



The Newsletter of Histon & Impington Parish Council

Baker's Dozen Issue - December 2015

## Christmas Greetings from Across the Community

### CAN YOU HELP TO GROW VISITING SERVICE?

As many people will know, Mrs Jean Newman has been the Histon & Impington Older Persons Co-ordinator for the last four years, having lived in the villages for 13 years.



For her 2015 has been an excellent year. She says: "I have been able to support many activities in the village for the elderly residents of Histon and Impington and provide information and support for elderly residents and their families."

During the year ahead she hopes to expand the service, particularly by coordinating a village visiting scheme for the elderly to help reduce loneliness and isolation. In addition, she would like to give support and help to families dealing with long term illness.

Jean sees the need for more volunteers to help with this important service to the elderly and their families. Her other ambition for 2016 is to co-ordinate and support community transport within the village.

She adds: "Histon & Impington is very much a desirable place to live in and we strive to achieve the best for the both young and old."

If you would like to contact Jean her email address is: [jean.newman7@ntlworld.com](mailto:jean.newman7@ntlworld.com).

### EXTENDING KINDNESS AND GENEROSITY

The strong community spirit that exists in our villages is evident daily on the community Facebook group HI People. Founder and administrator Amanda Borrill says: "Issues which affect our whole community have been discussed throughout the year, often passionately, and many of them were resolved by the power of this group."



"HI People has gone from strength to strength at the end of 2015 with membership standing just short of 2000. The group, which began with around 20 members, is now a supportive and influential community resource.

"Lost pets are regularly reunited with their owners, mislaid teddy bears are helped to find their way back home, events are promoted, unwanted items are sold or recycled and recommendations for tried and tested, reliable, tradespeople are offered in abundance."

For 2016 Amanda says: "It would be wonderful to see a greater representation of the older community within HI People. There are a few connections already forged with some of the local care homes/sheltered housing flats and I see vast benefits for their residents; especially in respect of the connections to trusted local tradespeople and links to community social events."

 Find us on Facebook [is.gd/gfMzQG](https://www.facebook.com/hisimp)

### CLEAN FOR THE QUEEN FOR 2016

Parish Councillor Cedric Foster has high hopes for 2016 - a cleaner, tidier Histon and Impington. As organiser of the quarterly Big Tidy Up group, he is planning to expand the group by getting residents to 'adopt a road' and join the villages to the national 'Clean For The Queen' event in March by arranging the usual quarterly tidy up for the first weekend in the month.



He says: "My pet hate is the amount of litter on our streets and open spaces and I hope that the government will make this a priority in 2016, by reinforcing that it is a fineable offence to drop litter."

As a Parish Councillor for some eight years, he is currently Vice Chair until May 2016 and serves on various committees. This year has been a challenging one for the Parish Council

and the year ahead will add to the pressure with the County Council looking to reduce costs by reducing certain services, which will place more responsibility on the Parish Council if it is able to take on more.

Two of his other roles are as distribution manager for HISIMP News and organiser of the Healthy Walking Group. He says: "Over the past year the walking group has increased in numbers and we have a strong and settled team of newsletter zone managers and distributors."

### REACHING OUT TO MORE YOUNG PEOPLE IN 2016



Since August 2015, Andrea Cowley has been directly employed by the Parish Council, although involved with youth work in the villages for over 10 years with the county council.

Highlights of this year include training 40

babysitters - with first aid training, too - and an additional 63 Basic First Aiders. Plus some 57 different young people attending Junior Youth Club during 2015 and individual contact by Andrea with 874 students at IVC during her Monday lunchtime walkabout.

Other new projects started during 2015 include yoga and mindfulness for young people and the Crafternoon which has raised more than £200 for EACH selling, at local fairs, handmade crafts created during the sessions. Also working with the Village Older Persons Co-ordinator, Jean Newman, she has got young people helping at the Day Centre Christmas Party.

For 2016, Andrea says: "My aim is to reach more young people and increase the number of diverse activities to enable them to feel supported and valued. We have two new projects already planned: Self Defence Workshops and The Youth Lounge for those aged 15 plus. We would welcome additional

(Continued on page 2)

## Parish Office Contacts

Open at the Recreation Ground Centre

Monday to Thursday 9.30 a.m. - 12.30 p.m.

Tuesday 2.00 p.m. - 4.00 p.m.

Other times by appointment

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Recreation Manager: Lynda Marsh  
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Telephone: 232423

## Parish Councillors

Chairman

David Jenkins - Pease Way 07739 758859

[david.jenkins@hisimp.net](mailto:david.jenkins@hisimp.net)

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Cedric Foster - Clay Street 234156

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Hooda Abdullah - South Road 235989

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Ashley Gordon - Dwyer Joyce Close % 235906

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Derek Marston - Dwyer Joyce Close 236131

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Pene Nudds - Clay Close Lane 237155

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Edd Stonham - Normanton Way 564534

Josephine Teague - Milton Rd 235127

Nick Wood - Mill Road % 235906

**County Councillors:**

David Jenkins - Pease Way 236232

Mike Mason - Cottenham 01954 250391

**District Councillors:**

Christopher Cross - Willingham 01954 260790

Edd Stonham - Normanton Way 564534

Neil Davies - Dwyer Joyce Close 232514

Parish Councillor mail addresses are name.surname@hisimp.net, or can be found at [www.hisimp.net](http://www.hisimp.net)

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## MODERN DAY SLAVERY

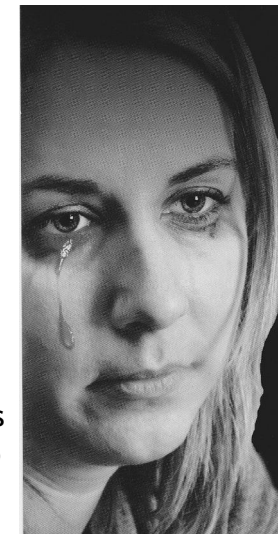
Modern day slavery is something that most of us are totally unaware of but it is important to recognise the signs and symptoms of people you may come across who may be in this state.

It can be the people working in various industries, such as factories or agricultural workers who are organised in a "gang". It may be the women and children who have been trafficked from poorer countries and brought to the UK with promises of work and a better life. Women and girls as young as 12 are forced into prostitution against their will by various means including rape and beatings. Men are forced to work for next to nothing, are fed the bare minimum and live in overcrowded houses.

These people have their passports taken from them and are frightened of the police or authority figures because often in their own homeland the authorities and police are something to be feared rather than trusted. They are not encouraged to learn English to reduce their ability to ask for help. In Cambridgeshire, police have managed to free some of these people and prosecute their abusers. We all need to be aware of the red flags which may indicate a person who is being held in slavery:

- Is fearful, anxious, depressed, submissive, tense, nervous, or paranoid
- Exhibits unusually fearful or anxious behaviour after talking about the police
- Avoids eye contact
- Lacks health care
- Appears malnourished
- Shows signs of physical and/or sexual abuse, physical restraint, confinement, or torture
- Has few or no personal possessions
- Is not in control of their own money, financial records or bank account
- Is not in control of their own identification documents (ID or passport)
- Is not allowed or able to speak for themselves - a third party may insist on being present and/or translating
- Lots of men visiting the same house at all times of the day and night

If you get the sense that this is happening (and it could be in your street) please do contact the police on 101, Crimestoppers on 0800555111 with information no matter how big or small. If you have concerns do phone, you may save someone's life.



