

The Newsletter of Histon & Impington Parish Council



Issue 21 - December 2017



A View Down the High Street

This is the first of a regular column about the commercial activity that is such an integral part of our villages.

In terms of news, The Boot has been bought by The White Brasserie chain www.whitebrasserie.com and is being redeveloped with a target opening date in February 2018.

The site that includes Tesco, the Library, The Indian Ocean and Print-out has been sold; the developer is keen to engage with the community.

You will see this poster in shop windows in the village which is part of a cross-business campaign to encourage people to shop locally. If everybody living in Histon and Impington spent just £5 per week in their local independent shops, instead of online or at the big supermarkets, it would be worth an extra £2,756,000 per year going into our local economy.

The 'High Street and Beyond' working party have been busy! We have our first planter on the Green. The planter was made by Paul Jones at Cottenham Sawmills, adapted and lined with 100% donated recycled materials; the soil and plants were very kindly donated by Martin Fussinger of Bell Hill Plants, with additional plants and bulbs from Oakington Garden Centre for a special discounted rate. We very much hope these bargain beauties brighten your day and make their way up the High Street!

For £100 you can sponsor your very own planter!

Watch this space!



Baptist Church Junction

Thanks for sorting out this junction; it is so much better for me and others who can now cross more safely - Thank you to the Parish Council! - received from a local electric scooter user

Hollyoak Vets have raised £52 this quarter, thank you for your support!

Each visit by Histon & Impington residents raised £1 toward community projects.



All Change at the Council

We are delighted to report that Chelsea O'Brien, who has worked for the Council now as administrative support for 8 years, has been

promoted to **hi** Histon and Impington | Parish Council Deputy Clerk

and will be supporting Angela Young in her ever-expanding role as Clerk to the Council.

She will continue to clerk the Planning and Highways Committees.

Chelsea is well known to many who contact the Parish Council regularly, and is a fully qualified Clerk, having gained the Certificate of Local Council Administration in 2014. She says, "I am really pleased to have this chance to use my skills and knowledge, and look forward to the challenge of working closely with Angela on our growing agenda as more and more is passed down to Parish level from the higher authorities."

Well done Chelsea!

Meanwhile, our Apprentice Groundsperson, Alex Hale, has finished his apprenticeship with the Council and from this month will be employed on a fixed-term contract as a Grounds Operative.

As well as taking on key responsibilities at the recreation ground, Alex will be expanding on other skills in all parts of the villages, notably the Burial Ground, Homefield Park, The Green and Play areas.

Welcome on board Alex!



Parish Office Contacts

Open at the Recreation Ground Centre

Monday to Thursday 9.30 a.m. - 12.30 p.m.

Tuesday 2.00 p.m. - 4.00 p.m.

Other times by appointment

Parish Clerk: Angela Young

clerk@hisimp.net

Deputy Clerk: Chelsea O'Brien

deputy.clerk@hisimp.net

Telephone: 235906

Office Manager: Lynda Marsh

office@hisimp.net

Telephone: 232423

Groundsman: Steve Campin

groundsman@hisimp.net

Parish Councillors

Chairman

Andy Butcher - Nuns Orchard 513494

andy.butcher@hisimp.net

Vice Chairman

Denis Payne - Impington Lane 233577

denis.payne@hisimp.net

Aga Cahn - Hereward Close 232186

Steve Carrington - Nuns Orchard 07802 443859

Marian Cleaver - High Street 232897

Neil Davies - Dwyer Joyce Close 232514

Tim Ewbank - Burgoynes Road 236627

Elaine Farrell - New School Road 572002

Cedric Foster - Clay Street 234156

David Jenkins - Pease Way 07739 758859

Ashley Gordon - Dwyer Joyce Close % 235906

Brian Ing - Woodcock Close 234291

Simon Jocelyn - Villa Place 232241

David Legge - Villa Road 233565

Pene Nudds - Clay Close Lane 237155

Helena Perry - Saffron Road % 235906

Edd Stonham - Normanton Way 564534

Josephine Teague - Milton Rd 235127

Nick Wood - Mill Road % 235906

County Councillors:

David Jenkins - Pease Way 236232

District Councillors:

Christopher Cross - Willingham 01954 260790

Edd Stonham - Normanton Way 564534

Neil Davies - Dwyer Joyce Close 232514

Parish Councillor mail addresses are
name.surname@hisimp.net, or can be found at

www.hisimp.net

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Angela Young and Chelsea O'Brien

hi-news.editor@hisimp.net

Election Time Looms Again

We always try to showcase our work and keep residents up to date with what's going on in the villages.

