

Textphone: **0800 169 0133**, or visit our website at **www.gov.uk** 

### Carer's Allowance and Carer's Credit

If you are claiming Attendance Allowance and someone cares for you, read the information sheet about Carer's Allowance and Carer's Credit we have sent with this claim pack.

## What happens next

Write in the boxes below the dates we have stamped on page 1 of the form.

/	/	
/	/	
/	/	
	1	

We will write to tell you that we have received your form.

If you do not get this letter within two weeks of sending your form to us, please phone us on **0345 605 6055**.

If you have speech or hearing difficulties, you can contact us using a textphone on **0345 604 5312**.

This booklet gives you general information only and is not a complete statement of the law.

12



## Attendance Allowance, Carer's Allowance and Carer's Credit

### Please read this then pass it to your carer if you have one.

This leaflet is in two parts:

- Part one for you and
- Part two for your carer, if you have one. It gives information about Carer's Allowance and Carer's Credit.

#### Part one – for you

# Your benefit could be affected if someone claims Carer's Allowance for looking after you.

If your claim for Attendance Allowance is successful, you may get an extra amount for severe disability with an income-related benefit or Pension Credit.

If someone is paid Carer's Allowance for looking after you, you may not be able to get this extra amount. Contact the office dealing with your benefits for more information. **Your Attendance Allowance will not be affected.** 

### Part two – for your carer

#### Carer's Allowance

If you are caring for someone, for 35 hours or more each week, who is going to claim Attendance Allowance, you may want to claim Carer's Allowance. Do not claim Carer's Allowance until the person you care for is awarded Attendance Allowance, but you must claim Carer's Allowance within three months of the Attendance Allowance decision being made or you could lose benefit.

#### Carer's Allowance and other benefits

Some benefits, allowances or pensions can affect how much Carer's Allowance we can pay. This means that if you get another benefit, we may not pay Carer's Allowance at all, or pay it at a reduced rate. But you may still be entitled to Carer's Allowance even if we cannot pay it, and being entitled means that you may get an extra amount paid with income-based Jobseeker's Allowance, income-related Employment and Support Allowance, Income Support, Pension Credit or Housing Benefit.

#### How to claim Carer's Allowance or find out more information

- Visit our website at www.gov.uk
- Write to Mail opening site A, Wolverhampton, WV98 1AA
- email cau.customer-services@dwp.qsi.gov.uk

#### **Carer's Credit**

If you cannot get Carer's Allowance and look after one or more disabled people for a total of 20 hours or more a week, you may want to apply for Carer's Credit. This is a National Insurance Credit for carers of working age that can protect your future entitlement to the basic element of the State Pension and bereavement benefits. The credit may also help you build up some additional pension, sometimes called State Second Pension.

Any additional pension you are entitled to will be paid with your basic State Pension when you claim it.

You do not need to apply for Carer's Credit if you receive Child Benefit for a child under age 12 or get Carer's Allowance as you will already get National Insurance credits.

You can find out more about Carer's Credit and how to apply by visiting **www.gov.uk** or by phoning **0345 605 6055** or by Textphone **0345 604 5312**.

We can send you this leaflet in other formats, such as large print.

Other conditions of entitlement may apply. This is not intended to be a complete statement of law and you should not rely on it as such.

NONZZCAAAFlyer\_062015\_006\_001 June 2015



# Attendance Allowance for people aged 65 or over

Please fill in this claim form and send it back to us as soon as you can. We can only consider paying benefit from the day we receive it.



Before you fill in this form, read page 3 of the notes booklet that came with this form.

## **About you**

Please tell us your personal details. If you are filling in this form for someone else, tell us about them, not you.

1 Surname or family name	
All other names in full	
<b>Title</b> For example, Mr, Mrs, Miss, Ms	Letters Numbers Letter
2 National Insurance number	
3 Date of birth (day/month/year)	/ /
4 Sex	Male Female
5 The full address where you live	
	Postcode
6 Daytime phone number Please include the dialling code.	
Mobile phone number, if different	
If you have speech or hearing diffice by textphone, please tick this box.	culties and want us to contact you
Textphone number	
7 What is your nationality? Please see question 7 in	