Josephine Teague

## IMPINGTON MUSIC SOCIETY

January 15<sup>th</sup> - Rachael Godsill and Marie Noelle-Kendal - Mezzo Soprano and Piano

January 29<sup>th</sup> - Sarah Morrison - Wind Group

February 12<sup>th</sup> - Lucy Maynard and Robin Horgan - Piano and Tenor

February 26<sup>th</sup> - Students of The Perse School - Solos and Ensembles

March 11<sup>th</sup> in the Gropius Hall - Buckden Hand Bell Ringers and IVC Orchestra

March 18<sup>th</sup> - Adella Boksenberg - Piano and string group

Concerts at 7.30 pm in the Brackenbury Room, IVC. Membership (for half season) £12.50, single attendance £5, under 16s £1.

## IVC STAGING ONE OF REGION'S BIGGEST ART SHOWS

The 55th IVC Art Show takes place between February 13 and 17.

This is one of the region's biggest exhibitions of original art.

It is organised by the Impington Village College Parents, Staff and Friends Association in the College's

prestigious Walter Gropius Hall and the Promenade, which has become a permanent fixture for prospective buyers, collectors and art lovers in and around Cambridge.

Drawings, prints, watercolours, paintings and sculptures ranging from £8 to over £900 will be for sale. Last year's exhibition raised nearly £5,600 in sales, generating a profit of £2,000 for college purposes.

Applications from artists are invited now online. Please visit and register at [web.impington.cambs.sch.uk/artexhibition/](http://web.impington.cambs.sch.uk/artexhibition/)

For further information, please contact Astrid den Ouden at [ivcartexh2016@gmail.com](mailto:ivcartexh2016@gmail.com).

*Bernard Stewart-Deane*



*(Continued from page 1)*

suggestions from young people.

"I am also excited about improving communication between our babysitters and families in our villages, and achieving greater co-operation between all the different groups providing for our young people. We would really love to see a dedicated space for youth work, perhaps as part of a wider community facility."

Andrea can be contacted at: [youth.worker@hisimp.net](mailto:youth.worker@hisimp.net)

## HIGHWAYS MATTERS

### Have your say on 20mph

The Parish Council is considering a 20mph limit scheme in the villages. This would mean all non-A and B roads north of the A14, excluding the A14 itself and B1049 (Bridge Road, Water Lane, Glebe Way and part of Cottenham Road).



As you may well be aware, Cambridge City has been introducing 20mph limits in a phased program, as are many cities, towns and villages across the country.

For every decrease of 1 mph in average speed, studies show a statistical drop in accident rates of 5%

The scheme would have the following aims:

- Reduce the number of accidents and the consequences of those accidents
- Reduce pollution by reducing the stop-start nature of driving in the villages
- Encourage walking and cycling by reducing the speed of vehicles in the villages
- Encourage more vulnerable users to have the confidence to move around the villages
- Improve the safety (actual and perceived) of the School Run by changing the balance between vehicle usage and other forms
- Make the villages streets more pleasant to move about on, encouraging visitors to the High Street (and other retail areas)
- Reduce the temptation to Rat-Run through the villages instead of using the major routes
- Encourage the use of outdoors as the natural playground

Obviously not everyone will agree with the aims and objectives of the project, might not regard it as providing value for money, or have concerns around enforcement. Either way we would like to hear from you; to proceed with the project The Parish Council needs to know it has the support of the community.

Comments can be sent to [20mph@hisimp.net](mailto:20mph@hisimp.net), please include your address, or at least your postcode. A full consultation will be announced in the next edition of this newsletter.

The intention is to make a decision after the elections in May.

### A14

The Parish Council have been part of the Planning Inspectorate's examination formal consultation over the summer for the proposed major upgrade to the A14 expected over the next five years. One issue, and about the closest to our heart, is the problem of

noise in the Lone Tree Avenue and Cambridge Road area of the villages. We wrote to our then MP last year and received written assurances from the Roads Minister on the subject of Noise Barriers.

In our submissions to the Inspectorate we have strongly argued for a noise-reducing surface combined with extensive sound barriers to reduce these problems. Highways England (formerly the Highways Agency) has now proposed to use a 'Very Low Noise Surface' (VLNS) on the upgraded A14 between Girton and Milton; however, this appears to be at the expense of more extensive Sound Barriers.



Pleasingly at the last Highways Committee meeting a number of residents turned up (all committee meetings are open to residents) which allowed an in depth discussion on how to respond to the proposal involving some of the residents most directly affected.

### ROAD GULLY CLEANING

From November 2015, you might have seen a Contractor sucking out debris from Road Gullies in your road. After cleaning the contractor puts a dab of yellow paint on the kerbside to denote that the Gully has been cleaned. By the time this newspaper reaches you the entire Community should have been covered. If you spot a gully drain that does not have a yellow marking next to it, please email



[cedric.foster@hisimp.net](mailto:cedric.foster@hisimp.net) or tell the Parish Office, which is compiling a list to advise the County Council.

### ANNUAL WALKABOUT INSPECTION WITH COUNTY COUNCIL OFFICER

Each year Cedric Foster (our Vice-Chair) carries out an inspection of all our roads and paths in the community and prioritises what should be done with limited funding. This is a very frustrating exercise as year on year the County Council has fewer funds available to be stretched over many villages. It would be nice to think we have had our fair share of funding to date, but this will become more difficult in years to come. However, all residents are free to report concerns on the Cambridge County Council Fault reporting website - [is.gd/lu2u3p](http://is.gd/lu2u3p) - for such items as potholes, blocked road gully drains, damaged signs, overhanging trees etc.

A scheme Cedric is exploring is to ask residents to "Adopt a Road", where each road is regularly checked for issues as above. To date over 20 roads have been adopted by residents. If anyone would like to join, please contact [cedric.foster@hisimp.net](mailto:cedric.foster@hisimp.net) or ask at the Parish Office.

### GATEHOUSE ROAD

The road that runs from the end of Park Lane, crossing over the Guided Bus Way to the T-junction with the Girton-Oakington road, does not have an official road name plate. Indeed its official name is disputed.

It has been known in the past as Meadow Lane, New Road, and Park Lane. More commonly in later years it has been referred to as Gatehouse Road. On Ordnance Survey maps it is referred to as New Road and on some GPS systems as Park Lane. Obviously the name New Road would cause confusion with New Road running from IVC to The Railway Vue (though one is in Histon and one in Impington).

The Parish Council Highways Committee will be considering options at the next meeting, including asking for a name change and getting that name on a road sign.

### Changes to the Citi8 Services from January

Stagecoach have announced that from January Citi8 buses will terminate at the 'John Lewis stop' (Emmanuel Street) and will not go on to the Railway Station or Addenbrookes. Return journeys will start from Drummer Street Bus Station.



This is of major concern to the elderly, the less mobile and patients alongside commuters and pupils travelling into the numerous schools in Cambridge. The Parish Council alongside Cottenham Parish Council and one of our County Councillors went to lobby Stagecoach on their decision.