May 2018 brings an Election for Histon & Impington Councillors for the next 4 years. There are 19 seats on the Council. Each year, we elect a Chairman and Vice Chairman - this year the comparative youth of Andy Butcher has been contrasted by the support of one of our longest serving members, Denis Payne.



To qualify, you must be at least 18, be a British citizen, an eligible Commonwealth citizen or a citizen of any member state of the European Union, and meet at least one of the following four qualifications:

- You are, and will continue to be, registered as a local government elector for the parish/community in which you wish to stand from the day of your nomination onwards.
- You have occupied as owner or tenant any land or other premises in the parish/community area during the whole of the 12 months before the day of your nomination and the day of election.
- Your main or only place of work during the 12 months prior to the day of your nomination and the day of election has been in the parish/community area.
- You have lived in the parish/community area or within three miles of it during the whole of the 12 months before the day of your nomination and the day of election. (See <https://goo.gl/WwXnb2>) for more details.)

The Council is currently made up of a full complement - 6 ladies and 13 men. Whether or not any intend to stand down, it would be great to see some new candidates coming through to take on the challenges that will be faced up to 2022, and beyond. The Council is spending YOUR money, which comes largely from the parish part of the Council Tax, currently £97.18 p.a. for a Band D house.

Exciting and sometimes daunting decisions lie ahead, including the growing need to take on and increasing number of higher authority responsibilities e.g. youth work, older people's services, health and wellbeing. Maybe even work on highways issues will be coming forward.

We have recently started the process of taking on 12 acres of additional open space. There may be decisions to take on expenditure to bring the land into use as a credible community facility in coming years.

If you would like to explore the opportunity to put yourself forward for election, the clerk or any of our Councillors would be happy to talk with you. Get in touch!

www.hisimp.net

Church Services

Histon Baptist Church

Sunday 17 December - 10:30am Nativity Scene; 6:30pm Carols by Candlelight

Wednesday 20 December - Carols at the pubs, 7pm Red Lion; 9pm King Bill

Thursday 21 December - 10am-5pm Children's Nativity Day

Sunday 24 December - 10:30am Advent 4 Service; 11:30pm Candlelit Midnight Communion Service

Monday 25 December - 10:30am Short Family Service

Salvation Army

Saturday 16 December - 9:30am -11:30am Salvation Army Band playing at the Farmers' Market

Sunday 17 December - 3pm All Age Carol Service

Saturday 23 December - 10 -12noon Salvation Army Band playing outside Tesco in the High Street

Sunday 24 December - 10am Carols and Readings

Monday 25 December - 10am Christmas Day Worship

Histon Methodist Church

Sunday 17 December - 4:30pm Carols by Candle light

Sunday 24 December - 10:30am Christmas Eve Service

Monday 25 December - 10am Christmas Day Worship at The Salvation Army

New Life Church

Sunday 17 December - 3pm Christmas Service at Baptist Church

St Andrew's Histon

Sunday 17 December - 10:30am Holy Communion Service; 7pm Carols by Candlelight

Sunday 24 December - 10:30am Morning Service; 5pm Christingle Service; 11pm Candlelit Midnight Communion

Monday 25 December - 10:45am Christmas Cracker Service

St Andrew's Impington

Sunday 17 December - 9:30am Holy Communion; 4pm Carols by Candlelight

Sunday 24 December - 9:30am Morning Service; 3pm Crib and Christingle Service; 11pm Midnight Communion

Sunday 25 December - 9:30am All age Holy Communion



Bonfire Burn 10K Tops 1000 Runners for the First Time!

A record total of 1017 runners took part on a perfect day for running on Sunday 6 November in the seventh Bonfire Burn 10k and were welcomed at registration by the Histon Salvation Army Band.

The first male home was Chris Darling in a time a shade under 33 minutes and Daisy Glover was the first lady home. Adam Tapley was the first village runner home in 4th place.

The Friends of Histon & Impington Rec event raises funds to help improve facilities and promote activities for all ages in the village. The event raised £4,500 which will be used to purchase a new exercise bike for the HI Rec Monday Club, providing a variety of fitness activities for older people and those recovering from illness.