the notes booklet

# About you (continued)

8	<b>Do you normally live in Great Britain?</b> Great Britain is England, Scotland and Wales.								
	For more information please read page 7 of the <b>notes</b> .  Yes Please continue below. No Go to question 9.								
	If you live in Wales and would like us to contact you in Welsh in future, tick this box.								
9	Have you been abroad for more than 4 weeks at a time in the last 3 years?  Abroad means out of Great Britain.								
	Yes Please continue below. No Go to question 10.								
	Please tell us when you went abroad.								
	From / / To / /								
	Tell us where you went.								
	Tell us why you went.								
	If you have been abroad more than once in the last 3 years, please tell us the dates you went, where you went and why you went at question 50 <b>Extra information.</b>								
10	Entitlement to other benefits from another European Economic Area (EEA) State or Switzerland								
	Are you, your wife, husband or civil partner receiving any pensions or benefits from another EEA state or Switzerland?								
	No Go to question 11. Yes We will contact you about this.								
	Don't know We will contact you about this.								
11	Entitlement to other benefits from another EEA State or Switzerland  Are you, your wife, husband or civil partner working in or paying insurance to another EEA								
	state or Switzerland? By insurance we mean connected to work, like UK National Insurance.								
	No Go to question 12. Yes We will contact you about this.								
	Don't know We will contact you about this.								

# About you (continued)

Special		af + a a+ a	الديدة الم		-f	
<b>U</b>	You <b>must</b> read page 8 complete this question		Dout	special rules b	erore you	l
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If yo	ou are claiming under th	e special rules	s, tick	this box.		
If you o	re claiming under the sp	ecial rules you	do n	ot need to ans	swer ques	stions 2
	ease send this form to us octor or specialist.	s with a DS150	00 rep	ort. You can g	et the rep	ort fro
send th	nave not got your DS1500 ne claim form straight aw 1500 report when you can	ay. If you wait		•		
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Signiı	ng the form for s	·		2		
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ou can you've That is the pe	fill in the form for some	one else, but to receitee, a deputy of stoo ill or disc	elso they eive a or ho	must still sign nd deal with tl d a Power of <i>i</i> to claim for th	heir bene Attorney, nemselves	fits. or
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you've That is the pe you we	fill in the form for some already been legally appoin s, you're a benefit appoin arson you're claiming for it ant to be appointed to re	one else, but to receive and deal	elso they eive a or ho abled l with	must still sign nd deal with the da Power of a to claim for the their benefits	heir bene Attorney, nemselves , or	fits. or and
you've That is the pe you we	fill in the form for some already been legally apply, you're a benefit appoint ant to be appointed to recompleting this form in	one else, but to receive and deal	elso they eive a or ho abled l with	must still sign nd deal with the da Power of a to claim for the their benefits	heir bene Attorney, nemselves , or r knowled	fits. or and
you've That is the pe you we you're Are you (es	fill in the form for some already been legally appoint, you're a benefit appoint and to be appointed to recompleting this form in signing the form for some	someone one else, but to cointed to rece tee, a deputy of s too ill or disc ceive and deal their absence of neone else? No	else they eive a or ho abled l with and/a	must still signed deal with the deal without the deal with	heir bene Attorney, nemselves , or r knowled	fits. or s and dge.

illness or the special rules in our notifications.

# Signing the form for someone else (continued)

<b>I'm an appointee</b> , appointed by the Department for Work and Pensions	
I hold Power of Attorney	
I'm a Deputy	
I'm a Tutor (under Scottish law)	
I'm a Curator bonis or Judicial factor (under Scottish law)	
I'm a Corporate Acting Body or Corporate Appointee	Please tell us the name of your organisation.
For example, an organisation appoint such as a local authority or firm of so	ted to act on behalf of the person the benefit is for, olicitors.
	nority we'll need to see it before we can process er of attorney or the relevant documents with this a certified copy.
I want to be appointed to act on the	eir behalf.
<ul> <li>the person you're claiming for is to disabled to claim for themselves at want to be appointed to handle the fit affairs, or</li> <li>you're in the process of becoming appointed representative.</li> <li>We'll contact you about this.</li> </ul>	nd you eir bene
Your name	
National Insurance number	Letters Numbers Letter
Date of birth (day/month/year)	/ /
Your full address	
	Postcode
Daytime phone number, including the dialling code	

# About your illnesses or disabilities and the treatment or help you receive

14

Please list separately details of your illnesses or disabilities in the table below.

By illnesses or disabilities we mean physical, sight, hearing or speech difficulty or mental-health problems.

If you have a spare up-to-date printed prescription list, please send it in with this form. If you send in your prescription list you do not need to tell us about your medicines and dosage in the table below, but we still need to know your illness or disability.

You can find the dosage on the label on your medicine.

By treatments we mean things like physiotherapy, speech therapy, occupational therapy or visiting a day-care centre or a mental-health professional for counselling or other treatments.