Buses are deregulated so the County Council has no powers to intervene. It is purely a commercial decision by Stagecoach who cited congestion between the City Centre and the Station as eroding their ability to run a reliable, punctual service.

To access the Railway Station or Addenbrookes you will either need to use Busway Service 'A', or change in the centre. Many other services will take you there including the Citi7 which used to link up - but we were given the tip of using the 13 towards Haverhill for emptier buses (but please check it suits your journey). Unless you only have a 'single' it will be covered by your ticket.

### New Road

The County Council is still considering responses to its official consultation on putting Double Yellow Lines on one side of New Road (IVC to the B1049).

*David Legge*

## SAD NEWS IN 2015

This year we have sadly lost 3 gentlemen who have previously served on either Histon or Impington Parish Council in the past. All three continued to live in the villages.

Colin Moore died suddenly during the summer. Colin was an Impington Councillor for many years until 2001 and is remembered especially for his down to earth consideration when more difficult items came up on the agenda. He served the parish very well as our Tree Warden and also our representative at the Baptist Church Day Centre. Colin's daughter, Carole Starling, was also a Parish Councillor for Histon during this time. Very much a local man, with many local connections.

Later in the summer, we heard that Alan Cornell, also an Impington Councillor over a number of years until 2002, had passed away after a lengthy illness. Alan served the Council very well and was particularly interested in Planning matters. We heard at his very fitting funeral service that he had in fact lived all his life in Impington, apart from a short break working away.

In October came the sad news that Colin Rose, who served as a Histon Councillor until 2008, had also passed away following illness. Colin was a master at asking awkward questions leading to good debate. He took great interest in Council issues, notably anything connected with Highways matters. Many of you will know his lovely partner Jenny from her community activity who tells us she has taken great comfort from everyone's sympathy and lovely messages.

*Angela Young*

## WHAT DO WE WANT TO DO?



You may remember the article last time round giving a flavour of the work of the Parish Council. For many decades the work has been more reactive than proactive but in more recent years we have seen a sea change where major development has taken place at the Recreation Ground, and a project to replace the play area at The Green has come to fruition. We are working tirelessly to try and correct the imbalance of built on areas to public open space. We desperately need extra land for leisure use.

Recent moves to highlight the work of the Parish Council have included the purchase of a small vehicle to enable our groundstaff to travel between our open areas and more easily deal with emptying of bins and small cases of flytipping and vandalism seen in the villages.

Our website has been overhauled and a new logo created, plus a website link to the Recreation Ground including an availability calendar showing the classes provided and available times for private bookings at the Recreation Centre.

We have now prepared an annual plan which will be published on our website

The plan is split into 4 areas, Recreation, Youth, Highways and Environment

Our Committees are already working on a Plan for next year, although this may be a legacy for a completely new Council as we have an election due in May 2016

We are also moving towards the production of a Neighbourhood Plan for Histon & Impington and welcome all and any input into that process.

*Angela Young*

## STAY WELL THIS WINTER

In the past year as many as one in four residents in Cam-

bridgeshire visited A&E when they could have used an alternative service or looked after themselves at home.

Each visit to A&E costs the local NHS £87, and that's before any treatment is given. When you look at the figures, this costs the local NHS over £4million a year. In turn this is the equivalent cost of 677 hip replacements, or 287 liver transplants or 115 more dementia nurses.

Using A&E when you don't need to can also have a knock-on effect to the rest of the hospital, as busy A&E departments resulted in 500 cancelled operations and procedures because a bed was no longer available, and longer waiting and referral times.

But you can help:

- Stay healthy - get a flu vaccination if you are eligible
- Look after others - check on elderly friends, relatives and neighbours especially in spells of cold weather, help them to keep warm and have the medication they might need
- Be prepared - get your prescriptions in early before the holidays and see your pharmacist or GP for any issues you might be putting off
- Choose the right service - your local pharmacy can provide confidential, expert advice and treatment for a range of common illnesses and complaints, without having to wait for a GP appointment.

For help with finding local NHS services visit [www.cambsandpeterboroughchoosewell.co.uk](http://www.cambsandpeterboroughchoosewell.co.uk)



## DON'T BE ON YOUR OWN AT CHRISTMAS



Free Christmas Day and Boxing Day lunch is offered to any over 55 years, whether single or married couples, at Burdett House on Station Road, by the Abbeyfield Society. No one

in the villages needs to be lonely this Christmas.

Manager Christine Iken says: "Please contact us before 20 December by phoning 236248 to book your place for both days or whichever day suits you. You should be here by 12:30pm for lunch which will be served at 1pm."

Christine, who is widely known in the villages, retired at the end of November, having joined Abbeyfield in 1991. She worked as housekeeper/manager in an Abbeyfield house in the city of Cambridge, initially, and took over as manager at Burdett House in 2004. Christine has done everything she can to ensure the Abbeyfield ethos carries on into its 55th year in Cambridge.

Everyone wishes her a happy retirement.



The Parish Office will be closed over the Christmas break starting from Thursday 24<sup>th</sup> December, re-opening on Monday 4<sup>th</sup> January.

Wishing all our readers a very Merry Christmas and a Happy New Year!

# PARISH COUNCIL BUDGET CONSULTATION



In its current round of budget consultations the County Council has asked a number of questions, one of which is whether Parish Councils should do more to offset the reductions in County budgets.

Particularly in the light of this, the Parish Council would like to get the views from Council Tax payers in Histon and Impington on its spending.

The work of the Parish Council is largely funded by Council Tax - that's money paid by each household and collected by South Cambridgeshire District Council. Some money comes in from use of the Recreation Ground and Pavilion, from the civic Cemetery, and from interest on deposits - but by far the largest amount comes in from Council Tax.

For this year (2015/2016) that is £91.18 a year for a Band D property. Top band (Band H) properties would have to pay twice that (£182.36) and the bottom band (Band A) two thirds of that £60.79. In all cases some households are eligible for discounts.

The Parish Council is particularly interested in your views on its work and spend in the following areas:

- Youth
- Older people
- Highways
- Environment
- Recreation

If you are interested in the detail of the spend, and the spend in other areas, see the Council's website at: [goo.gl/LTWdeG](http://goo.gl/LTWdeG)

What does the Parish Council do now? And cost (Band D annual cost per household)?

**Youth (£8.70)** - Employ a part time, term time only, Youth Worker and support staff for Youth Club sessions or organising appropriate activities for Junior and Senior ages (age 12 to 19); Encourage liaison between IVC and the Youth Worker; Carry out outreach work in the community

**Older people (£1.54)** - Part fund a part time Older People's Co-Ordinator to:

- signpost residents to appropriate advice centres or Council departments
- Organise and deliver appropriate activities for older residents - e.g. After Stroke Club; Singing Group; Chair Based Activities
- Co-ordinate trips to shops etc

Part fund a part time Mobile Warden to visit elderly people daily to check wellbeing and carry out simple tasks (there is a small charge to the resident for this service)

**Highways (£3.12)** - Part fund (usually 10%) agreed minor highways improvements e.g. crossings, dropped kerbs, layout changes

**Environment (£14.33)** - Oversee/provide/do:

Allotment provision; Grass cutting

Maintenance of

- the Burial Ground, set against income from fees
- and improvements to open spaces e.g. The Green, Homefield Park, Manor Field
- the War Memorial and surrounds
- and planting schemes for trees in various locations, including The Copse and Coppice

**Recreation (£36.76)** - Employ ground and admin staff to manage the Recreation Ground, New Road. Subsidise sports provision for a variety of sports clubs.