Other community groups to benefit were the village cubs who provided event refreshments and the Cambridge-based counselling charity The Cogwheel Trust who were provided with 10 free runner sponsorship places.

The first 2018 events are the Impington 5k Running Festival on Monday 7 May and the Flaming June Half & Quarter Marathon on Sunday 3 June (registration opens 1 January).

Neil Davies



Bonfireburn 10k - 5.11.17 - www.bonfireburn10k.co.uk
photo courtesy of - ©2017www.charleswhittphotography.com

Recreation Ground News

Following a review of security at the recreation ground site, a height-restricting barrier has been installed at the car park entrance; access for commercial vehicles can be arranged during the working day in advance, by contacting the Groundsman or the office. Speed ramps have also been installed in the car park following safety concerns raised.

Histon & Impington Women’s Institute

We meet on the third Thursday of every month in The Methodist Church Hall in Histon at 7:30pm. Our meetings usually last about 2 hours. We invite a variety of speakers and visitors are always very welcome to join us. Meetings in 2018 will be 18th January with a talk by Emmaus, 15th February, the title ‘An Unexpected Journey’. Our AGM is 15th March.

Denise Brading, President

HICOP

The Community Orchard is an area for people of all ages to enjoy. We aim to create a wildlife haven with fruit trees set in a wildflower meadow, promoting the historic links of fruit growing in our community.

The oldest trees are now four years old - the youngest were planted two years ago. When we first planted, we erected cages to protect from rabbits and muntjac deer.

This summer we’ve removed the cages (all 40 of them) and this has given the orchard a more natural look. This year, we’ve also built compost bins, and will gradually fill them with cuttings from the meadow, and the remains of apples from the juicing event.

Looking forwards, we’ll be holding a Wassail event on Saturday 20 January, starting at dusk. There’ll be singing, toasting the trees, hot drinks and cakes.

We’ll also be holding a pruning workshop in February or March. This is a hands-on course, where you can learn how to prune both young and established trees. Look out for further details on the HICOP website and HI People Facebook page.



The orchard is in the field between Somerset Road and the busway.

See www.hicop.info for further information, and do get in touch through the ‘Contact us’ section of the web page.

Dan Mace

Village of The Year



Message from Reef TV

“As yet Channel 4 have not decided when they will air the show featuring Histon and Impington; as the producer we have no control of this, I am afraid, and as soon as we know the air date the information will be:



Communicated to those who took part



On the Channel 4 website



On our twitter feeds @reeftelevision @VillageOTYear

The Village of The Year team have been working full pelt to finish the show, and make it the best it can be.

We will make sure everyone is aware of air date, as we believe it is a fantastic show and cannot wait for you all to see it”.

Please check our website for updates

www.hisimp.net

Behind The High Street Hoarding

At Histon Methodist Church, we have embarked on an ambitious scheme to update our premises, with the aim of engaging better with the community.

The first phase is to update the church itself. The pews are out, and the redecoration nearly complete. There will be new heating, lighting, and PA/AV systems.

We have commissioned a new cross, as a focal point, from a local sculptor who has put much careful thought and planning into this.

Phase Two will be underway soon. This will include a new kitchen, a small meeting room, and a new entrance foyer to give easier access to all parts of the building.

We appreciate access is difficult at the moment, but all activities are carrying on as normal, and we apologise for the inconvenience: it will be worth it in the end!

Michael Simmonds

Archaeology Group (HIAG)

The group plans to continue to expand the scope of archaeological fieldwork in Histon & Impington. In November, with the generous cooperation of the Rowley family, we held training in Histon at the site of the former medieval church of St. Etheldreda, now located on Abbey Farm.

In the late 16th century, the Lord of one of the two manors in Histon was Sir Francis Hynde who wished to extend his family home at Madingley Hall with a new north wing. Reputedly, to obtain the expensive building stone, he demolished the Church of his manor at Histon and carted it off to Madingley sometime between 1588 and 1591. A supposed haunting of Madingley Hall has been speculated to represent the figure of his mother, Lady Ursula Hynde, wringing her hands in grief over this heinous deed.

Initial results are encouraging in that we found an area of high resistivity where the Church is thought to have stood, which might indicate the presence of masonry foundations. More fieldwork is needed next year.

Our next public events are two drop-in open evenings at Histon Baptist Church on 12 and 19 Feb at 7:00-9:00pm. We will have displays of local archaeology with interpretation. As always we will encourage local participation.