Name of illness or disability	How long have you had this illness or disability?	What medicines or treatments (or both) have you been prescribed for this illness or disability?	What is the dosage and how often do you take each of the medicines or receive treatment?
<b>Example</b> Alzheimer's	Two years	Aricept	10 milligrams (mg) One tablet a day
<b>Example</b> Kidney failure	One year	Dialysis	Two times a week
<b>Example</b> Partially sighted	About 10 years	None	None

If you need more space to tell us about your illnesses or disabilities, please continue at question 50 **Extra information**.

# About your illnesses or disabilities and the treatment or help you receive (continued)

Apart from your GP, in the last 12 months have you seen anyone about your illnesses or disabilities?							
For example, a hospital doctor or consultant, district or specialist nurse, community psychiatric nurse, occupational therapist, physiotherapist, audiologist or social worker.							
No Go to question 16.							
Postcode							

If you have seen more than one professional, please tell us their contact details, what they treat you for and when you last saw them at question 50 **Extra information**.

# About your illnesses or disabilities and the treatment or help you receive (continued)

16	Does anyone else help you because For example, a carer, support worker	of your illnesses or disabilities? r, nurse, friend, neighbour or family member.
	Yes Please continue below.	No Go to question 17.
	Their name	
	Their full address	
		Postcode
	Their phone number, including the dialling code	
	What help do you get from them?	
	Their relationship to you	
	How often do you see them?	
	If more than one person helps you, p question 50 <b>Extra information.</b>	please tell us their name and how they help you at
17	About your GP	
	The GP only gives details of medical a	fact, they don't decide if you can get
	Their name If you do not know your GP's name, please give the name of the surgery or health centre.	
	Their full address	
		Postcode
	Their phone number, including the dialling code	
	When did you last see them because of your illnesses or disabilities?	

## About your illnesses or disabilities and the treatment or help you receive (continued)

18

### Consent



For more information please read page 9 of the **notes** 

We may want to contact your GP, or the people or organisations involved with you, for information about your claim. This may include medical information. You do not have to agree to us contacting these people or organisations, but if you don't agree, we may be unable to make sure you are entitled to the benefit you are claiming.

We, or any health care professional working for an organisation approved by the Secretary of State, may ask any person or organisation to give them or us any information, including medical information, which we need to deal with:

- this claim for benefit, or
- any appeal or other request to reconsider a decision about this claim.

Please	tick one	of the	consent	options	then	sian	and	date	belo	ow.
				- p						

Please tick one of the consent options then significantly	gn and date below.
I agree to you contacting the people or organisations statement above.	described in the
Yes No	
Signature	Date
	/ /
Please make sure you also sign and date the declara	tion at question 50.

If you are claiming under the special rules, please go to question 45. You do not have to answer any more questions until then.

19 Do you have any reports about your illnesses or disabilities?

These may be from a person who treats you, for example, an occupational therapist, hospital doctor or counsellor. It may be an assessment report, a care plan or something like this.

Yes Please send us a copy if you have one.	No	Go to question 20
--	----	-------------------

Do not worry if you do not have any reports. Just send in your claim form.

# About your illnesses or disabilities and the treatment or help you receive (continued)

The date you were put on the waiting list	What s have?	urgery are you goin	g to	When is the surger planned for, if you know this?
Example 13 December 2014	Operati	on to replace my rig	ht hip	1 December 2015
Have you had any tests for example, a peak flow,  Yes Tell us about the table below	a treadm	ill exercise, a hearin		
For example, a peak flow, Yes Tell us about th	a treadm lese in v.	ill exercise, a hearin	ıg or sigh	
For example, a peak flow,  Yes Tell us about th the table below	a treadm	No Go	or sigh	
For example, a peak flow, Yes Tell us about th the table below  Date and type of test  Example	a treadm	No Go  Results	or sigh	
For example, a peak flow, Yes Tell us about th the table below  Date and type of test  Example	a treadm	No Go  Results	or sigh	

# About your illnesses or disabilities and the treatment or help you receive (continued)

23	Where is there a toilet	t in yo	ur home?	
	Upstairs Down	stairs	Other	
			Tell us where.	
24	Where do you sleep in	your l	home?	
	Upstairs Down	stairs	Other	
			Tell us where.	
25	Please list any aids or	adapt	ations you use.	
	professional, for exam	<b>iple, a</b> i sing ar	n occupational therapist.  ny aids or adaptations or you	n prescribed by a health care need help from another person
	For more inform	mation	please read page 9 of the <b>no</b>	tes.
	Aids and adaptations	<b>√</b>	How does this help you?	What difficulty do you have using this aid or adaptation?
	<b>Example</b> Magnifier		Helps me to see the print in the newspaper.	None
	<b>Example</b> Stairlift		I can get up and down stairs	I need help to get in and out of the chair.