Provide and support wide range of activities in Community Room at Recreation Ground

Provide and maintain play equipment e.g. The Green, South Road

Investigate new opportunities for recreation and leisure provision in a growing population

Each year the Parish Council scrutinises the plans for each area of the Council's work, and, as an ambitious council looking to make a real difference for Histon and Impington, there is always more that we might do. And we could decide to do less in some areas so as to spend more elsewhere.

Here are some of the impacts that increases or decreases in spending could have.

**Youth** - Increase - need to find premises for ongoing PC work; support for uniformed groups; fill in gaps in County provision

Decrease - Support limited to a small number of regular sessions (eg yoga) and specific projects (eg graffiti, film)

**Older people** - Increase - more time for older person's co-ordinator (and/or assistant); more support for village warden scheme; more events/groups; fill gaps in County provision

Decrease - fewer groups; less time to aid people find help and resources

**Highways** - Increase - 20mph scheme; road layout changes; fill gaps in County provision

Decrease - Very limited schemes, if any

**Environment** - Increase - Fill gaps in County/District provision (verges, litter picking etc)

Decrease - Reduced litter picking/collection & grass cutting; Xmas lighting cut; maintenance cut to safety levels; burial ground less well maintained, fees increased

**Recreation** - Increase - More local resources for H&I sports teams and casual leisure

Decrease - Higher charges for pitch and room hire; play equipment not upgraded/replaced when broken; reduction in pitch maintenance

Note that, as with all Councils and many employers, we are under financial pressure next year because of pension and National Insurance changes. An increase in budget will be necessary just to stay where we are.

## Questionnaire

(also available at: [goo.gl/forms/IYFEC8U9o2](http://goo.gl/forms/IYFEC8U9o2))

Please complete, cut out an return to the Parish Office - see page 2 for address

What is your postcode?

*(This is needed so that we can be sure that we've reached the whole community)*

Do you agree with the County Council that volunteering is part of the solution to budget cuts? *(Suggested in the County's consultation on its budget)* - circle one

Yes No

Do you already do volunteer work in the community? - circle one

Yes No

Should (as suggested by the County Council) the Parish Council do more? Specifically to offset the reductions in County Council provision - circle one

Yes No

How should the Parish Council spend on: tick one box per row

	More	About the same	Less
Young people			
Older people			
Environment			
Highways			
Recreation			

Should the Parish Council be spending on additional PCSO time? *(At around £1 per Band D property per year to help with planned - not reactive - parking control)* - circle one

Yes No

Is there anything else that the Parish Council should be looking to spend on? - circle one

Yes No

Please attach a separate sheet of paper and be as specific as possible

And if we should be spending on other things, how much? *(Increasing Parish Council Tax by £1 raises £3,500)*

Would you be prepared to see the Parish Council Tax rise to meet local service needs *(Figures are per Band D household per year)* - circle one

**No £2 £4 £6 Whatever it takes**

If you have any comments on this consultation, or would you be interested in helping the Parish Council on an ad hoc basis, or on a working party looking at a specific area or by becoming a Parish Councillor please attach on a separate sheet of paper.

Name (optional)

Email (optional)

## FIRS HOUSE UPDATE

### Appointments

There is a growing demand on general practices caused by changes to the population, more complex health needs and out of hospitals care. The wait for GP appointment is increasing and this is a national problem.

To help cope with this increased demand, and also in response to feedback from the patients at Firs House Surgery and 42 Telegraph Street, Cottenham, our surgery installed a new telephone system last year and implemented a new appointment system this year.

The surgery offers on line access so that you can book or cancel appointments, keep your contact details up to date and order medication at a time to suit you. We encourage our patients to register for on-line access and use it to their advantage.

Approximately 60% of our appointments are available for patients to be seen on the day. Our doctors also have 3 appointments in their sessions for their use only; these are used when they wish to review a patient again or if they need to see a patient following a telephone call. The remaining appointments can be booked up to 6 weeks in advance.

The same day appointments are released in the following way:

- Several appointments are released for on line access at 7pm the evening before
- Some are released at 7am on the day of appointment.
- The remaining appointments can be booked on the telephone from 8am on the day when the phone lines open.

If we have no appointments but you **must** be seen that day, we ask you to come as an “extra”. This will be a sit and wait appointment, only for the patients who feel that their problem is urgent and cannot wait until the next day surgery. If we have a very high demand, you may be contacted by a duty doctor who will assess if it is urgent for today.

You can still pre book nurses’ appointments as usual on the telephone. Our nurses offer many services and a receptionist will be happy to book you with the right nurse for the right length of time.

More details online: [is.gd/x6VjRD](https://is.gd/x6VjRD)

### NHS Health Check

If you are 40-74 years old, please call us on 01223 234286 to book your FREE [NHS health check](#).

Website [www.firshouse.com](http://www.firshouse.com)

*Olga Starobinskaya*  
Practice Manager

## HISTON BEER AND CIDER FESTIVAL DONATIONS

The Annual Histon Beer and Cider festival is run to raise money for local good causes, with 100% of the profits being donated. There were approximately 3000 attendances over the six evenings of the Festival this September, with the final evening focussing on German beers. This year was the 17<sup>th</sup> such festival and altogether the event has raised almost £58,000.



The Cheque for HICOM; Neil Davies, Stuart Marshall, Kieran Harvey and Sue Hill

The organisers donated £3000 to the Histon and Impington Community Minibus scheme (HICOM) towards replacing the current minibus in 2017, and £2500 to the Histon Library Friends. Now the lease on the Library has been agreed, the money will be used to fund the reconfiguration of the space to enable more and varied use of the facilities. The cheques were presented by leaders of the festival to the recipients at a short ceremony at the Red Lion in November.

The Festival is run entirely by volunteers (with active support from Mark Donachy and the team at the Red Lion) and its success

reflects the well organised community spirit in the villages, and this has continued undaunted over the years as the villages grow and evolve.

Pictured in the cheque hand overs are two key volunteers over many years, Stuart Marshall and Kieran Harvey. Stuart's grandmother used to run the Red Lion (during WW II) and his father, brought up living there, is still a regular.

Plans are already being developed for next year's event, a worthwhile regular in our village calendar which puts money back into our community. Well done to all involved.

*Brian Ing*



The cheque for the Histon Library Friends received by Friends Cath Pennington, Margaret Craig, Jenny Bardouleau, supported by the stalwarts from the Library (Marjorie Smith, Wendy Law and Christina Coote) with the support of the Red Lion team.

## THE NATIVITY COMES TO HISTON HIGH STREET



Wise men, smelly shepherds, King Herod, Mary and Joseph will be on Histon High Street on Sunday 13 December, for a mobile setting of the Nativity.