Visit our website to get involved hiarchaeology.wordpress.com

Rob Noble

Congratulations to Sarah Sykes, winner of our Les Ward veg box competition! The answer was pumpkin!



Overgrown Hedges

If your property is next to a public path, please examine it from that side to see if it requires attention. People often forget that in the eyes of the law, footpaths are minor Highways. So it is worth remembering that any unruly growth from your boundary needs to be managed on the highway side too.

People on mobility scooters, children on scooters or in push chairs and those with poor eyesight are all vulnerable. Please ask yourself the question: "Is it easy (or even possible) for an adult with a toddler or a carer with a patient to access the path side by side?"

Over the years, boundary hedges can spread outwards and, although trimmed and maintained, may still impede people using some paths. Please cut back hedges to the original path line.

Between now and the end of February is a good time to carry out any maintenance work, before the bird-nesting season starts.

Please play your part in making our Village sound for all to move around'."

Cedric Foster



Village Society

New Secretary Details:

Wendy Doyle
566153 wendy@differentlight.org

Meetings usually take place at 7:30pm on the last Tuesday of the month (in term time) at Impington Village College in the Brackenbury Room, followed by refreshments. Membership is £12 per annum and visitors are welcome at £3 per person, per meeting. AGMs are free.

January 30 - Annual General Meeting

February 27 - A presentation by representatives of our Parish Council

March 12, 2:30pm at the Baptist Church - John Savill: The History of Punch and Judy, from its Italian beginnings to the present, including a live show.

Publications and notelets are available from the Publications Officer 01223 232744 and from Histon Library

Jane Gilmour 01223 234176 Barbara Parr 01223 233397 Programme Secretaries

Police News

Between 10 September - 04 December 2017, we have had 178 crimes reported to Cambridgeshire Constabulary from residents and businesses in the villages.

Crimes listed below relate to burglaries, thefts, criminal damage, shoplifting, assaults, threats, harassment, racially aggravated, stalking, possession of a controlled drug, fraud.

Incidents/ Crimes	Histon, Impington & OP
Incidents	452
Non-crime investigation	2
Crimes	178

At the last Police Panel Meeting, a Histon resident raised parking issues within the village near to the primary school at school drop-off and pick-up times. We have conducted extra patrols around the area and some tickets have been issued.

For more good work stories and crime prevention advice please check our blog <http://southcambscops.org/>.

If you have any concerns that you would like to bring to my attention, please email me: bujar.mani@cambs.pnn.police.uk or call 101 and ask to be put through to my extension: 7113152

PCSO 7009 Bujar Mani

Fireworks Extravaganza 2017

The Extravaganza went off with a bang - over 3,500 people came to watch the show.

Over 130 people gave up their time to marshal, sell tickets and novelties, run the cake stall, litter-pick, and fire the display. Many thanks to all involved! We even designed some of our own effects - captured brilliantly by Barry Starling's photos.

We're also very grateful to all our sponsors and supporters.

We could not put on the event without help from Enterprise (for the loan of 2 vans), Precedence Technologies (donating and hosting the HI Fireworks domain), Ely Tool Hire (Lighting), and the Event Medics.

This year, we're very pleased to donate £1150 to each PTA, £225 to the Air Training Corps Oakington Squadron, £225 to Histon Scouts, £50 to Choir 2000 and £50 to the Histon Branch of the Royal British Legion.

So, we hope that you enjoyed the show as much as we did putting it on! We're looking forward to next year and if you want to get involved, feel free to contact me.

dan.r.mace@gmail.com 07966 166784

Dan Mace
Chairman, Histon and Impington Fireworks



Thefts from Cars and Vans

Has this ever happened to you?

It happened to me, once, a long time ago - but if you follow HI People ([is.gd/gfMzQG](https://www.facebook.com/histonsouthcambs)) or even get the updates from eCops (www.ecops.org.uk) you'll know that it seems to be happening more and more.

It doesn't seem to matter where, when or how long you leave your car - it's at risk!

There's some guidance from the Police ([is.gd/3VPdiq](https://www.facebook.com/histonsouthcambs)) -



Always lock your car

And never leave anything in sight - take it with you (best) or leave it in the boot

Don't keep original ownership papers etc. in the car

And at home keep keys away from doors and windows (thieves have stolen cars in the village with keys hooked through letterboxes).