If you need more space to tell us about your aids or adaptations, please continue at question 50 **Extra information**.

### Care needs

2	6	\

### When your care needs started

Normally, you can only get Attendance Allowance if you have had difficulty or needed help for six months.

Please tell us the date your care needs started.

If you cannot remember the exact date, tell us roughly when this was.

/	/	

### Your care needs during the day

During the day includes the evening. Care needs during the night are covered later.

By care needs we mean help or supervision, due to an illness or disability, with:

- · everyday tasks like getting in and out of bed, dressing, washing
- taking part in certain hobbies, interests, social or religious activities, or
- · communication.

Help means physical help, guidance or encouragement from someone else so you can do the task. Use the tick boxes to tell us about the difficulty you have or the help you usually need. Usually means most of the time.

It is important that you tell us about the difficulty you have or the help you need, whether you get the help or not.



For more information about care and supervision see page 5 of the **notes.** 

## Help with your care needs during the day

27	Do you usually have difficulty or do you or getting into bed at night?	need	help getting out of bed in the morning
	Yes Please tick the boxes that apply to you.	No	Go to question 28.
	I have difficulty:		
	getting into bed		
	getting out of bed		
	I need help:		
	getting into bed		
	getting out of bed		
	I have difficulty concentrating or motivating myself and need:		
	<ul> <li>encouraging to get out of bed in the morning</li> </ul>		
	encouraging to go to bed at night		

Is there anything else you want to tell us about the difficulty you have or the help you need getting in or out of bed? For example, you may go back to bed during the day or stay in bed all day. No Tell us in the box below. Go to question 28. Yes Do you usually have difficulty or do you need help with your toilet needs? This means things like getting to the toilet, or using the toilet, commode, bedpan or bottle. It also means using or changing incontinence aids, or a catheter or cleaning yourself. Yes Please continue below. Go to question 29. No Please tell us what help you need and how often you need this help. For example If you need help to get to and use the toilet four times a day, you would fill in the boxes as shown below. I have difficulty: How often each day? with my toilet needs 4 How often each day? I have difficulty: with my toilet needs • with my incontinence needs I need help: How often each day? with my toilet needs with my incontinence needs I have difficulty concentrating or How often each day? motivating myself and need: encouraging with my toilet needs

• encouraging with my incontinence needs

28

Yes	Tell us in the bo	ox below.	No	Go to	question 2	29.
or look This me	usually have diffi ing after your app eans things like ge ance or looking aft	<b>pearance?</b> tting into or o	ut of the b	ath or sh	ower, chec	king your
	g your teeth, wash	•				_
Yes	Please continu	e below.	No	Go to	question 3	30.
Please	tell us what help	you need and	how ofte	n you nee	d this hel	р.
I have	difficulty:		Н	ow often e	ach day?	
• lookir	ng after my appea	rance	Γ			
• gettir	ng in and out of the	e bath				
		self or looking	_ ı Г			
	ing and drying my my personal hygie	ene	' L			
after		ene	' L			
after	my personal hygie a shower	ene		ow often e	each day?	
after • using I need	my personal hygie a shower			ow often e	each day?	
<ul><li>after</li><li>using</li><li>I need</li><li>lookir</li></ul>	my personal hygie a shower help:	rance		ow often e	each day?	
<ul><li>after</li><li>using</li><li>I need</li><li>lookir</li><li>gettir</li><li>wash</li></ul>	my personal hygie a shower help: ng after my appear	rance e bath rself or looking	 	ow often e	each day?	

