



THE GENERATION GAME

ENROLMENT PACK

COMMUNITY COMPANIONS - HELPING TO BUILD RELATIONSHIPS ACROSS THE GENERATIONS

What is this course about?

This is a tailor made course to help you gain a basic level of knowledge, understanding and learning in becoming a companion to an older person. As well as offering practical and hands-on experience, you will complete a portfolio of your work and receive a certificate on successful completion of the course, including First Aid and Food Hygiene.

Where The Ideal Base, Impington Village College

When A course of 10 sessions on Monday's from 6-7.30pm

Starting Monday 19th September 2016

Who Open to young people aged 11 and over

Cost Places are FREE but we need you to commit to attending the 10-week course and helping to set up projects for older people in Histon & Impington.

Enrol Complete the Permission Form and Membership Form and hand in to G6 at IVC or post through the letter box at Histon & Impington Parish Council Office at The Recreation Ground.

If you require further information, please contact Andrea Cowley on 0789 990 4959.



Safe in your hands - being part of The Generation Game can help you to become better equipped and more confident about helping other generations!



The Generation Game Community Companion Programme

Week 1 **Monday 19th September** 6.00 -7.30pm The Ideal Base

Introduction to the course
Group Agreement
'The Portfolio' explained
'About me'
How many older people do you know - who are they?

Week 2 **Monday 26th September** 6.00 -7.30pm The Ideal Base

What makes a good/bad Companion
What do young people think of older people?
What do older people think of young people?
Games



Saturday 1st October

Basic First Aid and Basic Food Hygiene Training
The Ideal Base 10am - 3.15pm (lunch included)

Week 3 **Monday 3rd October** 6.00 -7.30pm The Ideal Base

Introduction to The Older People's Co-ordinator
Services available for older people
Wish list from older people for new projects
Games

Week 4 **Monday 10th October** 6.00 -7.30pm The Ideal Base

Dementia Training
Making fairy cakes and hot drinks

Week 5 **Monday 17th October** 6.00 -7.30pm The Ideal Base

Boundaries
Identifying our strengths and what we can offer
Project ideas to start in September

Half Term - no meeting

Week 6 **Monday 31st October** 6.00 -7.30pm The Ideal Base
Setting up a visit and/or activities night
Advertising/communication/planning/resources/evaluation

Week 7 **Monday 7th November** 6.00 -7.30pm The Ideal Base

Safeguarding
How to deal with challenging situations
How to deal with emergencies and what to look out for

Week 8 **Monday 14th November** 6.00 -7.30pm The Ideal Base

Portfolio update
Recap of course
What's next?

Week 9 **Monday 21st November** 6.00 -7.30pm The Ideal Base
Finishing off and hand in portfolios
Planning for projects starting in September

Week 10 **Monday 28th November** 6.00 -7.30pm The Ideal Base
Distribution of certificates and uniform
Recreation Ground event briefing
Summer holiday opportunities

Holiday voluntary work

Opportunity to work at Histon & Impington Community Day Centre based at Histon Baptist Church.
Tuesday and Friday mornings throughout the holidays.

January 2017

New projects identified and planned to start with regular support sessions for young people to attend. Details to be discussed.

Permission Form

Parent/carer (name)

I give permission for my son/daughter (name)

School attended:..... Form at school:

Home address:

to attend **The Next Generation Community Companion Course** starting on Monday 19th September 2016.

I understand that refreshments will be available.

Please let us know if your son/daughter has any allergies, is on any particular medication that we need to know about or has a learning/additional need that we need to be aware of:

.....
.....

My emergency contact number is:

Signed: Date:

I have completed a Histon & Impington Parish Council Youth Work Membership Form

Send to Andrea Cowley: G6 at IVC

Or: Youth Worker for Histon & Impington Parish Council, Parish Office,
New Road, Impington CB24 9LU

If you require further information, please contact Andrea Cowley on 0789 990 4959.

Youth Work

Club/Project: The Generation Game Community Companion Course Sept 2016 **Worker:** Andrea Cowley.....

Name: Date of birth:

Address:

Post Code: Email:

Home telephone: Mobile (young persons):

Are you Female Male School attended and form:

In an emergency, who can we contact?

Name: Relationship to you (Mother, Uncle, etc)

Telephone: Mobile:

Any medical condition/information
we might need to know?

Please list any other clubs
or groups you go to:

Signed: (young person) Date:

Signed: (parent/carer)* Date:

**To be signed by the parent or carer if the applicant is under 16 years of age*

Photograph/Video Permission Form

Whilst young people are taking part in activities organised by our youth workers we occasionally like to record an event or activity by taking photographs or using a video camera. The images may be used for reports, displays etc or even just as memories for the young people. We are aware of the sensitivity surrounding this issue and therefore will not photograph/video any young person without the consent of their parent/carer.

If you are happy for your son/daughter to be photographed/videotaped during the normal course of the activity please sign the form below.

Parent's signature: _____

Date: _____

Please hand this form in to Andrea Cowley with Permission Form and payment. To G6 at IVC or post to Youth Worker for Histon & Impington Parish Council, Parish Office, New Road, Impington CB24 9LU