If your number plates are stolen (it is happening) be sure to report it to the Police - someone will be aiming to "clone" your car.

And van owners - it may be a chore to unload tools each night - but there is also a growing number of reports of vans broken into (including locks drilled out) and tools taken.

An alarm always helps - if your car or van hasn't got one, getting a Thatcham alarm fitted will be a valuable deterrent, though is unlikely to stop that smash and grab thief.

Denis Payne



Model Railway News

On Sunday 26 November, the Model Rail Group held an open running session in the St Audrey's Close Community Centre for the benefit of close to 50 visitors.

The display began by running a range of 1935, LNER period trains, all digitally controlled and sound equipped. All were fitted with digital decoders incorporating sound generation electronics connected to miniature on-board loudspeakers.

Next, we changed to 1944, with a train carrying imported American Sherman tanks to the US Army Technical Centre on the site of the present Science Park near Milton.

Then there was a range of early British Railways passenger and freight trains from the 1950s.

Finally, the diesel age arrived with a mix of 1960s railcars and a Deltic main line diesel diverted through Histon due to engineering work on the East Coast Main Line.

Thanks to Ann for providing refreshments and to Geoffrey for organising the Village Society Station Booklet re-print. We hope everyone enjoyed their afternoon with the trains!

Further enhancements to the layout are being planned, with working signals and the addition of the Chivers factory sidings high on the priority list.



If you would like to share memories of the railway through Histon or would like to join the Model Rail Group, we can be contacted via the "Little Histon" Facebook page or by email at hisimp.modelrail@gmail.com

Martin Claydon

Brass Band on The High Street

Seasonal music from a local brass quartet to be played on the morning of Friday 22nd December between 10.30 and 11.30 on Histon High Street outside Vine Cottage (near the Methodist church), weather permitting. Come and just listen or even join in a verse or two of a carol!



Matthew Nall

Santa's Grotto

A little bit of Christmas magic came to the village recently when the enviro.volunteers transformed the Crossing Keeper's Hut into Santa's Grotto and the surrounding woods into a glow trail and wonderland of lights and sparkle.

On a chilly but calm Saturday evening the crowd chanted out a countdown for the special Dickensian time traveller guests to switch on the lights. Santa could now see where to land, but just to be sure the Salvation Army Band played Jingle Bells and other festive favourites to guide him in. Then with a whoosh and a flash like a firework rocket, Santa arrived to the glee of dozens of children. The entertainment continued with some fabulous carol singing from friends and members of the Histon Baptist Church choir and accompanied by the Histon Brass Ensemble.



There was plenty of hot food and drink available from the Histon Guides as well as splendid fare from Station Stores and the Railway Vue.

This year's event was only possible due to the amazing efforts of the enviro.volunteers and the kind generosity of Alan Stanley (Ad-leisure) for supplying and installing the colour changing lighting, Acacia Tree Surgery and SW Tree Care for wood chippings and Hadley Horticultural for coming to the rescue at the last minute with some dry logs.

Special thanks go to Santa himself - the event simply wouldn't be possible without him!

Pene Nudds, enviro.volunteers

Homefield Park

On Monday 6 November 5:30-6:30pm Histon Early Years Centre held their annual Light & Dark evening at Homefield Park. This was a family event to enjoy exploring a light trail in the woods. It was a truly magical experience and bizarrely disorienting to follow the glow sticks in the dark. It was a great way to explore this lovely park quite literally in a new light. The kids loved it and the staff obviously put in many hours of preparation.

If you have any ideas for using this unique and hidden open space, please let the Parish Council know!



First Step for New Milton Road Community Park Project

Histon & Impington Parish Council took a landmark decision at a special meeting on 13 November by agreeing to be a party to a Conditional Purchase Agreement for an 18 acre field on Milton Road on the eastern boundary of Impington.

The agreement between the landowners and the Housing Association 'Flagship Housing Group Ltd' will be conditional on outline planning permission being obtained on six acres of the 18 acre site for a mix of market and affordable housing. If permission for the entire site is granted, the Parish Council will be committed to receiving 12 acres of land with agreed infrastructure completed by Flagship Housing.

The Parish Council first informed the community about this potential project in June 2016 when it issued a press release including:

'Histon & Impington Parish Council is excited by the prospect of a possible mixed use housing and public open space development on the edge of the community along Milton Road. At a special meeting earlier this month (June 2016) the Council considered an outline idea from Flagship Homes which could deliver a mix of affordable and market value housing and make land available for the development of a community park.'