motivating myself and need:	How often each day?
<ul> <li>encouraging to look after my appearance</li> </ul>	
<ul> <li>encouraging or reminding about washing bathing, showering, drying or looking after my personal hygiene</li> </ul>	· I
Is there anything else you want to tell us help you need washing, bathing, showerir personal hygiene?	
Yes Tell us in the box below.	Go to question 30.
Do you usually have difficulty or do you n  Yes Please continue below.	
	<b>No</b> Go to question 31.
Yes Please continue below.	<b>No</b> Go to question 31.
Yes Please continue below.  Please tell us what help you need and how	No Go to question 31.  w often you need this help.
Yes Please continue below.  Please tell us what help you need and how I have difficulty:  • with putting on or fastening clothes	No Go to question 31.  w often you need this help.
Yes Please continue below.  Please tell us what help you need and how  I have difficulty:  with putting on or fastening clothes or footwear	No Go to question 31.  w often you need this help.
Yes Please continue below.  Please tell us what help you need and how  I have difficulty:  with putting on or fastening clothes or footwear  with taking off clothes or footwear	No Go to question 31.  w often you need this help.
Yes Please continue below.  Please tell us what help you need and how  I have difficulty:  with putting on or fastening clothes or footwear  with taking off clothes or footwear  with choosing the appropriate clothes	No Go to question 31.  W often you need this help.  How often each day?
Yes Please continue below.  Please tell us what help you need and how  I have difficulty:  with putting on or fastening clothes or footwear  with taking off clothes or footwear  with choosing the appropriate clothes  I need help:  with putting on or fastening clothes	No Go to question 31.  W often you need this help.  How often each day?

motivating myself and need:	How often each day?					
• encouraging to get dressed or undressed	d					
<ul> <li>reminding to change my clothes</li> </ul>						
Is there anything else you want to tell us need dressing or undressing?	s about the difficulty you have or the help					
For example, you may get breathless, feel	pain or it may take you a long time.					
Yes Tell us in the box below.	No Go to question 31.					
By indoors we mean anywhere inside, no	need help with moving around indoors? t just the place where you live.					
By indoors we mean anywhere inside, no	-					
Yes Please tick the boxes that apply to you.	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes that apply to you.  I have difficulty:	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes that apply to you.  I have difficulty:  • walking around indoors	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes that apply to you.  I have difficulty:  • walking around indoors  • going up or down stairs	t just the place where you live.					
Yes Please tick the boxes that apply to you.  I have difficulty:  walking around indoors  going up or down stairs  getting in or out of a chair	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes that apply to you.  I have difficulty:  • walking around indoors  • going up or down stairs  • getting in or out of a chair  • transferring to and from a wheelchair	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes that apply to you.  I have difficulty:  • walking around indoors  • going up or down stairs  • getting in or out of a chair  • transferring to and from a wheelchair  I need help:	t just the place where you live.					
By indoors we mean anywhere inside, not Yes Please tick the boxes that apply to you.  I have difficulty:  • walking around indoors  • going up or down stairs  • getting in or out of a chair  • transferring to and from a wheelchair  I need help:  • walking around indoors	t just the place where you live.					

mot	tivatir	ng my	self o	icentro ind ne mindin	ed:	nove a	roun	d ind	loors	s [					
you	need	with	movi	ng aro	und i	ndoors	s?				ficulty y			-	
For	exam	ple, y	ou mo	ay holo	d on to	) furnit	ture t	o ge	t ab	out c	r it may	take y	ou a lo	ong time	ž.
Yes		Tell	us in t	he bo	x belo	w.	N	o [		Go t	o questi	on 32.	•		
Fall Stu	ckout (  mble  at hap	or have	Pleas Pleas Whe	t. se cont se cont n you f	tinue l tinue l fall or	below.  below.  stuml  nd if yo	ble?		No	) [	Go to	-	tion 33		у,
															_
Ца	10.110	haar	vo£-	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	. a [a]	la Clim	ies								
		been	refel	rea to	a ral	lls Clin	iiC?			_					
Yes									No	)					

Do you need help to get up after a fall?  Tell us if you have difficulty getting up after a f	fall and the help you need from someone els				
Yes Tell us in the box below.	No				
When did you last fall or stumble? If you don't know the exact date, tell us roughly when this was.	/ /				
<b>How often do you fall or stumble?</b> Tell us roughly how many times you have	times last month				
fallen or stumbled in the last month or year.	times last year				
Do you usually have difficulty or do you need drinking?	l help with cutting up food, eating or				
This means things like getting food or drink int on your plate.	to your mouth or identifying food				
Yes Please continue below. No	Go to question 34.				
I have difficulty:	How often each day?				
eating or drinking					
<ul> <li>with cutting up food on my plate</li> </ul>					
I need help:	How often each day?				
• eating or drinking					
<ul> <li>with cutting up food on my plate</li> </ul>					
I have difficulty concentrating or motivating myself and need:	How often each day?				
<ul> <li>encouraging or reminding to eat or drink</li> </ul>					

help you need with cutting up food,	eating or drinking?
Yes Tell us in the box below.	No Go to question 34.
with your medical treatment?	you need help with taking your medicines or inhaler, eye drops, physiotherapy, oxygen
therapy, speech therapy, monitoring t	reatment, coping with side effects, and help des handling medicine and understanding
Yes Please continue below.	No Go to question 35.
Please tell us what help you need ar	nd how often you need this help.
I have difficulty:	How often each day?
• taking my medication	
• with my treatment or therapy	
I need help:	How often each day?
• taking my medication	
• with my treatment or therapy	
I have difficulty concentrating or motivating myself and need:	How often each day?
<ul> <li>encouraging or reminding to take my medication</li> </ul>	
<ul> <li>encouraging or reminding about my treatment or therapy</li> </ul>	у