The characters will appear at various locations and flow along the High Street and back again but not in procession. Instead, each will saunter along the pavement, ready to talk to passers-by or answer any questions about what they are doing.

Tim Blake, Families and Children's Minister at St Andrew's, says: "Everyone is welcome to step inside the Nativity as the characters travel along the High Street on their way to 'Bethlehem'.

"Find Mary and Joseph at a halfway house on their long journey. Greet the wise men as they come into town and, just maybe, bump into an angel or two. There will be an opportunity to have your photograph taken inside the Nativity scene on the green in front of the library."

The event starts at around 10:30am and finishes at St Andrew's Centre, opposite Tesco, where everyone is invited for mulled wine, soft drinks and mince pies.



## HISTON AND IMPINGTON SUSTAINABILITY GROUP

Plans are afoot to help improve the biodiversity and natural wildflower population of Histon and Impington villages.

The recently formed Sustainability Group (currently a Parish Council working party) identified four potential road verges around the villages for a pilot scheme. The proposed sites were discussed with the Parish Council's Environment Committee. The Committee carefully considered the feasibility of the project and with information collected from other local village schemes, decided the trial could begin this autumn. The scheme is designed to ensure that the selected verges are mown only at the optimum time of the year, namely early spring and late autumn, rather than frequently during the summer.

The benefits of having a managed mowing programme in place are significant. The pollen and nectar from the wildflowers which appear throughout spring and summer will be hugely beneficial for bees, butterflies and other insects and invertebrates. The lush vegetation will create shelter and cover for small mammals, including hedgehogs whose numbers have fallen dramatically in recent years. The scheme will also enhance the

natural beauty of the chosen areas, with wildflowers being allowed to flourish rather than being cut down in their prime. You can see the difference in the "before and after" photo below.



There are other benefits too. Less regular mowing reduces the level of diesel emissions created by the machines, reduces noise and there will be less disruption on the roads which can be a problem when mowing takes place.

Managed mowing schemes are common across the country. The charity Plantlife runs a dedicated campaign to encourage councils and authorities to take advantage of the benefits of managed mowing, and more are signing up. The local Wildlife Trust has been running a Protected Road Verge (PRV) programme for a number of years to protect wildflower species and maintain a good

and healthy habitat for invertebrates and small mammals. Volunteers will be collecting the mowings annually and if you're interested in helping, contact the village Sustainability Group through [ruth.moulder@hisimp.net](mailto:ruth.moulder@hisimp.net).

We hope to indicate through signage which verges are part of the pilot scheme - why not keep an eye on them and see which wildflowers you can spot this year? You can download a Spotters Sheet from the Plantlife website and get exploring! [is.gd/87kVe1](http://is.gd/87kVe1)

*Ruth Moulder*

## CHURCH SERVICES UP TO CHRISTMAS DAY

### Sunday 13 December

10.30am Children's Nativity - Histon Baptist Church

10.30am Meet the Nativity\* (see page 6) - St Andrew's Church Histon

3pm Christmas Carol Service, including Jesus Christmas Party (and Special Visit from Father Christmas) - Histon Salvation Army

### Sunday 20 December

3pm Christmas Service - New Life Church at Histon Baptist Church

4pm Carols by Candlelight - St Andrew's Church Impington

4pm Carol Service - Histon Methodist Church  
5pm Carols by Candlelight - Histon Salvation Army

6.30pm Carols by Candlelight - Histon Baptist Church

7pm Carols by Candlelight - St Andrew's Church Histon

### Wednesday 16 December

6pm for 6.30pm Carols on the Green - see poster

### Monday 21 December

10.00am-5.00pm Children's Nativity Day (book places online at [www.histonbaptist.org.uk](http://www.histonbaptist.org.uk))

### Christmas Eve

3pm Crib and Christingle Service - St Andrew's Church Impington

(2.30pm to make your own Christingle)

5pm Christingle Service - St Andrew's Church Histon

11pm Candlelit Midnight Communion - St Andrew's Church Histon

11pm Candlelit Midnight Communion - St Andrew's Church Impington

11.30pm Christmas Eve Communion - Histon Baptist Church

### Christmas Day

9.30am All Age Holy Communion - St Andrew's Church Impington

10.30am Christmas Service - Histon Salvation Army and Histon Methodist Church (at Salvation Army)

10.30am Christmas Day Short Family Service - Histon Baptist Church

10.45am Christmas Cracker! (All Age Service) - St Andrew's Church Histon

## HISTON & IMPINGTON BOOK CLUB

New members invited!

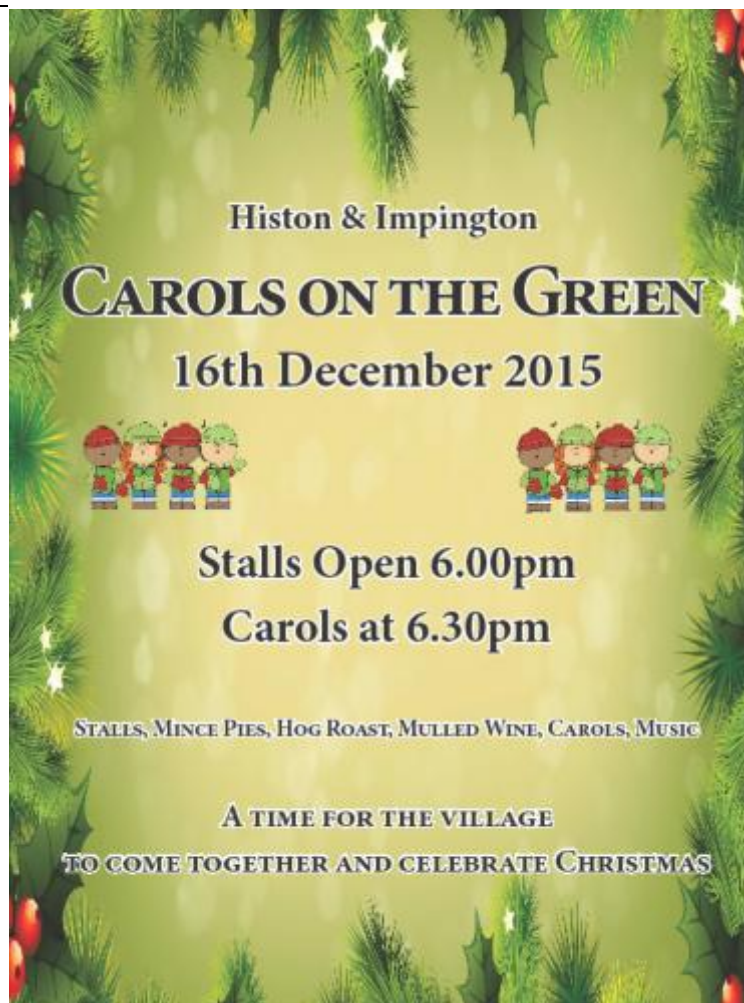
We meet on the third Thursday evening of each month at 8pm in Histon/Impington in one of our homes.

We tend to choose books which are either factual or perhaps are fictional stories based on fact.

A very friendly and informal group!