The Parish Council has also agreed

- to provide Flagship (for inclusion in the outline planning application) an aspirational list of community facilities opportunities on the 12 acres of Community Park.
- that the Community Park will be named 'The Victor Unwin Community Park' in line with the land seller's explicit wish.

The Parish Council will be working with the community to devise and agree the affordable facilities to be provided. If you would like to become involved in this exciting project please email

neil.davies@hisimp.net

Neil Davies



Senior Newsroom

For more information on the opportunities and activities below please contact: Jean Newman, Older Person's Co-ordinator: 07772 437789 email: jean.newman7@ntlworld.com or Paul Seekings: 07982 106805 email: paul@seekings07.plus.com

Winter Fuel Payment

The winter fuel payment is a one off payment to help with winter heating costs.

You could be eligible for a payment if you have reached the qualifying age (at least 61) but the age is gradually rising. Payment can be between £100 and £300.

Depending on your circumstances, most payments are made automatically during November or December.

Winter Fuel Helpline Monday - Friday 8 am - 6 pm

Telephone 08459 15 15 15

www.gov.uk/winter-fuel-payment/overview



Tips for keeping warm and healthy this winter

LAYERS: wearing several layers of clothing will keep you warmer than one thick layer, and wear warm clothes to bed at night.

KEEP YOUR HOME AT THE RIGHT TEMPERATURE

(Indoor room thermometers available from Jean Newman or Age UK or Parish Office.

Volunteers needed for Histon and Impington Older People's Day Centre

Can you spare time Tuesdays or Fridays, once a month?

This is a vital service for our older people which may not be able to continue unless volunteers come forward!

Please contact Christine Swallow 07484 134923 if you can help

Thank you!

Keep the Mind Active as well as the Body for your Wellbeing

All classes held at the Recreation Centre

Mondays

10 - 11am Chair based exercise for balance and strength

11:30 - 1:30pm Stroke survivors, recoverers of long term illness, MS, Parkinson's

Balance and resistance work, memory skills speech and conversation

2 - 3pm Memory and co-ordination exercise class

For more information about these classes please contact Jean 07772437789

Tuesday

10:45 - 11:45am Tai Chi - Seated Tai Chi. Suitable for people pre or post-hip or knee operations, or any short term wheelchair user

11:45 - 12:45pm Beginners

1 - 2:30pm Continuation class

For more information about these classes please contact Joan 07789762175

Wednesday

1:30 - 2:15pm Dance for Fitness for the slower moving that like to exercise to music.

2:30 - 3:30pm for the more active that like to exercise to music.

For more information contact Cathy 01223 232187. These classes start 10 January 2018

Thursday

10-11am Pilates

11:30-1:30pm Tai Chi Continuation class

For more information about this class contact Joan 07789762175

The interaction by attending a group or class is as good for you as the instruction you receive in class. Joining a group or class on your own for the first time can be difficult for some people. If this is a problem for you, why not give Joan a ring.



Friends of Histon & Impington Recreation
Charity number 1100193

www.hisimp.net

Christmas Lunch Welcome at Burdett House

Once again Abbeyfield's Burdett House offers a warm welcome to lunch on Christmas Day and Boxing Day to local people who would appreciate some company on those days.

Andreia Correia, House Co-ordinator, said: "We offer four spaces for Christmas Day and Boxing Day lunch free of charge. You need to book before 18 December by ringing 01223 236248."

Burdett House is located at 58A Station Road

Are you a Carer?

Many people don't see themselves as carers which poses a problem identifying and supporting them.

Whether it is looking after a partner, elderly parent or child, they have done so selflessly and without question; in many cases, they don't have choice.

You have to be tough to be a carer; it is demanding, it can leave people isolated and there is a lack of recognition.

A Carer's Assessment will look at the different ways that caring affects your life and works out how you can carry on doing the things that are important to you and your family.

As a result of the assessment, you may be eligible for support from the council, and you will be offered advice and guidance to help with your caring responsibilities.

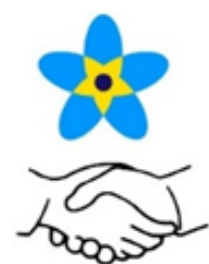
You can have a Carer's Assessment even if the person you care for does not get any help from the council; and they will not need to be assessed.