Yes	Tell us in the box below.	No	Go to question 35.
Do you us	ially pood boln from an	other nerce	on to communicate with other poorle
For examp speech dif	le, you may have a ment	al-health p	on to communicate with other people roblem, learning disability, sight, hear ate. Please answer as if using your nor
For examp speech dif aids, such	le, you may have a ment ficulty and need help to a	al-health p	roblem, learning disability, sight, hear
For examp speech dif aids, such	le, you may have a ment ficulty and need help to a as glasses or a hearing a Please tick the boxes that apply to you.	cal-health p communica iid.	roblem, learning disability, sight, hear ite. Please answer as if using your nor
For examp speech diff aids, such  Yes  I have diff	le, you may have a ment ficulty and need help to a as glasses or a hearing a Please tick the boxes that apply to you.	cal-health p communica iid.	roblem, learning disability, sight, hear ite. Please answer as if using your nor
For examp speech dif aids, such  Yes  I have diff  understo	le, you may have a ment ficulty and need help to a as glasses or a hearing a Please tick the boxes that apply to you.  Ficulty: Inding people I do not known and the derstood by people who	cal-health p communica iid.  No	roblem, learning disability, sight, hear ite. Please answer as if using your nor
For examp speech diff aids, such  Yes  I have diff and and a understant when we were speech different aids.	le, you may have a ment ficulty and need help to a as glasses or a hearing a Please tick the boxes that apply to you.  Ficulty: Inding people I do not known and the derstood by people who	cal-health p communica iid.  No  now well  do not	roblem, learning disability, sight, hear ite. Please answer as if using your nor
For examp speech diff aids, such  Yes  I have diff and aids are understored to being unknown metals are concentrated.	le, you may have a ment ficulty and need help to a as glasses or a hearing a Please tick the boxes that apply to you. Ficulty: anding people I do not kn derstood by people who	cal-health p communica iid.  No  now well  do not	roblem, learning disability, sight, hear ite. Please answer as if using your nor
For examp speech diff aids, such  Yes  I have diff  understa being unknow me concentra answering	le, you may have a ment ficulty and need help to a as glasses or a hearing a Please tick the boxes that apply to you.  Ficulty: Inding people I do not know the derstood by people who well rating or remembering the	ral-health p communica iid.  No  now well  do not  nings	roblem, learning disability, sight, hear ite. Please answer as if using your nor

I need help:	
• understanding people I do not know well	
<ul> <li>being understood by people who do not know me well</li> </ul>	
<ul> <li>concentrating or remembering things</li> </ul>	
<ul> <li>answering or using the phone</li> </ul>	
<ul> <li>reading letters, filling in forms, replying to mail</li> </ul>	
• asking for help when I need it	
Is there anything else you want to tell us about need from another person to communicate we for example, you use BSL (British Sign Language)  Yes  Tell us about your communication needs in the box below.	ith other people?
How many days a week do you have difficulty help with the care needs you have told us abo questions 26 to 34?	I QUVS I

37	Do you usually need help from another person to actively take part in hobbies, interests, social or religious activities?  We need this information because we can take into account the help you need or would need to take part in these activities, as well as the other help you need during the day.
	Yes Please continue below. No Go to question 38.
	Tell us about the activities and the help you need from another person at home.

What you do or would like to do.	What help do you need or would you need from another person to do this?	How often do you or would you do this?
Example		
Listening to music	I cannot see and need help to find the disc I want and put the disc in the player.	Four or five times a week

Tell us about the activities and the help you need from another person when you go out.

What you do or would like to do.	What help do you need or would you need from another person to do this?	How often do you or would you do this?		
<b>Example</b> Swimming	When I get to the swimming pool I need help to get changed, to dry myself and to get in and out of the pool.	Three times a week for half an hour each time.		