Please contact us for more details - we would love to see you. Sue Taylor - 07758 925782 or [suemtaylor@ntlworld.com](mailto:suemtaylor@ntlworld.com); Keith Heywood - [woodstock23@virginmedia.com](mailto:woodstock23@virginmedia.com)

*Bernard Stewart-Deane*



## OUR STEVE FALLON

Steve is such a key part of our village that it is easy to forget that he only moved into the village 28 years ago. Born and raised in North Cambridgeshire, and starting his professional football career at Kettering, it was the former manager there, Ron Atkinson, that persuaded Steve to move to the area.



His first home with Belinda, his wife, was in Comberton before the move back to her home village. Belinda was brought up in the village and went to the village schools. Her father lived in the village (near IVC) and played football for Histon FC.

Steve played for Histon FC himself (between Cambridge United and City) before returning to manage the astounding success including seven promotions, up to a play off semi-final for promotion into the full Football League. How many of those who were there will ever forget the 1-0 win over Leeds United in the FA Cup? Steve has recently returned to manage his "village football club".

Steve has a deep belief that playing football properly is a proper development path for all, not just those privileged to be paid to play the game they love. And this is not just for the playing aspects, but also for the social role. He said recently, "I want the village to be proud of its Football Club, not just when it is winning but for all that it represents of the good of the village. I want to see as many Histon replica shirts on the youngsters in the village as of the (Cambridge and Manchester) Uniteds".

Apart from Steve working at the Junior School for the last ten years, the family is very much a village family. Belinda has helped for many years at the Junior School. All three children attended all three local schools with Lois now teaching dance at IVC, and Lydia (just outside the village in Milton) editing the "What's On" supplement for Cambridge newspapers. Steve also runs school break sports clubs on the Rec. Alex is still at home having just qualified in European law.

When asked what he would like to see in our village to improve it, his response of "Well nothing really - we have every thing here or nearby that you could want. People here are polite well behaved and friendly" is a complement to our village, but also to Steve and his family for being so active a part in making the village what it is.

*Brian Ing*

## HISTON AND IMPINGTON FIREWORKS EXTRAVAGANZA 2015

Four and a half thousand people - a record crowd - made their way to the playing field at Impington Village College on Saturday 7<sup>th</sup> November for the Joint Schools Fireworks Extravaganza. This record crowd enjoyed a spectacular display, all planned, organised and fired by a group of local volunteers.

Setting up the display takes most of the day, with the fencing and securing of the site being done in the morning and the setting up of the fireworks in the afternoon.



Tom Wood and Huw Jones loading rockets in preparation for the show - photograph Oliver Cross

As dusk approaches the volunteer firers are joined by volunteers from the Oakington Air Training Corps who marshal the car-park and patrol the field, and by those manning the Coffee and Cake stall, BBQ and other food stalls, the marshals, ticket sellers, the scouts selling novelties, and the first aiders. Over 120 volunteers give up their time on the night to ensure that the event runs smoothly and safely.

Gates open at 6pm and soon the crowd is flooding in, entertained by 6<sup>th</sup> Formers from the Village College who provide entertaining commentary throughout the evening. Jonathan Chatfield lit the beacon fire as the excitement built.

Once the crowd is safely in, the countdown and the fireworks can begin. This year there were seven firers who had their work cut out to let off the large number of fireworks. The firers work to a plan, with the beginning and end carefully choreographed to provide a



Fireworks light up the sky above the record crowd - photograph John Scott.

spectacular show.

It is all over very quickly, and the crowd disappears leaving a band of volunteers to clear-up. Just before closing time the organisers adjourn to the Red Lion for a well-earned pint.

The organisers are very grateful for all the support received from people in the village, and in particular from the sponsors: Tucker Gardner are lead sponsor with further sponsorship from Limetree Financial, Brookfield Groundcare, and the Red Lion. Other supporters include Enterprise who donate two vans for the weekend, and Ely Tool Hire and Ridgeons who provide lighting. David Robinson runs the BBQ, and Essex Pyrotechnics supply the fireworks.

The village shops (Tucker Gardner, Daisy Chain, Histon Chop Shop, The Geographer, Station Stores and D:Licious) do a fantastic



Fireworks light up the sky above the record crowd - photograph Oliver Cross

job selling advance tickets and IVC provide great support, as well as the venue.

Whilst the event is primarily run as an occasion to bring the community together, the surplus is shared between the three PTAs with smaller donations made to those organisations who help on the night, including Histon Scouts, the ATC, Choir 2000 and the British Legion. At the time of writing the accounts are still being finalised - the amounts donated will be publicised shortly.



Fireworks light up the sky above the record crowd - photograph Oliver Cross

*Dan Mace*



## A JOYFUL & GLORIOUS BONFIRE BURN 10K

Nearly 900 runners took part on Sunday in the fifth Bonfire Burn 10k which takes place in Histon and Impington and includes the Cambridge Science Park along the route.



The runners set off in somewhat foggy conditions and the first runners home finished in unseasonal sunny conditions. The first man home was local born and bred Graham Rush in a time of just under 32 minutes and completed a hat trick of victories for Graham in the event. Mara Johnson was the first woman home.



The event organised by Friends of Histon & Impington Recreation raises funds to help improve facilities and promote activities on the village Recreation Ground. Nearly £4,000 was raised of which some will be used to purchase specialist equipment for a stroke survivors club which the Friends organise at the Rec and £1,000 will be donated towards the cost of the Village Older Peoples Coordinator.

Neil Davies, race director, enthuses 'on reflection this was the best ever Bonfire Burn in terms of weather and runner numbers, and the run which involves over 70 helpers is a great community sporting event'.

If you are interested in helping the Friends of Histon & Impington Recreation with their work in the community, contact Neil Davies for information on C 232514 or email [neil.davies@hisimp.net](mailto:neil.davies@hisimp.net)

## SUMMER READING CHALLENGE

The 'Record Breakers' summer reading challenge was aimed at encouraging children to have fun with reading and to keep up their reading skills over the long summer holidays. All children who took part were given a collector's folder full of weird and wonderful record breaking facts to record their summer reading.

For each book they read they collected stickers to complete their folder - some were very smelly! What's more, it was all FREE! (Anyone going on holiday could simply take books away to read and catch up with the stickers when they came back).

During the summer holidays children talked to library staff, or a young volunteer, about the books they were reading, collected their stickers and took part in related activities - we held a very successful Family Lego event. As in previous years, there was financial assistance from the Parish Council to ensure enough staff time was available to make it a success.

At the end of the summer, each child who completed the Record Breakers challenge by reading 6 books was invited to a special awards ceremony in Histon Library, where they were congratulated and presented with a certificate and medal. Out of 175 who took part in the scheme at Histon Library, 84 completed the challenge.



Some of the certificate winners - photo courtesy of Cambridgeshire Libraries

Many thanks to Marion Cleaver from the Parish Council and local schools for supporting the summer reading challenge & presentation ceremony.

*Anne Worthington*

The Greater Cambridge City Deal

# COMING SOON

## Histon Road

Better bus, cycling and walking trips

A consultation on initial ideas will take place from 14 December 2015 to 1 February 2016.