Contact Carers Trust
Cambridgeshire:

01480 499090 or 0345 241 0954

Steps you can take to be winter ready:

- Know your free emergency numbers: In a power cut dial 105 or, for gas emergency, dial 0800 111999
- Keep a torch handy
- Keep an eye on the weather forecast
- Vulnerable households can get extra support by signing up to Priority Services Register via the UK Power Network Website or via their gas and electricity company and also Cambridge Water.



The Generation Game – enrol now

The next Generation Game course will start on Tuesday 16th January 2018. This is a 10-week course helping you gain the basic level of knowledge, understanding and learning to be a safe and caring visitor for older people. For further information and an enrolment pack visit:

www.connectionsbusproject.org.uk

Youth Zone

When: Mondays 3.45 – 5.15pm

Where: The Community Room
Histon & Impington Recreation Ground.

Who: Young people in year groups 7-9

What: A safe environment alongside Youth Workers, offering a wide variety of activities each week including sports; cooking; crafts; table tennis; pool; team challenges and the opportunity to meet with friends in a safe and friendly environment.



Admission is free!



Watch this space for details of our forthcoming drama project!

After the success of our summer drama project Rachel Denning will be returning to delve into 'the minds of a teenager'. Think of the film 'Inside Out' and imagine it featuring the emotions and feelings of young person's head – it's gonna be awesome! As soon as funding is available, details will be circulated!



The Babysitting Course

This is a 10-week programme training young people to become safe and confident

babysitters. We will be running another course after Easter 2018. If you would like to be put on the waiting list for details of this course, please contact Andrea Cowley.



Young people learning how to deal with a choking baby/child on the last babysitting course

A note from Andrea Cowley

Wow, 2017 has been brilliant! Thank you for supporting all the local youth projects!

During 2018 we plan to

- offer young people the chance to be better equipped and more confident about helping other generations - by attending our Generation Game project
- supply confident and safe babysitters for our local families – by completing our 10-week babysitting course
- build knowledge and skills to enable young people to address Mental Health and Wellbeing needs – through drama workshops
- provide a safe and fun environment for young people to meet; socialise; learn new skills and have access to information and support - at our weekly Youth Clubs
- to enable young people to access Yoga and Mindfulness classes specifically for their age group – see next column

It is an absolute privilege to work with the young people of Histon and Impington. Thank you for being so great – and thanks also to the parents who have raised such fab kids!



Yoga & Mindfulness for teens and pre-teens - £5 per term

Yoga and mindfulness can help you relax, focus, keep calm and have fun. It's great for helping you feel energised, improving health and balance, increasing strength and stamina. The classes include yoga postures, mindfulness, breathing exercises and relaxation. Learning techniques are offered to use at home and/or in the classroom to help you focus, stay calm and most importantly relax.

This term we have also done yoga for World Peace Day and made Gratitude jars. We will end the term with a session of relaxing and restorative yoga and a chocolate meditation.



Students say:

"I like yoga because it creates a safe, calm space to calm down."

"It loosens the muscles in my body which is soothing."

"It makes me more flexible and helps me to feel less stressed."

"It grounds me when I feel stressed or worried."

Sessions are held from 5.30pm to 6.30pm on Mondays at The Community Room, Histon & Impington Recreation Ground. Why not come along to a class and find out for yourself?

For further information or to book please contact:

Pauline on 07985 947328 or

Email paulineyoga@gmail.com

Connections Youth Bus

Visiting Oakington every Monday 7-9pm on Queens Way Recreation Ground, including summer holidays.

All year 7 upwards welcome to join us for football; games consoles; quizzes; crafts; internet access; and much more.



Christmas Collections

From Monday 11 December, paper caddies will no longer be collected, and from that date paper should be placed directly into the blue bin. For details see South Cambs Magazine.

Friday 15 December - Blue, Green

Friday 22 December - Black

2018

Tuesday 2 January - Blue only

Monday 8 January - Black

Saturday 13 January - Blue, Green

Residents can keep their caddy to use for anything they like. Alternatively, they can be recycled by being dropped off at the nearest household waste recycling centre. They should not be placed in wheelie bins.



End of WWI Veteran Commemoration Project

Thank you to all those who donated plastic bottles. We have reached our target! 400 bottles are about to be shaped by our Women’s Institute working party. We will keep residents informed of their progress.