If you need some more space to tell us about your hobbies, interests, social or religious activities please continue at question 50 **Extra Information.** 

Do you usually need someone to keep an For example, you may have a mental-heal speech difficulty and need supervision.	n eye on you? alth problem, learning disability, sight, hearing
Yes Please tick the boxes that apply to you.	No Go to question 40.
Please tell us why you need supervision.	•
• To prevent danger to myself or others.	
• I am not aware of common dangers.	
• I am at risk of neglecting myself.	
• I am at risk of harming myself.	
• I may wander.	
<ul> <li>To discourage antisocial or aggressive behaviour.</li> </ul>	
• I may have fits, dizzy spells or blackouts	s.
• I may get confused.	
<ul> <li>I may hear voices or experience thought that disrupt my thinking.</li> </ul>	nts
How long can you be safely left for at a time?	
Is there anything else you want to tell us another person?	is about the supervision you need from
Yes Tell us in the box below.	No Go to question 39.
How many days a week do you need som an eye on you?	neone to keep day

## Help with your care needs during the night

By night we mean when the household has closed down at the end of the day.

Do you usually have difficulty or need help d				
This means things like settling, getting into po your bedclothes back on the bed if they fall of using a commode, bedpan or bottle, getting to prescribed for you and having any treatment of	f, getting to the toil o and taking the tab	et, using the toilet,		
Yes Please continue below. No	Go to question	on 42.		
Please tell us what help you need, how often help for.	_	_		
I have difficulty or need help:	How often each night? 1 2 3+	How long each time?		
• turning over or changing position in bed		minut		
• sleeping comfortably		minut		
• with my toilet needs		minut		
with my incontinence needs		minut		
• taking my medication		minut		
• with treatment or therapy		minut		
I have difficulty concentrating or motivating myself and need:	How often each night? 1 2 3+	How long each time?		
	1 2 3+	minut		
<ul> <li>encouraging or reminding about my toilet or incontinence needs</li> </ul>		minac		
<ul> <li>or incontinence needs</li> <li>encouraging or reminding about medication or medical treatment</li> </ul> Is there anything else you want to tell us ab	out the difficulty yo	minut		
<ul> <li>or incontinence needs</li> <li>encouraging or reminding about medication or medical treatment</li> </ul>	out the difficulty yo	minut ou have or the help y		
or incontinence needs • encouraging or reminding about medication or medical treatment  Is there anything else you want to tell us ab need during the night?				
or incontinence needs encouraging or reminding about medication or medical treatment there anything else you want to tell us ab eed during the night?		minut ou have or the help y		
or incontinence needs • encouraging or reminding about medication or medical treatment  Is there anything else you want to tell us ab need during the night?		minut ou have or the help y		
or incontinence needs • encouraging or reminding about medication or medical treatment  Is there anything else you want to tell us ab need during the night?		minute ou have or the help y		

help with your care n		lifficulty or need	nights
> <b>Do you usually need</b> For example, you may		over you?  Palth problem, learning dis	sabilitv. siaht. hearina oi
		on to be awake to watch o	
Yes Please tick that apply		No Go to question	on 44.
Please tell us why yo	u need watching o	over.	
• To prevent danger t	o myself or others.		
• I am not aware of c	ommon dangers.		
• I am at risk of harm	ing myself.		
• I may wander.			
<ul> <li>To discourage antise aggressive behavior</li> </ul>			
• I may get confused			
• I may hear voices o that disrupt my thir		hts	
How many times a ni awake to watch over		person need to be	
How long on average to watch over you at		son need to be awake	minutes
Is there anything els over you?	e you want to tell	us about why you need s	omeone to watch
Yes Tell us in th	e box below.	No Go to question	on 43.
How many nights a wover you?	veek do you need s	someone to watch	nights

## Help with your care needs

If you need some more space to tell us about the help you need or the difficulty you have with your care needs, please continue at question 50 **Extra information.** 

# About time spent in hospital, a care home or a similar place

45 Are you in hospital, a care home or similar place now?

	For example, a residential care home, nursing home, hospice or similiar place.											
	For more information please	read page 10 of the <b>notes</b> .										
	Yes Tell us when you went in.	<b>No</b> Go to question 46.										
	Please tell us the full name and address of the place where you are staying.											
		Postcode										
	If you are in hospital, why did you go into hospital?											
	Does a local authority, health authority, education authority or a government department give you, or the place where you stay, any money towards the costs of your stay?											
	Yes If "Yes", which authority government department pays?	or No Go to question 46.										
46	Have you come out of hospital, a ca	re home or similar place in the past six weeks?										
	Yes Tell us when you went in.	No Go to question 47.										
	/ /											
	Tell us when you came ou	t.										
	/ /											
	Please tell us the full name and address of the place where you were staying.											
		Postcode										
	If you have been in hospital, why did you go into hospital?											