Information is available online

[www.gccitydeal.co.uk/histon-road](http://www.gccitydeal.co.uk/histon-road)

[www.twitter.com/gccitydeal](https://twitter.com/gccitydeal)
[www.facebook.com/gccitydeal](https://www.facebook.com/gccitydeal)
[city.deal@cambridgeshire.gov.uk](mailto:city.deal@cambridgeshire.gov.uk)

The Greater Cambridge City Deal working in partnership:

## AREA NORTH OF CAMBRIDGE HEAVILY POPULATED

This has been confirmed by recent work at Northstowe. This supports earlier findings at Darwin Green (the former NIAB site over the A14 from the main parts of our village), the park and ride car park off Butt Lane in Milton, and aerial surveys. The local area was definitely heavily populated before the Roman invasion.

It appears that across the entire area there were settlements at 500m separations. These settlements included many round houses with an enclosed area with a ditch to stop the family's animals wandering. The location of the houses and the ditches are seen by changes in soil colour, especially the rotted wooden (there being no local easily used stone for buildings) posts of the house. The size of the settlements and their density were probably supporting the maximum possible population available for the farming technology of the time. Ahem!

## REDUCING THE EMOTIONAL UPSET

Have you been burgled, mugged, conned or suffered a crime? If the culprit has been arrested and taken to court, there is a process to help you overcome some of the anger or hurt that the criminal caused.

Through the restorative justice system you might be able to meet the criminal face-to-face, in a safe and controlled environment, and show them how much harm their crime has done to you. Cambridgeshire Constabulary has been promoting this service which has the dual purpose of helping you, the victim, to discuss what has happened and the upset caused and to explain to the offender the effect of their behaviour on your life.

The Office of the Cambridgeshire Police & Crime Commissioner states that: "We have had some fantastic outcomes for victims of crime who have chosen to have a restorative conference with the person who has offended against them. We hope that more people will be able to benefit and be helped to move on by restorative justice."

The Constabulary has appointed a Restorative Justice Co-ordinator, Lynsey Brown. If you have been a victim of crime or would like more information about restorative justice in Cambridgeshire call 0800 781 6818 or mail [restorativejustice@cams.pnn.police.uk](mailto:restorativejustice@cams.pnn.police.uk).

## TWO NEW COUNCILLORS CO-OPTED IN OCTOBER

### Andrew Butcher

Andy has lived in the village for over 30 years using all the great facilities, services, clubs and schools the village has had to offer. He has seen the village grow into what it is today with the community spirit making the village a desirable place to live with his wife Nicola and 2 young girls.

He is a keen sportsman having played cricket for Histon CC for many years. He is now player/manager of a local senior men's football team and is captain of the Histon Red Lion Petanque team.

Andy works as multi disciplined engineer with experience in a number of different industries. He hopes his skills in business and project management will make him a versatile and valid member of the parish council.



Look out for your chance to become a Parish Councillor - Elections are due in May 2016

### Ashley Gordon

Born in Cape Town, South Africa and resident in UK since 1980.

Married since 1972 to a wonderful woman. We have 2 married children, a son living in Surrey and a daughter living in Histon (with her husband and 2 sons).

Occupation - working with emerging markets to assist with their import of necessary goods and services.

Hobbies - 2 very special grandsons; history and reading

General - A very happy and proud resident in Histon for 3 years. Willing to help wherever I can. Like to become involved.

Wanting to give back a little of the same courtesy which has always been shown to me. Desire to be a close part of the community.



## UNIQUE DIRECTORY BUILDS BUSINESS

If it hasn't already arrived, any moment now *Network Year Book* will plop through your letterbox. This unique annual directory lists more than 500 facilities - churches, voluntary organisations, services, professions and trades - which are available in Histon and Impington.

Some four thousand copies are printed and delivered to every home in the villages by a dedicated band of volunteers mainly from St Andrew's Church.

It has been produced for more than 30 years by Dennis Sadler, a former compositor and lecturer in printing technologies, and his wife, Elizabeth. The concept was created when Dennis was asked to take over production of *Network*, the monthly parish magazine of St Andrew's. He explained: "There were a few trade advertisements in the old parish magazine but it seemed to me that something more permanent than a monthly publication, and with more advertisements, could be more useful and effective."

Dennis walked round the villages approaching all kinds of businesses to gauge the potential - three decades later we have the current 46 page *Year Book* which is still produced under the aegis of St Andrew's magazine, *Network* - still with some of the original advertisers.

Such is the popularity of the *Year Book* that one owner said his business had been built on the success of advertising in it. Another commented recently that he advertises his firm only in *Network* because it gives him enough trade locally, saving him having to travel beyond the villages for work.

Dennis and Elizabeth spend some two months each autumn compiling the new edition - reflecting the incredible voluntary ethos that seems to characterise Histon and Impington.

*Bernard Stewart-Deane*



# Young People's Noticeboard

For more information on the opportunities and activities below please contact:

Andrea Cowley, Youth Worker: Parish Office, Histon & Impington Recreation Ground, New Road, Impington CB24 9LU; 0789 990 4959; [youth.worker@hisimp.net](mailto:youth.worker@hisimp.net)



## HI Youth Noticeboard



All news, activities and events will be posted here.

Be first to find out about the exciting projects and courses we are planning to offer next year!

Like us to get the information you need



## Youth Club

Twilight Youth Club runs every Monday from 4.00pm-5.15pm at The Community Room on The Recreation Ground.

The last session this term will be on Monday 14th December and will start again on Monday 11th January 2016.

Twilight Youth Club is open to all young people in years 7, 8 and 9.

It offers a wide variety of activities each week including: sports; cooking; crafts; table tennis; team challenges and the opportunity to meet with friends in a safe and friendly environment.



## Crafternoon

Come and join us after school on alternate Wednesdays. We meet in

The Ideal Base at IVC and use old and new skills to create a number of different crafts. These crafts are then sold at local events to raise money for local charities and projects. Open to all young people in year 7 and above..

Crafternoon will recommence in January with our first meeting on **Wednesday 13<sup>th</sup> January** from 3.45pm to 5.30pm. If you'd like further information please contact Andrea Cowley – details above.

## I want to do this !

If you are a young person and have ideas for projects and activities that you would like to see in Histon & Impington then get in touch with Andrea to discuss them.

If you would like to volunteer on one of our projects, please get in touch with Andrea to discuss this further



## Babysitting Course

Once again, we are offering young people aged 14 and over the opportunity to attend our Babysitting Course.

Course participants will receive a Certificate of Attendance and their Basic First Aid Certificate.

The course will hugely benefit young people who desire to be a safe and prepared babysitter.

To register your interest for the next course please contact Andrea Cowley on 0789 990 4959.



## Where are the babies?

Our youth worker Andrea has collated a list of local young people who have successfully completed the Babysitting course and are available and willing to look after other people's children.

If you are looking for a babysitter please contact Andrea Cowley with:

- your name and contact details
- how many children you have and their ages
- the specific dates and times you require a sitter (please give as much notice as possible and at least 2 weeks)
- How much you are willing to pay them.

She will then forward your details to young people on the database who can then make contact with you to make further arrangements.



## Put your Mind at Rest

Yoga and Mindfulness course for teens and pre-teens

Anyone can do yoga, you don't have to be flexible or strong, you don't have to be sporty (but if you are it will help increase flexibility and reduce the risk of injury) - come along to a class and find out for yourself.