Photographs of WWI Veterans Required

As part of the Village Society’s WWI Voices project, we are looking for photographs of the following WWI veterans - John Burton,



Harry Christmas of Church End, Histon

Jack Chivers, Jack Dawson, Cyril Littlewood, George Oakman, Christopher Rogers, Bertie Edmond Rogers, William James (Jim) Wakefield, Vernon Wakefield and Frank Wilderspin.

If you can help, please contact Eleanor Whitehead 01223 234502

Eleanor Whitehead, Village Society

‘Demain’

We are very excited that Histon will be taking part in an inspirational festival of films called: Films for Our Future.

We will be screening ‘Demain’ (‘Tomorrow’) on Saturday 10 February, 7:30pm at the St Andrews Centre.

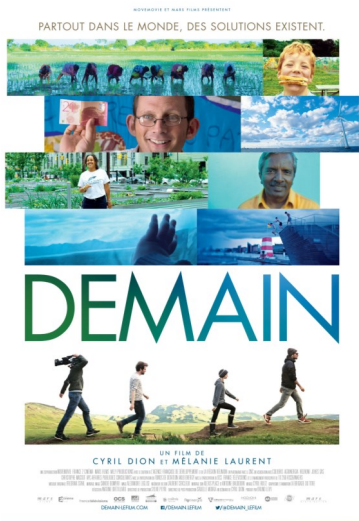
Booking essential, go to: the Events page on cambridgecarbonfootprint.org or call 01223 301842 to reserve a space. A free event but donations will be gratefully received.

A French and English film (with sub-titles), ‘Demain’ takes us around the world - from Iceland to India, Denmark to Detroit - to discover innovative and radical approaches, confronting some of the big environmental, social and economic challenges of our time. ‘Demain’ gives us a message of hope - and a host of hard questions too!

Following the film you will have the opportunity to learn about groups on your doorstep that you may not have been aware of, who are already doing exciting, positive, sustainable work and find out how you can get involved, should you wish to do so.

Refreshments will be available to buy during the event- we hope to see you there!

The wider season of films is organised by several local groups. Screenings and events are all across Cambridge and surrounding villages and full listings can be found here: www.transitioncambridge.org/wiki/FilmsForOurFuture



Helena Perry

Christmas Tree Chipping

Once again, Matt Menzies from Tates Treework will offer free Christmas tree chipping on the Green and at The Crescent on Saturday 6th January. Details will be posted on our website and via HI People Facebook Group.

The enviro.volunteers will be at hand to assist.

Some of you may have seen Matt, assisted by our own Groundsman Trevor Smith, erecting the wonderful Christmas lighting on the Green at the end of November.

Another great display for us all to enjoy!



If you have any events you need to promote in our quarterly newsletter let the editors know full details at:

hi-news.editor@hisimp.net



Theories of Home

This is a public art project led by village resident and public art consultant Alison Turnbull.

An artist is being recruited to work on the public art project for the villages. Once all the applications are received, an initial selection will be made by the Parish Council’s public art working group and volunteers.

There will be an exhibition giving all the opportunity to help choose the shortlist of artists. The selected artist will be announced following the interviews along with more information about their ideas and plans.

A consultation showed that there was a high level of interest in public art in the villages, and we are hopeful that there may be more than one project. The small amount available from planning money can be spent only on public art; further fundraising will be needed to fully realise community ambitions.

There are a number of ways you can help, from fundraising and volunteering to taking part in forthcoming events. Please do get in touch and look out for details of forthcoming events. We would love to hear from you, via email quackyraceshdd@gmail.com or Facebook @alisonturnbullassociates.

We look forward to hearing from you!

Council & Committee Meetings

See website for details: www.hisimp.net

Full Council - Recreation Centre 7.30pm - Monday 15 January, 19 February

Planning - Parish Office 7.30 p.m. - Tuesday 9 January, 23 January, 13 February, 6 March

Highways - Parish Office 7.30pm - Thursday 16 January

Finance, Legal & Administration - Parish Office 7.30 p.m. - Monday 8 January

Environment - Parish Office 7.30 p.m. - Tuesday 30 January, 13 March

Recreation - Recreation Centre, 7.30 p.m. - Monday 22 January

Residents are welcome to attend all Council meetings

At Full Council, there is a standing agenda item for Public Participation

Meeting dates may be subject to change; please check our website calendar for any updates