# About time spent in hospital, Constant Attendance Allowance and How we pay you

47) (	Constant	Atte	nda	nce	Allo	owa	nce											
P	lease tick	the b	oox it	you	are	gett	ing c	or wa	iting	to h	near	abou	ıt:					
•	War Pens	ion C	onsto	ant A	tten	danc	e All	owai	nce									
•	Industria	l Inju	ries [	Disab	leme	ent B	enef	ît Co	nstar	nt At	tend	ance	e Allo	wan	ce			
48 H	low we p	ay y	ou															
		Please	e rea	d pa	ge 10	of t	he <b>n</b>	otes	befo	re yc	ou fill	in th	nis po	ige.				
	Please tell us the account details below.  It's very important you fill in all the boxes correctly, including the building society roll or reference number, if you have one. If you tell us the wrong account details your payment may be delayed or you may lose money.																	
	Name of the account holder Please write the name of the account holder exactly as it is shown on the chequebook or statement.																	
	Full nam building			or														
	<b>Sort cod</b> Please to for exam	ell us			,	,		[										
	Account Most acco long. If y fewer th the num	ount our c an 10	num Iccou Inum	nt n	umb s, ple	er ho	IS	L										
	Building	soci	ety ro	oll o	refe	erend	e nu	ımbe	r				_		-	-		_
	If you ar reference to 18 channels of the number,  You may entitlem account, into the this box.	e nur aract ask t get a ents If yo accou	nber. ers lo he b other we d u wa	This ong. uildin ben o no	s may If young so efits t pay s to p	y be in the policy be and on the policy be and on the policy the policy be and the p	made not /. an hem	e up sure	of let	ters	and	num	bers	, and	l may	y be		

# Statement from someone who knows you

 $\rangle$  Please note, this statement does not have to be filled in.

•	be filled in, the best person to do it is the one who is it or care. This may be someone you have already told
If you are signing this form on beh fill in this section.	nalf of the disabled person, please get someone else to
How often do you see the person	this form is about?
Please tell us what their illnesse by them.	s and disabilities are, and how they are affected
Tall was war in a market and a mark	
Tell us your job, profession or rel	ationship to the person this form is about.
Your full name	
Your full address	
	Postcode
<b>Daytime phone number,</b> where we can contact you or leave a message	
Your signature	
-	
Date	/ /

## **Extra information**


Continue on a separate piece of paper, if necessary. Remember to write your name and National Insurance number at the top of each page.

## **Declaration**

51

We cannot pay any benefit until you have signed the declaration, and returned the form to us. Please return the signed form straight away.

**I declare** that the information I have given on this form is correct and complete as far as I know and believe.

**I understand** that if I knowingly give false information, I may be liable to prosecution or other action.

**I understand** that I must promptly tell the office that pays my Attendance Allowance of anything that may affect my entitlement to, or the amount of, that benefit.

**I understand** that the Department for Work and Pensions may use the information which it has now or may get in the future to decide whether I am entitled to:

- the benefit I am claiming
- any other benefit I have claimed
- any other benefit I may claim in the future.

This is my claim for Attendance Allowance.

Signature	Date			
		/	/	
Print your name here				
Have you signed and dated the consent qu	estion 18 (	on this c	laim form	?



For information about how we collect and use information and help and advice about other benefits, see pages 10 and 11 of the **notes**.

## What to do now

	Please check that you have filled in all the questions that apply to you or the person you are claiming for. Failure to answer all the required questions may affect the time taken to deal with your claim.
	Checklist
	Make sure you have ticked the relevant box and signed the <b>consent at</b> question 18.
	Make sure you have signed the <b>declaration at question 51</b> .
	Make sure that you have included full details of your <b>GP at question 17</b> .
	Make sure that you have included full details for <b>anyone else you have</b> seen at question 15.
	Make sure that you have included full details for <b>anyone else who helps</b> you at question 16.
	Make sure you have completed care needs start date at <b>question 26</b> .
2	Please list all the documents you are sending with this claim form below.  For example, a prescription list, a certificate of vision impairment, a medical report, passport or a care plan.
	Send the claim form and any reports, if you hold them, back to us in the envelope we have sent you. It does not need a stamp. Send copies as we cannot return them

# What happens next

For information about what happens next, see page 12 of the **notes.**