Teen Yoga is a great way to release stress and anxiety and to have fun - for boys and girls. The classes will cover a series of postures for strength and flexibility, postures are linked with the breath to develop strength of body and mind. There will also be relaxation and mindfulness practices for concentration and de-stressing - great for those who are about to take exams or who are in the middle of revision. All delivered in a fun, safe and welcoming environment!

Benefits of yoga and mindfulness include:

- Reducing tension, stress and anxiety
- Improving motivation
- Raising self-esteem
- Developing focus, clarity and concentration



## The Youth Lounge at Histon Football Club

A new opportunity for those aged 15+ to meet with friends, enjoy films; comedy; café; etc. Look out for details of the launch of the project which will be advertised through school and our facebook page.



## Anti bullying & Self Defence Awareness Course

We are teaming up with Combat Academy to offer key skills training for young people to learn:

- how to protect personal space,
- voice commands,
- awareness of personal surroundings,
- eliminating fear; and
- the theory behind self-defence.

A six week course will be available for £45 per person and will be held in The Community Room at The Recreation Ground.

Contact Andrea for further information.

.....Put your mind at rest continued

- Developing strength, flexibility and stamina
- Promotes social, mental and emotional health

Following the success of this class in the Autumn term we are planning to run ongoing sessions in term time starting Monday 11th January 2016.

As before this will be held from 5.30pm to 6.30pm on Mondays at The Community Room, Histon & Impington Recreation Ground. For further information or to book please contact: Pauline on 07985 947328 or [paulineyoga@googlemail.com](mailto:paulineyoga@googlemail.com)

## STATION STORES

Sue and Surinder Saini are soon to celebrate the 18 year anniversary of running Station Stores at 1 Station Road in the village which they took over in quite a rundown condition and put 101% of effort into the improvements. They intend to mark the occasion by offering cake to visitors and customers on the 15<sup>th</sup> December in the late afternoon/early evening.



Station Stores is like walking into a bright Aladdin's cave of good quality produce, English, Italian and Asian. The range of quality food and drink is truly amazing and the service is second to none, this includes free delivery of groceries to the more elderly and infirm customers. You can even get hot drinks from the machine in the corner. A wide variety of greeting and occasion cards plus much more is available.

Sue and Surinder live in Buroughfield and all three of their children attended IVC: the eldest daughter gained a degree in Maths and Economics and is currently working in the City, the second daughter is in her third year at Leicester, reading History and their son is currently studying at Long Road VI Form College.

Sue and Surinder have always been and continue to be strong supporters of village events and like to be thoroughly involved in the village. This includes supporting the activities around the old Crossing Keepers Hut, which hosts Santas Grotto and various other events which are held there. They supply food and refreshments. They are also strong supporters of Cam Trust.

They have said "please come along on the 15th December" to celebrate with them or even before to explore all that they have to offer.

Thanks to Sue and Surinder for being a stalwart business at the far end of the village.

*Josephine Teague*

## CHRISTMAS LIGHTS

The lights on The Green should be up and lit once more for the enjoyment of all. Next year we plan to light up one of the trees in the village for that extra wow factor.



Histon Chop Shop is very kindly running a raffle for customers making a Christmas order. Entry is £2 and there are some great prizes donated by local businesses as well as the chance to win your Christmas order (up to £50). All proceeds are to be donated to the Parish Council to go towards the Christmas lights next year. Thank you to Mark and his staff, and anyone that buys a ticket - this is great news!



prizes donated by local businesses as well as the chance to win your Christmas order (up to £50). All proceeds are to be donated to the Parish Council to go towards the Christmas lights next year. Thank you to Mark and his staff, and anyone that buys a ticket - this is great news!

year. Thank you to Mark and his staff, and anyone that buys a ticket - this is great news!

*Angela Young*

## WINTER'S HERE

It's cold outside and we may think twice about going down the village for our paper or bread. Take a moment and think - if it's cold for me it is very cold for the elderly - is there something I can do to help?



Do you have an elderly neighbour? You could check that they are ok. If they have difficulty in getting from room to room offer to make a flask of tea or better still warm some soup and put it in a flask.

By 4 o'clock it starts to feel colder, it may be better to stay in one room have a rug or blanket to cover the legs and knees and wear a hat.

A hot meal can be delivered 5 days a week from [CAMMS Meals on Wheels](#) for £4.75 a day - it's a hot meal and a friendly person to call.

The Village Mobile Warden can check on them each day for £5 per week.

Winter fuel payments are made in November & December with the state pension - an older person may be eligible for further help with winter fuel bills.

For information about any of the above please contact Age UK - 0300 6669860 - or me Jean Newman, Histon & Impington Older Persons Coordinator - 07772437789 [jean.newman7@ntlworld.com](mailto:jean.newman7@ntlworld.com)

If you are concerned about an elderly neighbour please contact me and I will try to help.

*Jean Newman*

## DON'T GO ON HOLIDAY

At least not in the period of July 13<sup>th</sup> to 18<sup>th</sup>. Many will remember the events held at the Rec for the 2012 Olympics and the Jubilee. With the Olympics in Rio this summer, a large marquee has been ordered and a series of events planned, including:-

Wednesday 13 <sup>th</sup>	Joint Infant & Junior School assembly Cricket dinner with leading former test player
Thursday 14 <sup>th</sup>	Rio Olympic celebration for school children with Olympic torch, flame and the Samba effect
Friday 15 <sup>th</sup>	Older Persons Tea Dance Party The Indie Killers in concert
Saturday 16 <sup>th</sup>	H & I Summer Ball
Sunday 17 <sup>th</sup>	Histon and Impington Churches together service H & I Community Picnic and Garden Party

The Friends of the Rec and many, yes many, volunteers are already hard at work planning these events. They are not to be missed. Put the dates in your diary now.

*Brian Ing*

### Council & Committee Meetings

See website for details: [www.hisimp.net](http://www.hisimp.net)

**Full Council** - Recreation Centre from 7 p.m.  
Monday 18<sup>th</sup> January; 15<sup>th</sup> February;  
21<sup>st</sup> March 2016

**Planning** - Parish Office 7.30 p.m. - Tuesday  
15<sup>th</sup> December 2015; 5<sup>th</sup> January; 26<sup>th</sup>  
January; 16<sup>th</sup> February; 1<sup>st</sup> March; 15<sup>th</sup> March  
2016

**Highways** - Parish Office 7.30 p.m. -  
Thursday 14<sup>th</sup> January; 25<sup>th</sup> February 2016

**Finance, Legal & Administration** - Parish  
Office 7.30 p.m. - Monday 14<sup>th</sup> December  
2015; 11<sup>th</sup> January 2016

**Environment** - Parish Office 7.30 p.m. -  
Tuesday 8<sup>th</sup> December 2015; 23<sup>rd</sup> February  
2016

**Recreation** - Recreation Centre, 7.30 p.m. -  
Monday 25<sup>th</sup> January; 29<sup>th</sup> February 2016

Residents are welcome to attend all Council meetings.

At all meetings there is a standing agenda item for Public Participation